

# ITF - Official Rules of Competition

For all World Championship and World Cup Events



INTERNATIONAL TAEKWON-DO FEDERATION

2021

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## SECTION I - GENERAL

### T 1. PURPOSE \*

*(Former T1, U1)*

The purpose of these rules is to:

- a. Elevate the quality of ITF Taekwon-Do competition by scoring every aspect,
- b. to provide an equal opportunity for all participants to show the best of their abilities in friendly competition with one another.
- c. Ensure equity for all athletes,
- d. Restrict dangerous situations, behaviours, or actions,
- e. Identify unacceptable behaviour,
- f. Level and align the judgement criteria of Jury Members, Referees and Umpires.
- g. Protect the authority of the Jury Members, Referees, and Umpires.
- h. Delineate the Rights and Duties of Jury Members, Referees and Umpires.

### T 2. APPLICATION \*

*(Former T2, U2)*

These are to be applied at every official ITF Taekwon-Do World Championship and ITF Taekwon-Do World Cup competition and apply to both male and female competitors except where stated otherwise.

### T 3. OFFICIALS \*

*(Former U3, U5, U6, U17, U18, U19, U20, U21)*

The Chairman of the Umpire Committee is responsible to approve, assign and assemble all the Jury Members, Referees and Umpires for the ITF Championships.

The Umpire Committee consists of the Chairman of the Committee and a minimum of two (2) members, and no more than five (5) members, as appointed by the ITF Board of Directors. The Umpire Committee is responsible for the following matters:

- a. To strictly observe and enforce Jury Presidents, Referees, and Umpire dress requirements.
- b. To assign Jury Presidents, Referees, and Umpires to ring councils.
- c. To assign ring councils to specific rings in co-ordination with the needs of the Tournament Committee.
- d. To appoint the substitution and the rotation of Jury Presidents, Referees, and Umpires in effort to maintain fairness and neutrality.
- e. To supervise, advise and correct Jury Presidents, Referees, Umpires, and Computer Operator during their work process.
- f. To investigate protests, deliberate upon their validity and provide the final decision.
- g. To take any disciplinary action, such as though not limited to replacement, suspension or termination of Jury Presidents, Referees, Umpires, and Computer Operator.
- h. To develop and implement improvements to the Umpire Rules and Regulations and/or support manuals/documentation.

### **Umpire Class & Requirements**

*(Former U19)*

There are two qualifications of official ITF Umpires, Class A and Class B

- a. The criteria to qualify as an "A" Class Umpire is:
  - i. Minimum age of 25 years
  - ii. Certified ITF 4<sup>th</sup> degree holder or above
  - iii. To have an ITF "B" Class Umpire certificate
  - iv. To participate in an ITF Class A Umpire Course
  - v. To apply for and receive the official "A" Class Umpire certificate
  
- b. The criteria to qualify as a "B" Class Umpire is:
  - i. Minimum age of 21 years
  - ii. 2nd degree holder or above.
  - iii. To participate in a national association umpire course and succeed in obtaining the official "B" class Umpire Certificate.
  - iv. To apply for and receive the official ITF "B" Class Umpire certificate

### **Minimum Qualification for Umpiring at World Championships and World Cup**

*(Former U21)*

- a. The criteria to qualify as an Umpire for World Championship events are:
  - i. Possess an ITF Class "A" Umpire certificate
  - ii. To have participated in an official ITF Umpire Course within the two previous calendar years  
*(See calculation below)*
  - iii. To have participated in an official ITF International Instructor Course within the two previous calendar years  
*(See calculation below)*
  - iv. To apply for acceptance and be approved for participation through their National Association / Allied Association. Only the National Association can forward a singular master application for consideration. This form must include all applicants from the country.

Calculation:

$(\text{Year of the Event}) - (\text{Year of the Course})$  must equal 0, 1 or 2

Example: Year of event 2018  $\rightarrow$  Year of course = 2016  $\rightarrow$   $(2018-2016) = 2$   
 $\checkmark$  This Umpire IS eligible for participation

Year of event 2018  $\rightarrow$  Year of course = 2015  $\rightarrow$   $(2018-2015) = 3$   
 $\times$  This Umpire is NOT eligible for participation

- b. The criteria to qualify as an Umpire for World Cup events are:
- Possess an ITF Class “B” Umpire certificate
  - To have participated in an official ITF Umpire Course within the two previous calendar years  
(See calculation below)
  - To have participated in an official ITF International Instructor Course within the two previous calendar years  
(See calculation below)
  - To apply for acceptance and be approved for participation through their National Association / Allied Association. Only the National Association can forward a singular master application for consideration. This form must include all applicants from the country.

Calculation:

(Year of the Event) – (Year of the Course) must equal 0, 1 or 2

Example: Year of event 2018 → Year of course = 2016 → (2018-2016) = 2  
✓ This Umpire IS eligible for participation

Year of event 2018 → Year of course = 2015 → (2018-2015) = 3  
× This Umpire is NOT eligible for participation

### **Ring Council**

(Former U6, U19, U20)

(See also: Appendix 7)

- The ring council for pattern competition consists of: one (1) Jury President, one (1) Jury member, five (5) Umpires, two (2) Equipment Verifiers, and one (1) Computer Operator.
- The ring council for sparring competition consists of: one (1) Jury President, one (1) Jury member, three (3) Centre Referee, four (4) Corner Umpires, two (2) Equipment Verifiers, and one Computer Operator.
- The ring council for power breaking competition consists of: one (1) Jury President, one (1) Jury member, one (1) Centre Referee, two (2) Umpires, one (1) Equipment Verifier and one (1) Computer Operator.
- The ring council for special techniques competition consists of: one (1) Jury President, one (1) Jury member, one (1) Centre Referee, two (2) Umpires, one (1) Equipment Verifier and one (1) Computer Operator.
- The ring council for pre-arranged free sparring competition consists of: one (1) Jury President, one (1) Jury member, five (5) Umpires, two (2) Equipment Verifiers, and one (1) Computer Operator.
- Every possible effort should be made to ensure that, when possible, no two (2) members of any singular Ring Council are from the same country.
- In the event that there are two (2) or more members of a singular Ring Council from the same country, duties must be adjusted so that no two (2) members of the same country are actively engaged in refereeing or scoring the competition at the same time.
- Officials will be changed as necessary within the ring council to ensure that the Centre Referee in Sparring divisions is not a member from the same country as either of the two competitors in that same match.

#### **T 4. DUTIES \***

*(Former T4, U4, U6, U7, U8, U9, U10, U11, U12, U13, U14, U20)*

- a. **Jury President** One (1) Jury President will be seated at the Jury table at all times during competition and will be responsible for the overall management and administration of the Ring Council and its activities, including though not limited to: competitor performance evaluation and decisions, umpire evaluations, protests, and Ring Council/Umpire Committee interaction, as written in the official ITF Umpire Rules and Regulations.
- i. The Jury President must at all times be up to date with the ITF Tournament Rules and Manuals concerning the Centre Referees and Corner Umpires.
  - ii. The Jury President and the Umpire Committee are the only officials authorized to disqualify a competitor in accordance with article T38 and for T39 of these, according to procedure laid out in Article T39.
  - iii. The Jury President is responsible to supervise all matches and the Umpires' behaviours, in their assigned ring, and as such, is permitted to give his opinion and advice at any time.
  - iv. The Jury President is the supervisor of the Jury Members and Computer Operator within their assigned ring council and is permitted to substitute them in case of absence or inefficiency.
  - v. The Jury President must complete, indicate time of completion, and sign the competition reports. These reports must be delivered directly to the Tournament Committee at the end of each division and/or category.
- i. In pattern competition:
- a. The Jury President will preside over and verify the electronic drawing of the designated patterns.
  - b. In the event of an incorrect situation, the Jury President may call the Umpire(s) for clarification or direction.
  - c. Once the Referees have forwarded their results, the Jury President must stand up and indicate the winner.
  - d. The competitor and/or team having obtained the majority of umpire votes and with a minimum of two (2) Umpire votes in his favour, shall be declared the winner and shall advance to the next round of competition.
  - e. In case of a draw, the Jury President must stand up and cross his/her arms in front of his/her chest and then must preside over and verify the electronic drawing of one (1) designated pattern to be the tie-breaker. The competitors/teams will then carry on until the places are decided.
- ii. In sparring competition:
- a. In the event of an incorrect situation, the Jury President may call for a "time stop"; and might call the Centre Referee and/or Corner Umpires for clarification or direction.
  - b. The Jury President must communicate the foul(s) and warning(s) to the Computer assistant during the bout, verifying that they are assigned to the correct competitor.
  - c. Once the Referees have forwarded their results, the Jury President must stand up and indicate the winner.
  - d. The competitor having obtained the majority of umpire votes and with a minimum of two (2) Umpire votes in his favour, shall be declared the winner and shall advance to the next round of competition.



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### World Championships and World Cup Events



- e. The Team having obtained - after the 5 bouts - the majority of the total of Umpire votes shall be declared the winner and shall advance to the next round of competition.
  - f. In case of a draw, the Jury President must stand up and cross his/her arms in front of his/her chest. The competitors/teams will then carry on until the places are decided.
- iii. In power and special technique competition:
- a. The Jury President must communicate the given point(s) to the Computer assistant and verify that they are entered correctly.
  - b. In the event of an incorrect situation, the Jury President may call for a "time stop"; and might call the Centre Referee and/or corner Umpires for clarification or direction.
  - c. In case of a draw situation the Jury President will select by drawing one (1) item to be the tiebreaker.
  - d. Individual competitors having obtained the highest scores shall be declared 1<sup>st</sup>, 2<sup>nd</sup> and two 3<sup>rd</sup> places winners.
  - e. Teams having obtained the highest scores shall be declared 1<sup>st</sup>, 2<sup>nd</sup> and two 3<sup>rd</sup> places winners.
- iv. In pre-arranged free sparring competition:
- a. In the event of an incorrect situation, the Jury President may call for a "time stop"; and may call the Umpires for clarification or direction.
  - b. Once the Referees have forwarded their results, the Jury President must stand up and indicate the winner.
  - c. The team having obtained the majority of umpire votes and with a minimum of two (2) Umpire votes in his favour, shall be declared the winner and shall advance to the next round of competition.
  - d. In case of a draw, the Jury President must stand up and cross his/her arms in front of his/her chest. The competitors/teams will then compete again until the places are decided.
- b. **Jury Member** At least one (1) Jury Member will be seated at the Jury table at all times and will be responsible to assist the Jury President with the overall management and administration of the Ring Council and its activities, including though not limited to: umpire rotation, Ring Council/Coach/Competitor Interaction, coach dismissal and replacement, and competitor management
- i. The Jury Members must at all times be up to date with the ITF Tournament rules and documentations.
  - ii. The Jury Members assist the Jury President in the administration of the ring council and all matches in order to declare the winner(s).
- c. **Computer Operator** One (1) Computer Operator member will be seated at the jury table at all times in order to operate the electronic system and keep match records.  
The Computer Operator is responsible for:
- i. The operation of the electronic scoring system and data entry.
  - ii. Keeping the official time for each match.

- iii. Recording warnings and fouls as indicated by the Jury President in accordance with the I.T.F. Rules of competition.
- iv. The requirements for the Computer Operator are:
  - a. Minimum age of 19 years
  - b. To have an understanding and personal experience of ITF Taekwon-Do competition
  - c. To participate in the Computer Operator workshop as presented by the ITF Information Technology Committee
  
- d. **Centre Referee – Patterns** One (1) Centre Referee will be seated a minimum of one (1) metre outside of the ring and facing the competitors to control the match during Patterns competition. Working in concert with the Umpires, they will grade the competitor's performances according to their judgement, assessing deductions to the competitors score, based upon the competition rules and regulations.
  - i. Centre Referees must at all times be up to date with the ITF Tournament rules and manuals concerning the Jury President, Referees and corner Umpires.
  - ii. Centre Referees are permitted to issue commands, give instructions and otherwise direct the competitors according to the procedures of these Rules.
  - iii. Centre Referees are permitted to take part in consultations when requested by the Jury President.
  - iv. Umpires are not permitted to talk to each other at any time during a competitor's performance.
  - v. Umpires must sit correctly (upright, with the back straight and with the soles of the feet on the floor), with a space of 150cm on either side of his colleagues.
  - vi. Umpires must carefully and comprehensively observe the competitors' performances and behaviours, taking these into consideration when assessing their score as according to the required parameters.
  
- e. **Umpires – Patterns** Four (4) Umpires will be seated facing the competitors during Pattern and Pre-Arranged Free sparring competition. In concert with the Centre Referee, they will grade the competitor's performances according to their judgement, assessing deductions to the competitors score, based upon the competition rules and regulations.
  
- f. **Centre Referee – Free Sparring** One (1) Centre Referee will be inside the ring to control the match during Free Sparring.
  - i. Centre Referees must at all times be up to date with the ITF Tournament rules and manuals concerning the Jury President, Referees and corner Umpires.
  - ii. Centre Referees are permitted to issue commands, give instructions and otherwise direct the competitors according to the procedures of these Rules.
  - iii. Centre Referees are permitted to take part in consultations when requested by the Jury President.
  - iv. If necessary, Centre Referees should re-check the ITF Dobok, safety equipment, groin guard, and the shin protectors of the competitors.
  - v. Centre Referees are responsible to direct all matches, give all directions and commands, make all the announcements, and use the correct hand gestures, to administer the competition in the ring to which they are assigned.
  - vi. Centre Referees are the only official authorised to assign warning(s) and/or foul(s) to competitors in the ring to which they are assigned.

- g. **Umpires – Free Sparring** Four (4) Umpires will be seated, a minimum of one (1) metre outside and, at each corner of the ring during Free Sparring. They will assign points in accordance with their judgement based on the competition rules and regulations.
- Corner Umpires must at all times be up to date with the ITF Tournament rules and manuals concerning the Jury President, Referees and Corner Umpires.
  - Corner Umpires are permitted to take part in consultations when requested by the Jury President.
  - Corner Umpires are not permitted to talk at any time during a competitor's performance.
  - Corner Umpires must sit correctly (upright, with the back straight and with the soles of the feet on the floor).
  - Corner Umpires shall score electronically point(s) as indicated in the ITF World Junior & Senior Tournament Rules.
- h. **Centre Referee – Power Test** One (1) Centre Referee will be inside the ring to control the match, assign points for legal breaks (in conjunction with Umpires), verify correct procedure, and will assess any infractions or fouls necessary
- Centre Referees must at all times be up to date with the ITF Tournament rules and manuals concerning the Jury President, Referees and corner Umpires.
  - Centre Referees are permitted to issue commands, give instructions and otherwise direct the competitors according to the procedures of these rules.
  - Centre Referees are permitted to take part in consultations when requested by the Jury President.
  - Centre Referees are responsible to check the board(s) and/or target height, and the correct execution of technique for each attempt as indicated in these rules.
  - Centre Referees must clearly display the correct number of points scored for each technique.
- i. **Umpires – Power Test** Two (2) Umpires shall officiate in Power Test competition. Working in conjunction with the Centre Referee, they will assign points for legal breaks, will verify correct procedure, and will indicate any infractions, in accordance with their judgement based on the competition rules and regulations.
- Umpires must at all times be up to date with the ITF Tournament rules and manuals concerning the Jury President, Referees and corner Umpires.
  - Umpires are permitted to take part in consultations when requested by the Jury President.
  - Umpires are responsible to check the board(s) and/or target height, and the correct execution of technique for each attempt as indicated in ITF World Junior & Senior Tournament Rules.
- j. **Centre Referee – Special Technique** One (1) Centre Referee will be inside the ring to control the match during Special Technique.
- Centre Referees must at all times be up to date with the ITF Tournament rules and manuals concerning the Jury President, Referees and corner Umpires.
  - Centre Referees are permitted to issue commands, give instructions and otherwise direct the competitors according to the procedures of these rules.
  - Centre Referees are permitted to take part in consultations when requested by the Jury President.
  - Centre Referees are responsible to check the board(s) and/or target height, and the correct execution of technique for each attempt as indicated in these rules.

- v. Centre Referees must clearly display the correct number of points scored for each technique.
- k. **Umpires – Special Technique** Two (2) Umpires shall officiate in Special Technique competition. Working in conjunction with the Centre Referee, they will assign points for legal breaks, will verify correct procedure, and will indicate any infractions, in accordance with their judgement based on the competition rules and regulations
- Umpires must at all times be up to date with the ITF Tournament rules and manuals concerning the Jury President, Referees and corner Umpires.
  - Umpires are permitted to take part in consultations when requested by the Jury President.
  - Umpires are responsible to check the board(s) and/or target height, and the correct execution of technique for each attempt as indicated in ITF World Junior & Senior Tournament Rules.
- l. **Centre Referee – Pre-Arranged Free Sparring** One (1) Centre Referee will be seated a minimum of one (1) metre outside of the ring and facing the competitors to control the match during Pre-Arranged Free Sparring competition. Working in concert with the Umpires, they will grade the competitor's performances according to their judgement, assessing deductions to the competitors score, based upon the competition rules and regulations.
- m. **Umpires - Pre-Arrange Free Sparring** Four (4) Umpires will be seated facing the competitors during Pre-Arranged Free sparring competition. In concert with the Centre Referee, they will grade the competitor's performances according to their judgement, assessing deductions to the competitors score, based upon the competition rules and regulations.
- Umpires must at all times be up to date with the ITF Tournament rules and manuals concerning the Jury President, Referees and Corner Umpires.
  - Centre Referees are permitted to issue commands, give instructions and otherwise direct the competitors according to the procedures of the ITF World Junior & Senior Tournament Rules.
  - Umpires are permitted to take part in consultations when requested by the Jury President.
  - Umpires are not permitted to talk to each other at any time during a competitor's performance.
  - Umpires must sit correctly (upright, with the back straight and with the soles of the feet on the floor), with a space of 150cm on either side of his colleagues.
  - Umpires must carefully and comprehensively observe the competitors' performances and behaviours, taking these into consideration when assessing their scores.
- n. **Equipment Verifier and Assistants** At least one (1) Umpire will be assigned to each ring to function as an Equipment Verifier and Assistant, to check each competitor's identification card, safety equipment, and clothing prior to allowing them to enter the ring. They are also responsible for verifying coach's identification cards, clothing and associated permitted equipment prior to allowing them access to the ringside.
- o. **Anti-Doping Aides** Two (2) Umpires will be assigned to function as Anti-Doping aides to assist the Anti-Doping Committee.

- p. **Present on time** All Umpires must be present at all meetings scheduled by the Umpire Committee. All Umpires must present themselves at the appointed meeting place, one hour prior to the start of their assigned event.
- q. **Behaviour** All Umpires must observe the following rules:
  - i. They must behave with conscience and dignity.
  - ii. They must pay maximum attention during competition.
  - iii. They must be impartial when giving a decision.
  - iv. They must distance themselves from the competitors during the daily competition.
  - v. They must not consume alcoholic beverages prior to or during daily competition.
  - vi. Cellular/electronic devices for personal use during competition hours is prohibited.
- r. **Evaluation** Each Umpire is responsible for giving their own evaluation and/or decision in accordance with these rules.
- s. **Other Duties** All officials may be assigned other duties as required by either the Jury President or the Tournament and Umpire Committee.
- t. **Rank vs Position** Officials shall be assigned positions based upon experience, skill sets, available positions, needs of the event and ease of communication. Appropriate respect for rank shall be shown, however rank is not a prevalent factor in assigning duties. All officials must be open to performing in any position, regardless of rank held.

**T 5. COMPETITORS**

<i>World Championship</i>	<i>World Cup</i>
<p>a. <b>Juniors</b>            Junior competitors must be a minimum of 14 years of age as of end of the day of the weigh in.            Maximum age for juniors is designated by the year of their 18th birthday (<i>not the day of</i>) according to the below noted formula.</p> <p align="center"><b>Calculations for age</b></p> <p><b>Minimum Age:</b>  <math>\{( \text{Exact Date of Weigh In}) - (\text{Exact Date of Birth})\} = 14 \text{ years}</math></p> <p><b>Maximum Age:</b>  <math>\{(\text{Current Year}) - (\text{Year of Birth})\} = 18 \text{ years of age}</math></p>	<p>a. Competitors whom are affiliated to their country's National Association or Allied Association will be permitted to register and compete at the World Cup, as a member of an associated club, school or team.</p> <p>Competitors shall compete in the divisions laid down in the following rules, and must be of the appropriate indicated age as of end of the day of the weigh in.</p> <p>Competitors in all divisions must be healthy and registered with the National Association of the country represented.</p> <p>All competitors must apply online, through their NA and/or AA, indicating their ITF online ID number. This applies equally to Black Belts and Coloured Belts, as such all coloured belts</p>

**Note:** Competitors 19 years of age cannot be juniors

All junior competitors must be I, II or III degree and must be holders of an ITF Black Belt Certificate for their current rank, must be healthy and registered with the National Association of

the country represented and must provide proof of identification via a valid passport or legal national identification.

**b. Seniors**

Minimum age for seniors is designated by the year of their 19th birthday (*not the day of*) according to the below noted formula.

There is no maximum age for seniors:

**Calculations for age**

Minimum Age:

$\{(Current\ Year) - (Year\ of\ Birth)\} = 19$  years of age

**Note:** Competitors 17 years of age cannot be seniors

All senior competitors must be I, II, III, IV, V or VI degree and must be holders of an ITF Black Belt Certificate for their current rank, must be healthy and registered with the National Association of the country represented, and must provide proof of identification via a valid passport or legal national identification.

must be registered in the ITF online system as well.

b. Competitors are divided into the following divisions:

<b>Age Divisions</b>	<b>Description</b>
12-14 years old	Pre-Junior
15-17 years old	Junior
18-35 years old	Senior
36-45 years old	Advanced Senior
46 years and older	Veterans

**c. Belt divisions:**

**Individual and/or Team:**

a. Coloured Belts - Blue and Red belts (combined in one division).

- a) 12-14 years old
- b) 15-17 years old
- c) 18-35 years old
- d) 36-45 years old
- e) 46 years and older

b. Pre-Junior Black Belts

- i. 12-14 years old – 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Degree

c. Junior Black Belts

- ii. 15-17 years old – 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Degree

d. Black Belts

- a) 18-35 years old – 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> to 6<sup>th</sup> Degree
- b) 36-45 years old – 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> to 6<sup>th</sup> Degree
- c) 46 years and older – 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> to 6<sup>th</sup> Degree

**a. Events:**

- i. Individual Pattern
- ii. Individual Sparring

- iii. Team Pattern
- iv. Team Sparring
- v. Individual Special Technique
- vi. Individual Power Test (Black Belt Competition Only)
- vii. Pre-arranged Free sparring (Black Belt Competition Only, 1st - 6th Degree)

**T 6. DRESS REQUIREMENTS**

*(Former T6, U6, U16)*

*(See also: Appendix 2, Appendix 7)*

- a. The ITF Umpire's dress code consists of:
  - i. A blue suit jacket,
  - ii. White, long sleeved shirt,
  - iii. Blue trousers,
  - iv. Blue tie,
  - v. White socks,
  - vi. White sport shoes

**Note:**

The Umpire Committee may, at its discretion, change the above dress requirements, for certain events, due to weather, health or other requirements.

<i>World Championship</i>	<i>World Cup</i>
<p>b. <u>Dobok</u>            Competitors must wear the “officially approved” ITF Dobok.            Refer to Appendix 2 – Approved Clothing</p>	<p>b. <u>Dobok</u>            Competitors must wear the “officially approved” ITF Dobok.            Refer to Appendix 2 – Approved Clothing</p> <p>Both, Black Belt and Coloured Belt Doboks MAY have the country, club, or school name written on the back of the dobok, above belt level. Letters must be all black in colour and measuring between 6cm-8cm in height. This is in addition to the required markings.</p> <p>Refer to Appendix 2 – Approved Clothing</p>
<p>c. <u>Black Belts</u></p> <ul style="list-style-type: none"> <li>i. Junior Black Belt:            Refer to Appendix 2 – Approved Clothing</li> </ul>	<p>c. <u>Belts</u></p> <ul style="list-style-type: none"> <li>i. All coloured belts must be in full color.</li> <li>ii. The Pre-Junior and Junior Black Belt</li> </ul>

- ii. Senior Black Belt:  
Refer to Appendix 2 – Approved Clothing

Refer to Appendix 2 – Approved Clothing

- iii. The Senior, Advanced Senior and Veterans Black Belt  
Refer to Appendix 2 – Approved Clothing

- d. Competitors are allowed, when not performing, to wear normal sportswear such as tracksuits, training shoes, etc. however it is at the discretion of the ITF Tournament Committee.

- d. Competitors are allowed, when not performing, to wear normal sportswear such as tracksuits, training shoes, etc. however it is at the discretion of the ITF Tournament Committee.

For opening/closing ceremonies and medal awarding ceremonies, countries may wear the official ITF Dobok or the official country training suit, but all team members must be dressed the same.

For opening/closing ceremonies and medal awarding ceremonies, countries may wear the official ITF Dobok or the official school, club or country training suit, but all team members must be dressed the same.

For the medal awarding ceremony all competitors must wear either the full ITF Dobok and/or the full National tracksuit. No mixing of dobok and tracksuit permitted.

For the medal awarding ceremony all competitors must wear either the full ITF Dobok and/or the full tracksuit. No mixing of dobok and tracksuit permitted.

N.B.: Drinking of alcoholic beverages or smoking while wearing the Dobok is prohibited.

## **T 7. SAFETY EQUIPMENT AND PROTECTIVE WEAR**

*(See also: Appendix 7, Appendix 8, Glossary of Terms)*

- a. Competitors **must** wear:
  - i. Red or Blue coloured hand and feet safety equipment, in accordance with the colour required for their position on the master draw list.
  - ii. Groin guards (mandatory for males) must be worn inside the Dobok.
  - iii. Red or Blue coloured head guard, in accordance with the colour required for their position on the master draw list
  - iv. Mouth guards (must be clear, non-coloured)

Safety equipment must be a Competition Approved model of an official supplier. Competition Approved Equipment shall be indicated in the World Event official invitation letter and on the ITF website.

- b. Competitors **may** optionally wear:
  - i. Shin protectors must be worn inside the Dobok trousers.
  - ii. Breast protectors (for females) must be worn inside the Dobok jacket.
  - iii. Groin guards (for females) must be worn inside the Dobok trousers.
  - iv. Approved soft frame, prescription sport glasses. Written approval must have been requested from the ITF Tournament Committee a minimum of 28 days prior to the event. See Appendix 8 – Approved Equipment.



- c. All protective safety wear must be of a Competition Approved type, and may NOT contain any metal, bone or hard plastic (except for groin guards and breast protectors). The use of zip, lacing, or stud fasteners is forbidden.
- d. No other protective or safety equipment may be worn, except in special circumstances with the approval of the Tournament Committee. Written approval must have been requested from the ITF Tournament Committee a minimum of 28 days prior to the event. See Appendix 8 – Approved Equipment.
- e. Soft, non-supporting bandaging is permitted, providing no hard plastic or metal fasteners are used.
- f. No jewellery, piercings, watches, fitness monitors or other such adornments may be worn.
- g. Hair may be kept in place using a material of a soft material or elastic nature only, no hard material, metal, grips or slides are allowed. For sparring divisions, any hair covering must fit fully within the safety headguard.

NB: All of the above noted optional equipment may be subject to approval of the Tournament Committee.

#### **T 8. MEDICAL ATTENTION**

*(See also: Appendix 7, Appendix 9, Glossary of Terms)*

All World Championship and World Cup events must have a minimum of one (1) qualified Medical Doctor, appropriate numbers of qualified medical personnel, and appropriate medical equipment/supplies in attendance at all times. Additional medical personnel and/or equipment may be required as per contract or host country legal requirement.

The official Tournament Medical Doctors' recommendations prohibiting a competitors' further participation following injury must be adhered to.

Only the official ITF Tournament Doctor will be permitted to provide primary medical care on the competition floor during the event.

#### **T 9. INJURY LIABILITY AND INSURANCE – COMPETITORS**

- a. All competitors must have valid insurance coverage in order to compete. The ITF Board of Directors, ITF Tournament Committee, ITF Umpire Committee, ITF Officials, and the hosting Organization will not be held responsible for any injury, loss, or eventuality incurred during the event.
- b. The cost of accident insurance, treatment, and third-party insurance of the competitors is the responsibility of the National Association. The host of the event has the responsibility to obtain appropriate accident insurance and third-party insurance for the tournament.

#### **T 10. INSURANCE – FOR EVENT**

All hosts must ensure that the event booked has all the necessary public liability insurance, fire certificates and Government licences that are all required to host such events in their locality.

#### **T 11. RING SIZE**

*(See also: Appendix 7, Appendix Rings, Glossary of Terms)*

- a. All rings must be covered with an approved jigsaw type mat.
- b. For Sparring, the competition ring will consist of an 8 by 8 metres matted playing surface and must have an additional one (1) metre wide (minimum) safety perimeter of a contrasting colour of mat, delineating the border between “In Play” and “Out of Play”.
- c. For Pattern and Pre-Arranged Free Sparring competition, the ring will consist of an 8 by 8 metres matted playing surface and must have an additional one (1) metre wide (minimum) safety perimeter of a contrasting colour of mat. All areas of the floor are “In Play”.
- d. For Power Test and Special Technique, the competition ring will consist of an 8 by 8 metres matted playing surface and must have an additional one (1) metre wide (minimum) safety perimeter of a contrasting colour of mat. All areas of the floor are “In Play”.
- e. The elevated centre ring will consist of a 14 x 14 metres (minimum) surface area, with a minimum height of 50 cm, and maximum height of one (1) metre. Actual playing area dimensions will be in accordance with the above noted events, with the extra safety perimeter area being of a contrasting colour of mat, delineating the border between “In Play” and “Out of Play”.
- f. Lighting must not be lower than five (5) metres above the elevated centre ring.
- g. The official Jury table must be located in front of, and at the same level of, the ring.

#### **T 12. RESULT RECORDING**

All tournaments will have several forms of visual display of results for the benefit of participants and audience. In general, results should be shown as often as possible so as to enable the competitors to follow the course of the event whilst it is in progress.

**T 13. DELEGATES**

<i>World Championship</i>	<i>World Cup</i>
A delegate of the individual or team may be any person authorised by the National Association. A delegate registers the competitors, submits the documents, lodges complaints and co-operates with the other officials at the competition.	A delegate of the individual, school and/or team may be any person authorised by the National Association and/or Allied Association. A delegate registers the competitors, submits the documents, lodges complaints and co-operates with the other officials at the competition.

**T 14. COACHES**

*(See also: Appendix 2, Appendix 9, Appendix Rings, Glossary of Terms)*

- a. For any individual and/or team competition, one (1) registered coach only must be present at the ringside, seated in the designated coach’s chair
- b. Coaches must wear a training suit, gymnastic shoes and carry a towel.
- c. Coaches are not allowed to wear bag packs and/or other non Taekwon-Do items in the competition area.
- d. Coaches must remain seated, at least one (1) metre outside of the playing area of the competition ring, in their designated position.
- e. Coaches must not interfere in the competition with action or words.
- f. Coaches are the only persons allowed to present an official protest.
- g. Failure to abide by the above mentioned may render the coach liable to be removed from his advisory position. The Tournament & Umpire Committee shall decide the time and duration of removal.

<i>World Championship</i>	<i>World Cup</i>
h. A removed coach must be replaced by another registered coach, or by a registered competitor wearing a coach’s outfit, within a two (2) minute time limit.	h. A removed coach must be replaced by another registered coach, within a two (2) minute time limit.
i. If another coach is not present within the two (2) minute time period, the competitor shall be disqualified.	

**T 15. AWARDS (Male and Female)**

<i>World Championship</i>	<i>World Cup</i>
<b><u>JUNIOR CHAMPIONSHIPS – INDIVIDUAL</u></b>	
Male Pattern            3 GOLD – 3 SILVER – 6 BRONZE	a. <b><u>Individual</u></b> 1 <sup>st</sup> , 2 <sup>nd</sup> and two (2) 3 <sup>rd</sup> place winners are awarded with medals.
Female Pattern        3 GOLD – 3 SILVER – 6 BRONZE	b. <b><u>Team</u></b> 1st, 2nd and two (2) 3rd place winners are awarded with medals.
Male Sparring        6 GOLD – 6 SILVER – 12 BRONZE	

Female Sparring	6 GOLD – 6 SILVER – 12 BRONZE
Male Power	1 GOLD – 1 SILVER – 2 BRONZE
Female Power	1 GOLD – 1 SILVER – 2 BRONZE
Male Special Technique	1 GOLD – 1 SILVER – 2 BRONZE
Female Special Technique	1 GOLD – 1 SILVER – 2 BRONZE
Male Overall Champion	1 GOLD
Female Overall Champion	1 GOLD

**SENIOR CHAMPIONSHIPS – INDIVIDUAL**

Male Pattern	4 GOLD – 4 SILVER – 8 BRONZE
Female Pattern	4 GOLD – 4 SILVER – 8 BRONZE
Male Sparring	6 GOLD – 6 SILVER – 12 BRONZE
Female Sparring	6 GOLD – 6 SILVER – 12 BRONZE
Male Power	1 GOLD – 1 SILVER – 2 BRONZE
Female Power	1 GOLD – 1 SILVER – 2 BRONZE
Male Special Technique	1 GOLD – 1 SILVER – 2 BRONZE
Female Special Technique	1 GOLD – 1 SILVER – 2 BRONZE
Male Overall Champion	1 GOLD
Female Overall Champion	1 GOLD

**JUNIOR CHAMPIONSHIPS – TEAM**

Male Pattern	6 GOLD – 6 SILVER – 12 BRONZE
Female Pattern	6 GOLD – 6 SILVER – 12 BRONZE
Male Sparring	6 GOLD – 6 SILVER – 12 BRONZE
Female Sparring	6 GOLD – 6 SILVER – 12 BRONZE
Male Power	6 GOLD – 6 SILVER – 12 BRONZE
Female Power	6 GOLD – 6 SILVER – 12 BRONZE

6 Medals per team.

c. **Overall Clubs or Schools**

In order to determine the Overall Classification, all points from both Individual and Team events (Male and Female) will count.

d. In the case of Team Events, final placing will be counted as a single medal and not multiplied by 6 (for the team members). For example, the 1st place team in Team Patterns will have only one Gold medal added to their overall medal count, and not six (6).

e. In order to declare the overall national association, allied association, club or school winner, only Gold medals will count. However, in the event of two or more national associations, allied associations, clubs or schools having the same number of Gold medals then the Silver and the Bronze medals will count in determining the Overall Winner.

f. In the event that this also results in a tie then there will be no Overall Winner.

Male Special Technique	6 GOLD – 6 SILVER – 12 BRONZE
Female Special Technique	6 GOLD – 6 SILVER – 12 BRONZE
Pre-Arranged Sparring (Male/Female/ Mixed)	2 GOLD – 2 SILVER – 4 BRONZE

Male Overall Team Champion	1 TROPHY
Female Overall Team Champion	1 TROPHY

**SENIOR CHAMPIONSHIPS – TEAM**

Male Pattern	6 GOLD – 6 SILVER – 12 BRONZE
Female Pattern	6 GOLD – 6 SILVER – 12 BRONZE
Male Sparring	6 GOLD – 6 SILVER – 12 BRONZE
Female Sparring	6 GOLD – 6 SILVER – 12 BRONZE
Male Power	6 GOLD – 6 SILVER – 12 BRONZE
Female Power	6 GOLD – 6 SILVER – 12 BRONZE
Male Special Technique	6 GOLD – 6 SILVER – 12 BRONZE
Female Special Technique	6 GOLD – 6 SILVER – 12 BRONZE
Pre-Arranged Sparring (Male/Female/ Mixed)	2 GOLD – 2 SILVER – 4 BRONZE

Male Overall Team Champion	1 TROPHY
Female Overall Team Champion	1 TROPHY

N.B.: Medals which count toward the OVERALL TEAM CHAMPION cannot be won without at least 4 teams in the event.

**NATION CLASSIFICATION**

In order to have the Nations Classification all medals from Individual and Team events (Male and Female) will count except for Individual and Team Overall Champion.

In the case of the Team it will be counted as a single Gold and not multiplied by 6, for example the winning Team for Pattern will have only one Gold added to the overall total and not 6 gold.

The first classified Nation will be awarded with one trophy.

**T 16. OFFICIAL TERMINOLOGY**

*(Former T16, U15)*

*(See also: Appendix 3, Appendix 7, Glossary of Terms)*

- |                  |                             |
|------------------|-----------------------------|
| a. CHARYOT       | ATTENTION                   |
| b. KYONG YE      | BOW                         |
| c. JUNBI         | READY                       |
| d. SHIJAK        | BEGIN                       |
| e. HAECHYO       | SEPERATE                    |
| f. GAESOK        | CONTINUE                    |
| g. GOMAN         | END                         |
| h. JU UI HANNA   | ONE WARNING                 |
| i. GAM JUM HANNA | ONE FOUL (deduct one point) |
| j. SIL KYUK      | DISQUALIFICATION            |
| k. HONG          | RED                         |
| l. CHONG         | BLUE                        |
| m. JUNG JI       | TIME STOP                   |
| n. DONG CHONG    | DRAW                        |
| o. IL HUE JONG   | FIRST ROUND                 |
| p. I HUE JONG    | SECOND ROUND                |
| q. SAM HUE JONG  | THIRD ROUND                 |
| r. SA HUE JONG   | FOURTH ROUND (First Point)  |
| s. SUNG          | WINNER                      |

**T 17. DIVISION OF COMPETITION**

<i>World Championship</i>	<i>World Cup</i>
Competition is divided into INDIVIDUAL and TEAM match.	Competition is divided into INDIVIDUAL and TEAM match, with the following events: a. Individual Events:

Sparring, Pattern & Pre-Arranged Free Sparring will be ruled by the pyramid tournament system. Power and Special Techniques competition will be decided by the highest points obtained.

**INDIVIDUAL**

JUNIOR – Individual match is divided into:

Pattern	Male, Female – 1 <sup>st</sup> , 2 <sup>nd</sup> and 3 <sup>rd</sup> Degree divisions
Sparring	Male, Female – Micro, Light, Middle, Light Heavy, Heavy and Hyper weight division
Power	Male, Female
Special Technique	Male, Female

N.B.: Individual competitors may enter all items.

**TEAM**

Junior and Senior Team match is divided into:

Pattern	Male, Female
Sparring	Male, Female
Power	Male, Female
Special Technique	Male, Female

Each team may perform in Pattern, Sparring, Power and Special Techniques.

In Team Sparring competitors may be of any weight.

**PRE-ARRANGED SPARRING**

Junior Male/Female/Mixed Couples  
 Senior Male/Female/ Mixed Couples

- i. Patterns
- ii. Sparring
- iii. Power Test
- iv. Special Technique
- b. Team Events:
  - i. Team Patterns
  - ii. Team Sparring
- c. Pre-Arranged Sparring

The winners of the Individual Pattern, Individual Sparring, Team Patterns, Team Sparring and Pre-Arranged Sparring events will be decided according to the pyramid system of elimination.

The winners of the Power Test and Special Technique events will be determined by the highest points obtained.

N.B.: Individual competitors may enter all events.

**TEAM**

Team match is divided into:

- a. Pattern
  - i. Male
  - ii. Female
- Sparring
  - b. i. Male
  - ii. Female

**Pre-Arranged Sparring**

- i. Male
- ii. Female

Each team may perform in Patterns, and/or Sparring.

In the Team Sparring event, competitors may be of any weight.

**T 18. COMPETITORS NUMBERS – INDIVIDUAL AND TEAM**

<i>World Championship</i>	<i>World Cup</i>
<p><b>INDIVIDUAL JUNIOR</b>            The number of individual junior competitors who may enter each item is restricted to three (3) Competitors from each country. These competitors may be individuals and/or team members.</p> <p><b>INDIVIDUAL SENIOR</b>            The number of individual senior competitors who may enter each item is restricted to two (2) competitors from each country. These competitors may be individuals and/or team members.</p> <p><b>TEAM (Male and Female)</b>            Teams may consist of a maximum of ten (10) competitors. (Not necessarily chosen out of the Individual competitors)</p> <p><b>Male</b>            Out of the ten (10) competitors a minimum of 5 competitors + 1 reserve (optional) may compete in Pattern, Sparring, Special Technique and Power events.</p> <p><b>Female</b>            Out of the ten (10) competitors a minimum of 5 competitors + 1 reserve (optional) may compete in Patterns and Sparring, and a minimum of 3 competitors + 1 reserve (optional) may compete in Special Technique and Power events.</p> <p>The Coach must present the team competitors ID Cards to the Jury President just before the beginning of any team competition match.</p>	<p><b>INDIVIDUAL</b></p> <ol style="list-style-type: none"> <li>Any number of individual competitors may enter each event.</li> <li>These competitors may be individuals or team members.</li> <li>Competitors must compete in their designated age category for all divisions and are not permitted to compete in either a higher or lower age category at any time. For example, if a competitor is registered as a junior, they cannot compete as a member of the senior team.</li> <li>Competitors must compete only in their designated rank division and are not permitted to compete in either a higher or lower rank division.</li> <li>Competitors may compete for only one (1) club/school as registered. Competitors are not permitted to compete for more than one (1) club/school, or for different clubs/schools in different divisions.</li> </ol> <p><b>TEAM</b>            Each team may consist of and present a maximum of ten (10) competitors, which we call team members. (Out of those members a team needs to select, for each team event, its official members, complying with the minimum mentioned below. Pre-Arranged sparring team members need not to be selected out of these team members) and must also consist of and present the minimum numbers of competitors per event as listed below.</p> <ol style="list-style-type: none"> <li><b>Team Patterns:</b>                Five (5) + 1 reserve (optional) competitors must compete in Pattern competition.</li> <li><b>Team Sparring:</b>                A minimum of three (3) competitors, and a maximum of five (5) competitors + 1 reserve(optional), must compete in Sparring competition.</li> </ol>



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| <ul style="list-style-type: none"> <li>a. At the beginning of each team match, the coach MUST present the appropriate Competitor ID Cards (one for each competitor that is to compete in team division).</li> <li>b. Once the Competitor ID Cards have been presented for a division then NO changes to the members of that team are permitted during that division.</li> <li>c. Teams may not change the members of the team from one match to the next. Entire division of competition must be completed with the same 6 members.</li> </ul> | <ul style="list-style-type: none"> <li>c. At the beginning of each team match, the coach MUST present the appropriate Competitor ID Cards (one for each competitor that is to compete in team division).</li> <li>d. Once the Competitor ID Cards have been presented for a division then NO changes to the members of that team are permitted during that division.</li> <li>e. Teams may not change the members of the team from one match to the next. Entire division of competition must be completed with the same members.</li> <li>f. Competitors may compete for only one (1) National Association, Allied Association, Club or School per event.</li> </ul> |
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**T 19. ORDER OF MATCH**

The order of competition is subject to time requirements, and the overall schedule of the tournament.

**T 20. DRAW FOR ORDER OF COMPETING**

- a. Competitor placement on the event/division draw sheet, and all byes will be decided by random computer draw

<i>World Championship</i>	<i>World Cup</i>
<ul style="list-style-type: none"> <li>b. First and second place winners from the previous ITF World Championship from the same category will be placed at the top and bottom of the pyramid system. Medals, which count towards the overall trophies, cannot be won without at least 4 competitors or teams in the event. Bye will be decided at the draw.</li> </ul>	<ul style="list-style-type: none"> <li>b. First and second place winners from the previous ITF World Cup from the same category will be placed at the top and bottom of the pyramid system. Medals, which count towards the overall trophies, cannot be won without at least 4 competitors or teams in the event. Bye will be decided at the draw.</li> </ul>

- c. The competition draw will be held at least 48 hours prior to the event and the draws will be available on the ITF website.

**T 21. REGISTRATION / WEIGHT CHECK**

All competitors must attend the official registration at the weigh in location.

The 1<sup>st</sup> weight check will be within 24 hours prior to the beginning of the competition. Competitors not making their weight at the 1<sup>st</sup> weigh in shall have one (1) hour time to present themselves for the 2nd and last weigh

in. If he/she doesn't make the weight, then he/she shall be removed from the sparring category and shall not be allowed to enter any other weight category.

#### **T 22. ANNOUNCEMENTS**

According to the tournament schedule, announcements will be made as to which square an event will take place. It is the responsibility of the competitor/team to be close to the square so they may compete without delay when called. They will be called to the red or blue side of the square and must have ready all required equipment (i.e., safety equipment).

Should the competitor(s) not come forward immediately, their name and/or country will be called a second time. Should the individual/team not present themselves in the square within one (1) minute from the time of the second call, they will be disqualified.

#### **T 23. EQUIPMENT CHECK**

*(See also: Appendix 7, Appendix 8)*

Competitors' dobok and/or equipment check will take place outside of the square to ensure that they are of an officially approved type and that they are not defective.

Competitors MUST present themselves at the ring when called, AND BE IN POSSESSION OF AND WEARING, the appropriate colour of safety equipment, in accordance with their position on the draw sheet.

Should any item(s) not be satisfactory then they must be changed. The competitor/team has a maximum of three (3) minutes to change what is requested, following which he/she/they will be disqualified, and the match points awarded to the opponent where appropriate.

#### **T 24. COURTESY**

*(See also: T38, Appendix 7)*

Competitors must at all times bow to the Jury and also to each other at the beginning and end of each performance/match.

**SECTION II - PATTERN**

**T 25. GROUPS**

Patterns competitors will be organized into groups according to gender, age, degree, according to the categories as listed in Schedule 1 (page ).

**T 26. ELIMINATIONS AND DECISIONS – INDIVIDUAL**

*(Former U8)*

<i>World Championship</i>	<i>World Cup</i>
<p>The pyramid system of elimination will be used.</p> <p>a. Competitors will compete 1 to 1 and will perform simultaneously two (2) Designated Patterns appropriate to their degree (see Article T.27).</p> <p>b. The first designated pattern will be randomly chosen from one of the last three patterns regarding the level of Degree of the Division.</p> <p>c. The second designated pattern will be chosen from all the remaining patterns appropriate to their degree.</p> <p>d. The Jury President shall randomly draw the designated patterns electronically.</p> <p>e. In the case of a draw another designated Pattern, from all the remaining patterns, shall be drawn electronically and must be performed until the winner is decided.</p> <p>f. In the event that two competitors clash (come into contact) during the performance of their pattern, the competitor that is found to be responsible for the clash will receive a score of zero (0) points for that pattern.</p> <p>g. Competitors must begin their patterns horizontally in line with one another with the exception of pattern Ul-Ji, where the Red Competitor (HONG) must begin their pattern one (1) meter closer to the judge's table.</p>	<p>a. The pyramid system of elimination will be used</p> <p>i. Coloured Belt competitors will compete 1 to 1 and will perform simultaneously one (1) Optional Pattern. (Appropriate to their rank: see Article 27).</p> <p>ii. Black Belt Competitors will compete 1 to 1 and will perform simultaneously one (1) Designated Pattern. (Appropriate to their degree: see Article 27).</p> <p>iii. The Judges will choose the best competitor to go forward to the next Round.</p> <p>b. In the event that two competitors clash (come into contact) during the performance of their pattern, the competitor that is found to be responsible for the clash will receive a score of zero (0) points for that pattern.</p> <p>c. Competitors must begin their patterns horizontally in line with one another with the exception of pattern Ul-Ji, where the Red Competitor (HONG) must begin their pattern one (1) meter closer to the judge's table.</p> <p>d. The Umpires shall give a score between 0 and 10 points, after having deducted points for errors, for each pattern performance based upon technical content, power, balance, breathing and sine wave.</p>

- |   |  |
|---|--|
| <ul style="list-style-type: none"> <li>h. The Umpires shall give a score between 0 and 10 points, after having deducted points for errors, for each pattern performance based upon technical content, power, balance, breathing and sine wave.</li> <li>i. The competitor having obtained the majority of umpire votes and with a minimum of two (2) Umpire votes in his favour, shall be declared the winner and shall advance to the next round of competition.</li> <li>j. In the case of a draw, an additional designated pattern will be randomly chosen from the remaining appropriate patterns and must be performed until the winner is decided.</li> </ul> | <ul style="list-style-type: none"> <li>e. The competitor having obtained the majority of umpire votes and with a minimum of two (2) Umpire votes in his favour, shall be declared the winner and shall advance to the next round of competition.</li> <li>f. In the case of a draw, an additional designated pattern will be randomly chosen from the remaining appropriate patterns and must be performed until the winner is decided.</li> </ul> |
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**T 27. PERFORMANCE– INDIVIDUAL**

*(Former U8)*

<i>World Championship</i>	<i>World Cup</i>
<ul style="list-style-type: none"> <li>a. 1<sup>st</sup> degree will compete with 1<sup>st</sup> degree with the designated Patterns being any one from CHON-JI to GE-BAEK.</li> <li>b. 2<sup>nd</sup> degree will compete with 2<sup>nd</sup> degree with the designated Patterns being any one from CHON-JI to JUCHE.</li> <li>c. 3<sup>rd</sup> degree will compete with 3<sup>rd</sup> degree with the designated Patterns being any one from CHON-JI to CHOI-YONG.</li> <li>d. 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> degree will compete with 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> degree with the designated Patterns being any one from CHON-JI to MOON-MOO.</li> </ul>	<ul style="list-style-type: none"> <li>a. <b>Coloured Belts</b> <ul style="list-style-type: none"> <li>i. 4<sup>th</sup> Gup will compete with the Optional Pattern being any one from CHON-JI to JOONG-GUN.</li> <li>ii. 3<sup>rd</sup> Gup will compete with the Optional Pattern being any one from CHON-JI to TOI-GYE.</li> <li>iii. 2<sup>nd</sup> Gup will compete with the Optional Pattern being any one from CHON-JI to HWA-RANG.</li> <li>iv. 1<sup>st</sup> Gup will compete with the Optional Pattern being any one from CHON-JI to CHOONG-MOO.</li> </ul> </li> <li>b. <b>Black Belts</b> <ul style="list-style-type: none"> <li>i. 1<sup>st</sup> degree will compete with 1<sup>st</sup> degree with the Designated Pattern being any one from CHON-JI to GE-BAEK.</li> </ul> </li> </ul>

- ii. 2<sup>nd</sup> degree will compete with 2<sup>nd</sup> degree with the Designated Pattern being any one from CHON-JI to JUCHE.
- iii. 3<sup>rd</sup> degree will compete with 3<sup>rd</sup> degree with the Designated Pattern being any one from CHON-JI to CHOI-YONG.
- iv. 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> degree will compete with 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> degree with the Designated Pattern being any one from CHON-JI to MOON-MOO.

**In individual matches the following decisions will apply:**

The competitor obtaining the majority of Umpire votes, with a minimum of two (2) Umpire votes in his favour, shall be declared the winner and advance to the next round of competition.

**In the event of a tie**

- a. Competitors will perform an additional Designated Pattern as selected by random draw of the computer, until the winner is decided.
- b. The additional designated pattern shall be a pattern appropriate for their rank, (see Article 27), which has not yet been performed.
- c. In the event of a tie between coloured belts of differing ranks, the designated pattern will be chosen from patterns Chon-Ji, up to and including the highest pattern appropriate, which has not yet been performed, for the competitor holding the lowest rank in that match. (See Article 27).
- d. In the event of a continued tie, the same process will continue until all patterns appropriate to that rank, in accordance with Article 27, have been performed.
- e. If a further tie continues, the computer will randomly select an additional designated pattern from those already performed, appropriate to that rank, in accordance with article T 27, until the winner is decided.

**T 28. ELIMINATIONS AND DECISIONS – JUNIOR AND SENIOR – TEAM**

<i>World Championship</i>	<i>World Cup</i>
<p>a. The pyramid system of elimination will be used.</p> <p>b. Both teams shall perform one (1) optional and one (1) designated Pattern in the following order</p> <p style="padding-left: 40px;">Team 1 – 1<sup>st</sup> optional pattern (from Chon-Ji to Gae-Baek)</p> <p style="padding-left: 40px;">Team 2 – 1<sup>st</sup> optional pattern (from Chon-Ji to Gae-Baek)</p> <p style="padding-left: 40px;">Team 1 – 2<sup>nd</sup> designated pattern (from Chon-Ji to Gae-Baek)</p> <p style="padding-left: 40px;">Team 2 – 2<sup>nd</sup> designated pattern (from Chon-Ji to Gae-Baek)</p> <p>c. The Umpires shall give from 10 to 0 points for each team pattern performance based on the choreography, teamwork, technical content, power, breathing and sine wave.</p> <p>d. The team having obtained the majority of umpire votes and with a minimum of two (2) Umpire votes in his favour, shall be declared the winner and shall advance to the next round of competition.</p> <p>e. In the case of a draw another designated Pattern, from the remaining designated patterns, shall be randomly drawn (electronically) and must be performed to decide the winner.</p> <p>f. In the event a winner is not decided in item d, above, then the final designated Pattern shall be performed to decide the winner.</p> <p>g. In the event a winner is not decided in item e above, then the process from items d. through e. above will be repeated until such time as a winner has been decided.</p>	<p>a. The pyramid system of elimination will be used.</p> <p>b. The judges will choose a winner to advance to the next round.</p> <p>c. In case of a draw, another Optional Pattern must be performed until a winner has been declared</p>

**T 29. PERFORMANCE – TEAM**

<i>World Championship</i>	<i>World Cup</i>
<ul style="list-style-type: none"> <li>a. Teams (five (5) competitors) must perform one (1) optional Pattern and one (1) designated Pattern being any from CHON-JI to GE-BAEK.</li> <li>b. Team members may perform movements individually, or together, as they choose, but it must be seen to be teamwork. For example: one team member may not perform moves of the Pattern on his own without the other team members following in unison.</li> <li>c. Teams must prepare their entrance and exit to the ring by lining up at the border of the ring, facing the Umpires. The marching in and out the ring is NOT part of the choreography and no points will be given for this.</li> </ul>	<ul style="list-style-type: none"> <li>a. Each Team of five (5) competitors must perform together one (1) Optional Pattern. The Optional Pattern being any from CHON-Ji to GAE-BAEK.</li> <li>b. Team members may perform movements individually, or together, as they choose, but it must be seen to be teamwork. For example: one team member may not perform moves of the Pattern on his own without the</li> <li>c. Teams must prepare their entrance and exit to the ring by lining up at the border of the ring, facing the Umpires. The marching in and out the ring is NOT part of the choreography and no points will be given for this.</li> </ul>

**T 30. OFFICIALS FOR PATTERN DIVISION**

One (1) Jury President, one (1) Jury Member, one (1) Computer Operator, five (5) Referees, and two (2) Equipment Verifiers.

**SECTION III - SPARRING**

**T 31. DIVISIONS**

Sparring competitors will be organized into divisions according to gender, age and weight, in accordance with the categories as listed in Schedule 2 (Pages 2 52-64).

**T 32. DURATION OF BOUTS AND DECISIONS**

<i>World Championship</i>	<i>World Cup</i>
<p>a. <b>Individual</b></p> <p>i. Individual elimination and final bouts will be two (2) rounds of two (2) minutes duration with a one-minute break between rounds.</p> <p>ii. In the case of a draw, a further one (1) minute round will take place and if it results in a further draw then the first scored point assigned by at least two (2) Referees at the same split second will decide who the winner is.</p> <p>b. <b>Team</b></p> <p>i. Each team bout will be one (1) round of two (2) minutes.</p> <p>ii. In team matches all of the judge's decisions from the five (5) bouts shall be counted. However, when all five (5) bouts are finished and the result is a draw then each coach will select</p>	<p>a. <b>Individual</b></p> <p>i. Individual Elimination Bouts (Coloured Belt categories) will be one (1) round of two (2) minutes duration.</p> <p>ii. Individual Elimination Bouts (Black Belts categories)) will be (1) round of three (3) minutes duration.</p> <p>iii. Individual Final Bouts (Coloured Belts) will be one (1) round of two (2) minutes.</p> <p>iv. Individual Final Bouts (Black Belts) will be two (2) rounds of two (2) minutes duration with a one-minute break between rounds.</p> <p>v. In the case of a draw, a further one (1) minute round will take place.</p> <p>vi. If this results in a further draw, then the first scored point assigned by at least two (2) Referees at the same split second will decide who the winner is.</p> <p>b. <b>Team</b></p> <p>i. Each team bout will be one (1) round of two (2) minutes.</p> <p>ii. In team matches the total judges' decisions from the five (5) bouts shall be counted. However, when all five (5) bouts are finished and the result is a draw then each coach will select</p>



one (1) competitor to spar an extra bout of two (2) minutes. The team whose competitor wins this bout will be the winner.

- iii. If at this time it results in a further draw, then the first scored point assigned by at least two (2) Referees at the same split second will decide who the winner is.

N.B.: All five (5) bouts must take place and be completed. If one of the competitors withdraws in the event of an injury or to gain an advantage the opponent will be declared the winner. They will then be awarded 15 points to their total team score.

one (1) competitor to spar an extra bout of two (2) minutes. The team whose competitor wins this bout will be the winner.

- If at this time it results in a further draw, then the first scored point assigned by at least two (2) Referees at the same split second will decide who the winner is.

### **T 33. TARGET AREA**

#### **a. Head**

- i. At the front, sides, and top of the head, but not at the back.
- ii. Excluding the neck.

#### **b. Trunk of the body**

- i. From shoulder to navel vertically
- ii. From a line drawn from the armpit vertically down to the waist on each side (that is frontal area only, excluding the back).

### **T 34. POINT AWARDS**

- a. One (1) point will be awarded for any legal Hand Attack directed to mid or high-section.
- b. Two (2) points will be awarded for any legal Foot Attack directed to mid-section.
- c. Three (3) points will be awarded for any legal Foot Attack directed to high-section.

### **T 35. LIGHT CONTACT SCORING PROCEDURE SYSTEM**

In competition technique is valid according to a light contact system if:

- a. Correctly Executed.
- b. Dynamic (i.e., it is delivered with strength, purpose, speed and precision).
- c. Controlled on the target.

**NB: Refer to Glossary of Terms - Light Contact (formerly Appendix 7)**

### **T 36. MINUS POINTS/FOULS**

One point will be deducted for the following offences:

- a. Heavy contact. Refer to Glossary of Terms - Heavy Contact - (formerly Appendix 7)

- b. Attacking a fallen opponent.
- c. Leg sweeping.
- d. Holding/grabbing.
- e. Intentional attack to a target other than mentioned in art. T33.
- f. Unsportsmanlike Conduct\*
  - i. To include any action taken by a competitor that shows disrespect, lack of following directions or other unacceptable behaviours towards umpires, officials, or other competitors, including though not limited to: Failure or refusal to follow referee's directions, intentionally leaving ring/manipulation of time, inappropriate behaviour/language....)

### **T 37. WARNINGS**

Warnings will be assigned for the following offences:

- a. Pretending to have scored a point by raising one or both arms.
- b. Stepping completely out of the ring (both feet).
  - i. N.B. If a competitor is pushed out of the ring with intent (without undergoing a technique) then he will not receive a warning. The competitor who pushed shall receive a warning.
- c. Falling down, whether intentional or not (it means any part of the body, other than the feet, touching the ground).
- d. Faking a blow, pretending to be injured to gain an advantage.
- e. Intentionally avoiding sparring.
- f. Adjusting equipment during the bout without the consent of the Centre Referee.
- g. Unintentional attack to a target other than mentioned in art. T33.
- h. Pushing with the hands, shoulders or body.

The sum of three (3) warnings automatically results in the deduction of one (1) point.

### **T 38. DISQUALIFICATION**

- a. Misconduct against officials or ignoring instructions.
- b. Uncontrolled or excessive contact. Refer to Glossary of Terms - Excessive Contact (*formerly Appendix 7*)
- c. Receiving three (3) minus points/fouls directly given by the Centre Referee.
- d. Being under influence of alcoholic beverages or drugs.
- e. Loss of temper.
- f. Insulting an opponent, coach and or official.
- g. Biting, scratching.
- h. Attacking with the knee, elbow, or forehead.
- i. Being determined culpable for causing a loss of consciousness. (See article T. 39).

N.B.: A competitor that insults an opponent, coach or official will be disqualified from the rest of the competition.

### **T 39. INJURY**

- a. When a competitor is injured, the Centre Referee must stop the match and call the Doctor. There will be a total of three (3) Minutes of time allowed per MATCH, for the doctor to diagnose, treat the wound and decide about the match and competitor continuation.

Note: The three-minute injury time will begin at the moment the doctor is in front of the injured competitor and will end when the doctor departs. This amount of time will be recorded, and if the doctor is called again to the same match, the injury clock will resume counting down from the last point. Any competitor requiring more than three (3) minutes total accumulated time of medical attention during a match will not be allowed to continue and will forfeit the match.
- b. When a competitor cannot compete anymore because of the Doctor's decision and according to the decision of the Ring Council (Jury President, Centre Referee and Corner referees).
  - i. he/she is the winner if his/her opponent is culpable.
  - ii. he/she is the loser if his/her opponent is not culpable.
- c. An injured competitor that is unfit to fight cannot continue for the time/day(s) set according to the Doctor's decision.
- d. A competitor that refuses to accept the Doctor's and/or the Ring Council decision will be disqualified and taken out of the competition.
- e. If two competitors injure themselves at the same time and both are unfit to fight according to the Doctor's decision, the winner is the contender that has more scored points at that moment. If the competitors are even, the Ring Council will decide about the bout.

### **Due process for rule T39**

- a. Apply rule T39

#### **Note: procedure to determine culpability**

- i. Anytime a potential disqualification occurs in the context of T39, the ring council must consult with a member of the Umpire Committee in order to verify that the due process is being followed prior to taking a decision.
- ii. Culpability for disqualification must come "*as a direct result*" of a potentially prohibited action that resulted in a competitor's inability to continue the match. In this case the Jury President may apply a disqualification.
- iii. In order to determine culpability, the following steps must be followed by the Jury President:
  - a) The ring council must call for a member of the Umpire Committee to oversee and advise on this procedure,
  - b) The Umpire Committee member will consult first with the Jury President, then with the Center Referee in order to best determine the situation and outcome
  - c) If no decision can be determined at this point, the Umpire Committee member may choose to call the Umpires (individually) in order to determine their opinion
  - d) Prior to making a final decision, the Umpire Committee member has the ability to consult with any person they consider relevant in order to gain more information,
  - e) The Umpire Committee member, considering all information learned, will then make a final decision on the outcome of the match.

**NOTE:** A competitor that is culpable for causing a loss of consciousness or causing a concussion in sparring competition may be disqualified. The unconscious or concussed competitor shall not be able to compete again during the whole event, and as such will forfeit any remaining matches or events.

#### **T 40. BOUT PROCEDURE – INDIVIDUAL AND TEAM**

##### **a. INDIVIDUAL**

- i. Sparring competitors will commence the bout on the start positions, each with a red or blue pair of hands, feet and head equipment to differentiate between them. Mouth protection gear of a transparent colour must be worn at all times. At the command of the Centre Referee the competitors bow in turn to the Jury table, Centre Referee and then to each other.
- ii. The Centre Referee will then start the Light Contact Sparring with the command “SHI-JAK” and the competitors will continue to spar until the Referee issues the command “HAECHYO”.
- iii. At this point the competitors will cease to spar, and will remain where they are until restarted.
- iv. An audible signal of time will end the round and/or bout. The reverse order of bowing will ensure and the result will be declared.
- v. In a draw situation, warnings and/or minus points are not carried forward.
- vi. If a competitor leaves the ring they must re-start one (1) metre inside the ring.

##### **b. TEAM**

- i. The bout procedure for team sparring will be the same as that for individual sparring.
- ii. A coin will be tossed between the two (2) coaches to determine which team sends its first competitor into the ring.
- iii. The teams must then alternate.

#### **T 41. TIMING**

On the first “Shi-Jak” (Start) command from the Centre Referee the timekeeper starts the clock until full time, unless the Centre Referee calls for a “Time Out” by saying “Jung-Ji”. At this time the timekeeper stops the clock until the next “Gae-Sok” (Continue) command is given.

#### **T 42. OFFICIALS FOR SPARRING COMPETITION**

One (1) Jury President, one (1) Jury Member, one (1) Computer Operator, one (1) Centre Referee, four (4) Corner Referees, and two (2) Equipment Verifiers.

**SECTION IV – POWER**

**T 43. DIVISIONS**

Power Breaking competitors will be organized into groups according to gender and age, in accordance with the categories as listed in Schedule 3 (page 60).

**T 44. PROCEDURE – INDIVIDUAL AND TEAM**

<i>World Championship</i>	<i>World Cup</i>
<p>INDIVIDUAL</p> <p>Machines designed for the specific test will be used. The number of plastic boards for each item will be indicated in appendix 6 - Boards and Heights.</p> <p>Machines shall have a range of a minimum and maximum initial height that shall be written in appendix 6 - Boards and Heights.</p> <p>In power breaking it is permitted to step forward, to slide, skip and or jump. However, a forearm guarding block must be adopted before and after each attempt to break the board(s).</p> <p>For Sonkal Taerigi the strike may be either inward or outward.</p> <p>A total time of two (2) minutes is allowed to set the correct heights for the power breaking items listed.</p> <p>The following procedure shall take place:</p>	<p>INDIVIDUAL</p> <p>a. Competitors must choose: one (1) hand technique, and one (1) foot technique from the above noted list of techniques.</p> <p>b. Competitor must announce their choice of technique to the Centre Referee prior to beginning the bout.</p> <p>c. The winners will be decided by the highest total accumulated score for both hand and foot techniques.</p> <p>d. Machines designed for the specific test will be used.</p> <p>e. The number of official plastic boards for each item will be indicated in the Championships Official Invitation. Boards shall be the white, plastic boards of the official ITF Supplier.</p> <p>f. Machines shall have a range of a minimum and maximum initial height that shall be written in the official championships invitation.</p> <p>g. Is permitted to step forward, to slide, skip and or jump.</p> <p>h. A forearm guarding block must be adopted before and after each attempt to break the board(s).</p>

After a red flag signal of the umpire, each individual competitor, or each team, has a total of five (5) minutes to attempt to bend or separate the board(s) of the five (5) listed breaking items.

- b. Each attempt must include one (1) pre-judgement of distance (only one touch allowed) followed by the attempt to break the boards.
- c. Competitors and/or Teams that exceed the settled time shall receive 0 Points for any remaining items not broken.
- d. Umpires may disallow an attempt for failure to maintain the following.
  - i. Correct balance and posture throughout the attempt.
  - ii. Correct attacking tool in the correct manner.
- e. Umpires must examine each board before each attempt.
- f. Each separated board will count as three (3) points and each bent board will count as one (1) point.
- g. The four highest scores will set 1st, 2nd and two (2) 3rd place winners.

Only in the event that two (2) or more competitors tie for third place with the same total score, in the same round of breaking, will there be two 3rd place winners.

- h. In the event of a tie the Jury President will select one item from the list by drawing to be the tiebreaker. He/She will decide how many boards are to be used. The coaches shall indicate the competitors to perform and in the case of another tie they will then

- i. For Sonkal Taerigi the strike may be either inward or outward.
- j. Each competitor is allowed a total of one (1) minute to set the correct heights for both breaking techniques.

The following procedure shall take place:

- a. After a red flag signal by the referee, each competitor has two (2) minutes to attempt to bend or separate the board(s) of the two (2) chosen breaking items from the listed which must include one (1) pre-judgement of distance with one (1) touch allowed, followed by the attempt to break the board(s).
- b. Competitors that exceed the prescribed time shall receive 0 points for any item not yet performed.
- c. A forearm guarding block ready posture must be adopted before and after the attempt to break the board.
- d. Referees may disallow an attempt for failure to maintain the following.
  - i. Correct balance and posture throughout the attempt.
  - ii. Use of the correct attacking tool in the correct manner.
- e. Referees must examine each board before each attempt.
  - i. Each separated board will count as three (3) points
  - ii. Each bent board will count as one (1) point.
- f. The four highest scores, combined from the two (2) performed techniques, will determine 1st, 2nd, and two (2) 3<sup>rd</sup> place winners. Only in the

indicate the next two competitors and this order will proceed until a winner is found.

N.B.: Competitors and/or Teams that did not score any points at their first attempt during the match will not be allowed to continue the power breaking competition to determine any place and will not receive any medal.

#### **JUNIOR AND OR SENIOR – TEAM**

##### Male

Teams (5 competitors + 1 reserve) will perform items as indicated in Article 43 and the procedures in items a - h (Article 44) will be carried out.

##### Female

Teams (3 competitors + 1 reserve) will perform items as indicated in Article 43 and the procedures in items a - h (Article 44) will be carried out.

event that two (2) or more competitors tie for third place with the same total score, in the same round of breaking, will there be two 3rd place winners.

- g. In the event of a tie the Jury President will randomly draw one item from the list of eligible techniques to be the tiebreaker.
  - i. The Jury President will decide how many boards are to be used.
  - ii. The competitors will perform the chosen technique according to the procedures above.
  - iii. In the case of a further tie, this procedure will continue until a winner is found.

N.B.: Competitors that did not score any points at their first attempt during the match will not be allowed to continue the power breaking competition to determine any place and will not receive any medal.

#### **T 45. OFFICIALS FOR POWER BREAKING**

One (1) Jury President, one (1) Jury Member, one (1) Computer Operator, and three (3) Referees.

**SECTION V – SPECIAL TECHNIQUE**

**T 46. DIVISIONS**

Special Technique Breaking competitors will be organized into groups according to gender and age, in accordance with the categories as listed in Schedule 4 (page 62).

**T 47. PROCEDURE – INDIVIDUAL AND TEAM**

<i>World Championship</i>	<i>World Cup</i>
<p>INDIVIDUAL</p> <p>A machine designed for the specific test will be used. The heights for each item will be indicated in appendix 6 - Boards and Heights.</p> <p>The following procedure shall take place:</p> <p>a. After a red flag signal of the referee, each Male Individual competitor or Male Team has five (5) minutes to attempt to break the board of the five (5) listed special technique items which must include one (1) pre- judgement of distance with no touching allowed, followed by the attempt to move the board.</p> <p>b. After a red flag signal of the referee, each Female Individual competitor or Female Team has three (3) minutes to attempt to move the break (3) listed special technique items which must include one (1) pre-judgement of distance with no touching allowed, followed by the attempt to break the board.</p> <p>c. Competitors and/or Teams that exceed the time limit shall receive 0 points.</p> <p>d. Referees may disallow a break for:</p> <p>i. Failure to utilize the correct attacking tool in the correct manner.</p> <p>ii. Knocking down the obstacle when performing Twimyo Nopi Yop Cha Jirugi.</p>	<p>INDIVIDUAL</p> <p>a. A machine designed for the specific test will be used.</p> <p>b. The heights of the target for each item will be indicated in the Championships Official Invitation. Heights are measured from the ground to the bottom edge of the target board.</p> <p>c. After a red flag signal of the referee, each competitor has sixty (60) seconds for each item in order to pre-judge the distance – compulsory, with no touch allowed, followed by the attempt to break the board.</p> <p>d. Competitors that exceed the prescribed time, or touch board during their pre-judging shall receive 0 points</p> <p>e. A forearm guarding block ready posture must be adopted before and after the attempt to move the board.</p> <p>f. Referees may disallow a break for:</p> <p>i. Failure to utilize the correct attacking tool in the correct manner.</p> <p>ii. Knocking down the obstacle when performing Twimyo Nopi Yop Cha Jirugi.</p>



- iii. Falling down (it means any part of the body, other than the feet, touching the ground).
- e. Referees must examine regularly each machine and or board
- f. Each fully broken board will count as three (3) points and each half-broken board will count as one (1) point.
- g. The four highest scores will set 1<sup>st</sup>, 2<sup>nd</sup> and two (2) 3<sup>rd</sup> place winners. Only in the event that two (2) or more competitors tie for 3<sup>rd</sup> place, with the same total score, in the same round of jumping, there will be two 3<sup>rd</sup> place winners.
- h. In the event of a tie the Jury President will select one item from the list by drawing to be the tiebreaker. He/She will decide how high the jump will be. The tied competitors will then carry on until the places are decided.

N.B.: Competitors and/or Teams that did not score any point(s) at their first attempt during the match will not be allowed to continue the special technique competition to determine any place and will not receive any medal.

**JUNIOR AND OR SENIOR – TEAM**

Male

Teams (5 competitors + 1 reserve) will perform items as indicated in Article 46 and the procedures in items a-h (Article 47) will be carried out.

Female

Teams (3 competitors + 1 reserve) will perform items as indicated in Article 46 and the procedures in items a-h (Article 47) will be carried out.

- iii. Falling down (i.e. any part of the body, other than the feet, touching the ground).
- g. Referees must examine each board before each attempt.
  - i. Each fully broken board will count as three (3) points.
  - ii. Each half-broken board will count as one (1) point.
- h. The four highest scores, combined from the two (2) performed techniques, will set 1<sup>st</sup>, 2<sup>nd</sup> and two (2) 3<sup>rd</sup> place winners. Only in the event that two (2) or more competitors tie for third place, with the same total score, in the same round of jumping, there will be two 3<sup>rd</sup> place winners.
- i. In the event of a tie the Jury President will select one item from the list by drawing to be the tie -breaker. He/She will decide how high the jump will be. The tied competitors will then carry on until the places are decided.

N.B.: Competitors that did not score any point(s) at their first attempt during the match will not be allowed to continue the special technique competition to determine any place and will not receive any medal.

**T 48. OFFICIALS FOR SPECIAL TECHNIQUES**

One (1) Jury President, one (1) Jury Member, one (1) Computer Operator, and three (3) Referees.

**SECTION VI – PRE ARRANGED FREE SPARRING**

**T 49. DIVISIONS**

Pre-Arranged Sparring competitors will be organized into groups according to gender and age, in accordance with the categories as listed in Schedule 5 (page ).

**T 50. PROCEDURE**

*(Former T50, U8, U12)*

- a. Each Team shall consist of two (2) participants that follow a prepared scenario, which enables them to skilfully exhibit a wide variety of techniques without fear of injury.
- b. Each Team shall perform one at a time and the Referees shall assign points from 10-0 according to the performance, taking into consideration the following criteria:
  - i. Technical Content.
  - ii. Teamwork, Choreography and Difficulty.
  - iii. Power.
- c. Execution of up to, but not more than, a total of three (3) acrobatic sequence of technique per team.
- d. Both competitors shall enter the ring and bow.
- e. Both competitors must assume an L-Stance guarding block.
- f. At the command “Shi-Jak” by one of the competitors, the bout time will start.
- g. The bout ends with a final blow and when one of the competitors shouts “Goman”, at the same time he/she assumes an L-stance guarding block.
- h. In case of a draw, each team will perform again, receiving new scores, until a winner has been declared.
- i. Competitor must enter the ring from opposite sides as in free sparring procedure.

Teams shall compete according to the following rules and regulations:

- a. Pre-Arranged free sparring shall consist of movements as shown in the ITF Encyclopaedia, Manuals or CD ROM, and as taught during the International Instructor Courses.
- b. Attacking techniques must be blocked and/or avoided and must be performed with realism. No unblocked contact is permitted with exception of a final incapacitating attack.

<i>World Championship</i>	<i>World Cup</i>
c. Teams may be Black Belts from 1st to 6th degree, and can be Male, Female or mixed couples.	C. Teams may be Black Belts from 1st to 6 <sup>th</sup> degree and must be only Male or only Female.
d. Bout duration shall consist of one (1) round: minimum sixty (60) seconds, maximum seventy-five (75) seconds.	
e. Teams that perform less than the required minimum of sixty (60) seconds shall receive zero (0) points.	
f. Teams that exceed the seventy-five (75) seconds duration of bout shall receive zero (0) points.	
g. Protective equipment may be worn as written in art.T.7. a. Point ii and T.7. b.	
h. Each Team of Competitors may perform up to, but not more than, a total of three (3) acrobatic sequences of technique, (Techniques that are not part of the Taekwon-Do syllabus), during the bout.	

- i. Teams performing more than three (3) acrobatic sequences of technique during the bout shall receive zero (0) points.
- j. The team having obtained the majority of umpire votes and with a minimum of two (2) Umpire votes in his favour, shall be declared the winner and shall advance to the next round of competition.
- k. In the case of a draw an extra bout must be performed until the places are decided.

**T 51. OFFICIALS FOR PRE-ARRANGED FREE SPARRING**

One (1) Jury President, one (1) Jury Member, one (1) Computer Operator, five (5) Referees, and two (2) Equipment Verifiers.

**SECTION VII – DISPUTE PROCEDURE**

**T 52. PROTEST**

- a. Protests can **ONLY** be presented by an official coach, and **ONLY** when there is an apparent violation of the official rules.
- b. Coach must request a Protest Form from the Jury President immediately after the completion of the match.
- c. Jury President will provide the coach with the official Protest Form, after having received the official Protest Fee.
- d. Ring activities will **NOT** be stopped unless the issue at hand immediately affects the next match or makes it difficult to continue with the draw. Only then will the ring activities be stopped, and only until such time as the protest is resolved.
- e. Each protest must be written on the official Protest Form, in the ENGLISH language.
- f. Each completed Protest Form must be presented to the Jury President of the match in question, no later than five (5) minutes after having received the form.
- g. The protest must be precise and circumstantial.
- h. Jury President will then deliver the completed Protest Form and Protest Fee to the Umpire Committee.
- i. The Umpire Committee will then examine the circumstances of the protest and will decide either.
  - i. To validate the match.
  - ii. To repeat the match.
  - iii. To assign the victory of the match to the opponent. (Sparring, Patterns, Pre-Arranged)
  - iv. To assign or remove points, warnings, fouls, time as necessary
  - v. To disqualify both competitors.

The Protest Fee will only be returned to the protesting coach in the event that the ITF Umpire Committee upholds and validates the protest. Should the coach lose the protest, the Protest Fee will be forfeit.

**T 53. PROTEST - DECISIONS**

- a. In order to give a decision, the Umpire Committee may call on any individual they desire to give evidence concerning the protest.
- b. On reaching a decision the Umpire Committee will notify all parties concerned of this decision.
- c. The Umpire Committee will base their decision on the rules laid down in this document and their decision cannot conflict with the rules of this document.

**T 54. DISQUALIFICATION**

Team Managers/Representatives or Individuals who persist in arguing against decisions made by the Tournament Committee may, at their discretion, have the whole team, school or club or the individual, disqualified from all further events at the championship.

The Tournament Committee will consider the matter at a later date with a view to further action being taken.

**T 55. TEAM/COMPETITOR WITHDRAWAL**

In case of teams or individuals withdrawing from the championship as a protest then the following will result.

- a. Automatic disqualification from that event which means no placing for that event, and therefore no medals.
- b. Automatic disqualification from all further events at the championship
- c. Further disqualification from further events as decided by the ITF Disciplinary Committee and the ITF Board of Directors.

**T 56. ITF ANTI – DOPING CONTROL**

Doping control will be in accordance with ITF Anti Doping Rules and WADA Anti Doping Policy.

**T 57. UNEXPECTED EVENTS**

*(Former U5)*

Any and all cases not stated herein will be dealt with and discussed by the Tournament and Umpire Committees who, to the best of their ability, will reach a fair and equitable decision. The Umpire Committee's decision shall be final.

**T 58. ITF TOURNAMENT COMMITTEE**

The ITF Tournament Committee consists of the ITF Tournament Chairman, and two (2) to four (4) members. Both the Chairman, and the members of the committee are appointed by the ITF Board of Directors.

**T 59. ITF UMPIRE COMMITTEE**

The ITF Umpire Committee consists of the ITF Umpire Chairman, and two (2) to five (5) members. Both the Chairman, and the members of the committee are appointed by the ITF Board of Directors.

**T 60. ITF INFORMATION TECHNOLOGY COMMITTEE**

The ITF Information Technology Committee consists of the ITF Information Technology Chairman, and one (1) to two (2) members. Both the Chairman, and the members of the committee are appointed by the ITF Board of Directors.

**T 61. COPIES OF RULES**

A copy of the ITF Tournament Rules must be present at all tournaments and be accessible to all competitors and officials.

**T 62. IMPLEMENTATION**

October 1, 2020. Warsaw, Poland

Under the Authority of the: ITF Umpire Committee, ITF Tournament Committee, and ITF Information Technology Committee.

## Schedule 1 – Patterns Groups

### T 25. PATTERNS GROUPS

Patterns competitors will be organized into groups according to gender, age and rank, in accordance with the categories as listed below.

<i>World Championship</i>	<i>World Cup</i>
<p><b>a. Individual</b></p> <p>i. Male Junior            14250 Individual Male Junior Pattern 1<sup>st</sup> Dan            14260 Individual Male Junior Pattern 2<sup>nd</sup> Dan            14270 Individual Male Junior Pattern 3<sup>rd</sup> Dan</p> <p>ii. Male Senior            15250 Individual Male Senior Pattern 1<sup>st</sup> Dan            15260 Individual Male Senior Pattern 2<sup>nd</sup> Dan            15270 Individual Male Senior Pattern 3<sup>rd</sup> Dan            15280 Individual Male Senior Pattern 4<sup>th</sup>-6<sup>th</sup> Dan</p> <p>iii. Female Junior            24250 Individual Female Junior Pattern 1<sup>st</sup> Dan            24260 Individual Female Junior Pattern 2<sup>nd</sup> Dan            24270 Individual Female Junior Pattern 3<sup>rd</sup> Dan</p> <p>iv. Female Senior            25250 Individual Female Senior Pattern 1<sup>st</sup> Dan            25260 Individual Female Senior Pattern 2<sup>nd</sup> Dan            25270 Individual Female Senior Pattern 3<sup>rd</sup> Dan            25280 Individual Female Senior Pattern 4<sup>th</sup>-6<sup>th</sup> Dan</p> <p><b>2. Team</b></p> <p>i. Male Junior            64270 Team Male Junior Pattern</p> <p>ii. Male Senior            65280 Team Male Senior Pattern</p> <p>iii. Female Junior            74270 Team Female Junior Pattern</p>	<p><b>a. Individual</b></p> <p>i. Male Pre-Junior            13240 Individual Male 12-14 Years Pattern 4<sup>th</sup>-1<sup>st</sup> Gup            13250 Individual Male 12-14 Years Pattern 1<sup>st</sup> Dan            13260 Individual Male 12-14 Years Pattern 2<sup>nd</sup> Dan            13270 Individual Male 12-14 Years Pattern 3<sup>rd</sup> Dan</p> <p>ii. Male Junior            14240 Individual Male 15-17 Years Pattern 4<sup>th</sup>-1<sup>st</sup> Gup            14250 Individual Male 15-17 Years Pattern 1<sup>st</sup> Dan            14260 Individual Male 15-17 Years Pattern 2<sup>nd</sup> Dan            14270 Individual Male 15-17 Years Pattern 3<sup>rd</sup> Dan</p> <p>iii. Male Senior            15240 Individual Male 18-35 Years Pattern 4<sup>th</sup>-1<sup>st</sup> Gup            15250 Individual Male 18-35 Years Pattern 1<sup>st</sup> Dan            15260 Individual Male 18-35 Years Pattern 2<sup>nd</sup> Dan            15270 Individual Male 18-35 Years Pattern 3<sup>rd</sup> Dan            15280 Individual Male 18-35 Years Pattern 4<sup>th</sup>-6<sup>th</sup> Dan</p>

iv. Female Senior

75280 Team Female Senior Pattern

iv. Male Advanced Senior

16240 Individual Male 36-45 Years Pattern 4<sup>th</sup>-1<sup>st</sup> Gup

16250 Individual Male 36-45 Years Pattern 1<sup>st</sup> Dan

16260 Individual Male 36-45 Years Pattern 2<sup>nd</sup> Dan

16270 Individual Male 36-45 Years Pattern 3<sup>rd</sup> Dan

16280 Individual Male 36-45 Years Pattern 4<sup>th</sup>-6<sup>th</sup> Dan

v. Male Veterans

16240 Individual Male over 45 Years Pattern 4<sup>th</sup>-1<sup>st</sup> Gup

16250 Individual Male over 45 Years Pattern 1<sup>st</sup> Dan

16260 Individual Male over 45 Years Pattern 2<sup>nd</sup> Dan

16270 Individual Male over 45 Years Pattern 3<sup>rd</sup> Dan

16280 Individual Male over 45 Years Pattern 4<sup>th</sup>-6<sup>th</sup> Dan

vi. Pre Female -Junior

23240 Individual Female 12-14 Years Pattern 4<sup>th</sup>-1<sup>st</sup> Gup

23250 Individual Female 12-14 Years Pattern 1<sup>st</sup> Dan

23260 Individual Female 12-14 Years Pattern 2<sup>nd</sup> Dan

23270 Individual Female 12-14 Years Pattern 3<sup>rd</sup> Dan

vii. Female Junior

24240 Individual Female 15-17 Years Pattern 4<sup>th</sup>-1<sup>st</sup> Gup

24250 Individual Female 15-17 Years Pattern 1<sup>st</sup> Dan

24260 Individual Female 15-17 Years Pattern 2<sup>nd</sup> Dan

24270 Individual Female 15-17 Years Pattern 3<sup>rd</sup> Dan



- viii. Female Senior
    - 25240 Individual Female 18-35 Years Pattern 4<sup>th</sup>-1<sup>st</sup> Gup
    - 25250 Individual Female 18-35 Years Pattern 1<sup>st</sup> Dan
    - 25260 Individual Female 18-35 Years Pattern 2<sup>nd</sup> Dan
    - 25270 Individual Female 18-35 Years Pattern 3<sup>rd</sup> Dan
    - 25280 Individual Female 18-35 Years Pattern 4<sup>th</sup>-6<sup>th</sup> Dan
  - ix. Female Advanced Senior
    - 26240 Individual Female 36-45 Years Pattern 4<sup>th</sup>-1<sup>st</sup> Gup
    - 26250 Individual Female 36-45 Years Pattern 1<sup>st</sup> Dan
    - 26260 Individual Female 36-45 Years Pattern 2<sup>nd</sup> Dan
    - 26270 Individual Female 36-45 Years Pattern 3<sup>rd</sup> Dan
    - 26280 Individual Female 36-45 Years Pattern 4<sup>th</sup>-6<sup>th</sup> Dan
  - x. Female Veterans
    - 26240 Individual Female over 45 Years Pattern 4<sup>th</sup>-1<sup>st</sup> Gup
    - 26250 Individual Female over 45 Years Pattern 1<sup>st</sup> Dan
    - 26260 Individual Female over 45 Years Pattern 2<sup>nd</sup> Dan
    - 26270 Individual Female over 45 Years Pattern 3<sup>rd</sup> Dan
    - 26280 Individual Female over 45 Years Pattern 4<sup>th</sup>-6<sup>th</sup> Dan
- 2. Team**
- i. Male Pre-Junior
    - 63240 Team Male 12-14 Years Pattern 4<sup>th</sup>-1<sup>st</sup> Gup
    - 63270 Team Male 12-14 Years Pattern 1<sup>st</sup>-3<sup>rd</sup> Dan

- ii. Male Junior
  - 64240 Team Male 15-17 Years Pattern 4<sup>th</sup>-1<sup>st</sup> Gup
  - 64270 Team Male 15-17 Years Pattern 1<sup>st</sup>-3<sup>rd</sup> Dan
- iii. Male Senior
  - 65240 Team Male 18-35 Years Pattern 4<sup>th</sup>-1<sup>st</sup> Gup
  - 65280 Team Male 18-35 Years Pattern 1<sup>st</sup>-6<sup>th</sup> Dan
- iv. Male Advanced Senior
  - 66240 Team Male 36-45 Years Pattern 4<sup>th</sup>-1<sup>st</sup> Gup
  - 66280 Team Male 36-45 Years Pattern 1<sup>st</sup>-6<sup>th</sup> Dan
- v. Male Veterans
  - 67240 Team Male over 45 Years Pattern 4<sup>th</sup>-1<sup>st</sup> Gup
  - 67280 Team Male over 45 Years Pattern 1<sup>st</sup>-6<sup>th</sup> Dan
- vi. Female Pre-Junior
  - 73240 Team Female 12-14 Years Pattern 4<sup>th</sup>-1<sup>st</sup> Gup
  - 73270 Team Female 12-14 Years Pattern 1<sup>st</sup>-3<sup>rd</sup> Dan
- vii. Female Junior
  - 74240 Team Female 15-17 Years Pattern 4<sup>th</sup>-1<sup>st</sup> Gup
  - 74270 Team Female 15-17 Years Pattern 1<sup>st</sup>-3<sup>rd</sup> Dan
- viii. Female Senior
  - 75240 Team Female 18-35 Years Pattern 4<sup>th</sup>-1<sup>st</sup> Gup
  - 75280 Team Female 18-35 Years Pattern 1<sup>st</sup>-6<sup>th</sup> Dan

**International Taekwon-Do Federation**  
**-Official Rules of Competition-**  
**World Championships and World Cup Events**



ix. Female Advanced Senior

76240 Team Female 36-45 Years Pattern 4<sup>th</sup>-1st  
Gup

76280 Team Female 36-45 Years Pattern 1<sup>st</sup>-6<sup>th</sup>  
Dan

x. Female Veterans

77240 Team Female over 45 Years Pattern 4<sup>th</sup>-  
1st Gup

77280 Team Female over 45 Years Pattern 1<sup>st</sup>-  
6<sup>th</sup> Dan

## Schedule 2 – Sparring Divisions

### T 31. DIVISIONS

Sparring competitors will be organized into divisions according to gender, age and weight, in accordance with the categories as listed below.

<i>World Championship</i>	<i>World Cup</i>
<p><b>a. Individual</b></p> <p>i. Male Junior</p> <p>14171 Individual Male Junior Sparring up to 50 kg (Micro)</p> <p>14172 Individual Male Junior Sparring over 50 to 56 kg (Light)</p> <p>14173 Individual Male Junior Sparring over 56 to 62 kg (Middle)</p> <p>14174 Individual Male Junior Sparring over 62 to 68 kg (Light-Heavy)</p> <p>14175 Individual Male Junior Sparring over 68 to 75 kg (Heavy)</p> <p>14176 Individual Male Junior Sparring over 75 kg (Hyper)</p> <p>ii. Male Senior</p> <p>15181 Individual Male Senior Sparring up to 57 kg (Micro)</p> <p>15182 Individual Male Senior Sparring over 57 to 63 kg (Light)</p> <p>15183 Individual Male Senior Sparring over 63 to 70 kg (Middle)</p> <p>15184 Individual Male Senior Sparring over 70 to 78 kg (Light-Heavy)</p> <p>15185 Individual Male Senior Sparring over 78 to 85 kg (Heavy)</p> <p>15186 Individual Male Senior Sparring over 85 kg (Hyper)</p> <p>iii. Female Junior</p> <p>24171 Individual Female Junior Sparring up to 45 kg (Micro)</p>	<p><b>a. Individual</b></p> <p>i. Male Pre-Junior Coloured Belt</p> <p>13141 Individual Male 12-14 Years Sparring 4<sup>th</sup>-1<sup>st</sup> Gup up to 45 kg</p> <p>13142 Individual Male 12-14 Years Sparring 4<sup>th</sup>-1<sup>st</sup> Gup over 45 to 52 kg</p> <p>13143 Individual Male 12-14 Years Sparring 4<sup>th</sup>-1<sup>st</sup> Gup over 52 to 60 kg</p> <p>13144 Individual Male 12-14 Years Sparring 4<sup>th</sup>-1<sup>st</sup> Gup over 60 kg</p> <p>ii. Male Pre-Junior Black Belt</p> <p>13171 Individual Male 12-14 Years Sparring 1<sup>st</sup>-3<sup>rd</sup> Dan up to 45 kg</p> <p>13172 Individual Male 12-14 Years Sparring 1<sup>st</sup>-3<sup>rd</sup> Dan over 45 to 52 kg</p> <p>13173 Individual Male 12-14 Years Sparring 1<sup>st</sup>-3<sup>rd</sup> Dan over 52 to 60 kg</p> <p>13174 Individual Male 12-14 Years Sparring 1<sup>st</sup>-3<sup>rd</sup> Dan over 60 kg</p> <p>iii. Male Junior Coloured Belt</p> <p>14141 Individual Male 15-17 Years Sparring 4<sup>th</sup>-1<sup>st</sup> Gup up to 50 kg</p> <p>14142 Individual Male 15-17 Years Sparring 4<sup>th</sup>-1<sup>st</sup> Gup over 50 to 56 kg</p> <p>14143 Individual Male 15-17 Years Sparring 4<sup>th</sup>-1<sup>st</sup> Gup over 56 to 62 kg</p> <p>14144 Individual Male 15-17 Years Sparring 4<sup>th</sup>-1<sup>st</sup> Gup over 62 to 68 kg</p> <p>14145 Individual Male 15-17 Years Sparring 4<sup>th</sup>-1<sup>st</sup> Gup over 68 to 75 kg</p>

- 24172 Individual Female Junior Sparring over 45 to 50 kg (Light)
- 24173 Individual Female Junior Sparring over 50 to 55 kg (Middle)
- 24174 Individual Female Junior Sparring over 55 to 60 kg (Light-Heavy)
- 24175 Individual Female Junior Sparring over 60 to 65 kg (Heavy)
- 24176 Individual Female Junior Sparring over 65 kg (Hyper)

**iv. Female Senior**

- 25181 Individual Female Senior Sparring up to 50 kg (Micro)
- 25182 Individual Female Senior Sparring over 50 to 56 kg (Light)
- 25183 Individual Female Senior Sparring over 56 to 62 kg (Middle)
- 25184 Individual Female Senior Sparring over 62 to 68 kg (Light-Heavy)
- 25185 Individual Female Senior Sparring over 68 to 75 kg (Heavy)
- 25186 Individual Female Senior Sparring over 75 kg (Hyper)

N.B.: In individual sparring matches competitors shall participate in the category according to their weight. It is not allowed to participate in any other weight class.

**b. Team**

- i. Male Junior**  
64170 Team Male Junior Sparring
- ii. Male Senior**  
65180 Team Male Senior Sparring
- iii. Female Junior**  
74170 Team Female Junior Sparring
- iv. Female Senior**  
75178 Team Female Senior Sparring

- 14146 Individual Male 15-17 Years Sparring 4<sup>th</sup>-1<sup>st</sup> Gup over 75 kg

**iv. M**

**Male Junior Black Belt**

- 14171 Individual Male 15-17 Years Sparring 1<sup>st</sup>-3<sup>rd</sup> Dan up to 50 kg
- 14172 Individual Male 15-17 Years Sparring 1<sup>st</sup>-3<sup>rd</sup> Dan over 50 to 56 kg
- 14173 Individual Male 15-17 Years Sparring 1<sup>st</sup>-3<sup>rd</sup> Dan over 56 to 62 kg
- 14174 Individual Male 15-17 Years Sparring 1<sup>st</sup>-3<sup>rd</sup> Dan over 62 to 68 kg
- 14175 Individual Male 15-17 Years Sparring 1<sup>st</sup>-3<sup>rd</sup> Dan over 68 to 75 kg
- 14176 Individual Male 15-17 Years Sparring 1<sup>st</sup>-3<sup>rd</sup> Dan over 75 kg

**v. Male Senior Coloured Belt**

- 15141 Individual Male 18-35 Years Sparring 4<sup>th</sup>-1<sup>st</sup> Gup up to 57 kg
- 15142 Individual Male 18-35 Years Sparring 4<sup>th</sup>-1<sup>st</sup> Gup over 57 to 63 kg
- 15143 Individual Male 18-35 Years Sparring 4<sup>th</sup>-1<sup>st</sup> Gup over 63 to 70 kg
- 15144 Individual Male 18-35 Years Sparring 4<sup>th</sup>-1<sup>st</sup> Gup over 70 to 78 kg
- 15145 Individual Male 18-35 Years Sparring 4<sup>th</sup>-1<sup>st</sup> Gup over 78 to 85 kg
- 15146 Individual Male 18-35 Years Sparring 4<sup>th</sup>-1<sup>st</sup> Gup over 85 kg

**vi. Male Senior Black Belt**

- 15181 Individual Male 18-35 Years Sparring 1<sup>st</sup>-6<sup>th</sup> Dan up to 57 kg
- 15182 Individual Male 18-35 Years Sparring 1<sup>st</sup>-6<sup>th</sup> Dan over 57 to 63 kg
- 15183 Individual Male 18-35 Years Sparring 1<sup>st</sup>-6<sup>th</sup> Dan over 63 to 70 kg
- 15184 Individual Male 18-35 Years Sparring 1<sup>st</sup>-6<sup>th</sup> Dan over 70 to 78 kg
- 15185 Individual Male 18-35 Years Sparring 1<sup>st</sup>-6<sup>th</sup> Dan over 78 to 85 kg

Each Team (Male and/or Female of any degree and weight) must consist of five (5) competitors and one (1) reserve (optional).

- 15186 Individual Male 18-35 Years Sparring 1<sup>st</sup>-6<sup>th</sup> Dan over 85 kg
- vii. Male Advanced Senior Coloured Belt
  - 16141 Individual Male 36-45 Years Sparring 4<sup>th</sup>-1<sup>st</sup> Gup up to 68 kg
  - 16142 Individual Male 36-45 Years Sparring 4<sup>th</sup>-1<sup>st</sup> Gup over 68 to 78 kg
  - 16143 Individual Male 36-45 Years Sparring 4<sup>th</sup>-1<sup>st</sup> Gup over 78 kg
- viii. Male Advanced Senior Black Belt
  - 16181 Individual Male 36-45 Years Sparring 1<sup>st</sup>-6<sup>th</sup> Dan up to 68 kg
  - 16182 Individual Male 36-45 Years Sparring 1<sup>st</sup>-6<sup>th</sup> Dan over 68 to 78 kg
  - 16183 Individual Male 36-45 Years Sparring 1<sup>st</sup>-6<sup>th</sup> Dan over 78 kg
- ix. Male Veterans Coloured Belt
  - 17141 Individual Male over 45 Years Sparring 4<sup>th</sup>-1<sup>st</sup> Gup up to 68 kg
  - 17142 Individual Male over 45 Years Sparring 4<sup>th</sup>-1<sup>st</sup> Gup over 68 to 78 kg
  - 17143 Individual Male over 45 Years Sparring 4<sup>th</sup>-1<sup>st</sup> Gup over 78 kg
- x. Male Veterans Black Belt
  - 17181 Individual Male over 45 Years Sparring 1<sup>st</sup>-6<sup>th</sup> Dan up to 68 kg
  - 17182 Individual Male over 45 Years Sparring 1<sup>st</sup>-6<sup>th</sup> Dan over 68 to 78 kg
  - 17183 Individual Male over 45 Years Sparring 1<sup>st</sup>-6<sup>th</sup> Dan over 78 kg
- xi. Female Pre-Junior Coloured Belt
  - 23141 Individual Female 15-17 Years Sparring 4<sup>th</sup>-1<sup>st</sup> Gup up to 38 kg
  - 23142 Individual Female 15-17 Years Sparring 4<sup>th</sup>-1<sup>st</sup> Gup over 38 to 45 kg
  - 23143 Individual Female 15-17 Years Sparring 4<sup>th</sup>-1<sup>st</sup> Gup over 45 kg
- xii. Female Pre-Junior Black Belt

- 23171 Individual Female 12-14 Years Sparring  
1<sup>st</sup>-3<sup>rd</sup> Dan up to 38 kg
- 23172 Individual Female 12-14 Years Sparring  
1<sup>st</sup>-3<sup>rd</sup> Dan over 38 to 45 kg
- 23173 Individual Female 12-14 Years Sparring  
1<sup>st</sup>-3<sup>rd</sup> Dan over 45 kg
- xiii. Female Junior Coloured Belt
  - 24141 Individual Female 15-17 Years Sparring  
4<sup>th</sup>-1<sup>st</sup> Gup up to 45 kg
  - 24142 Individual Female 15-17 Years Sparring  
4<sup>th</sup>-1<sup>st</sup> Gup over 45 to 50 kg
  - 24143 Individual Female 15-17 Years Sparring  
4<sup>th</sup>-1<sup>st</sup> Gup over 50 to 55 kg
  - 24144 Individual Female 15-17 Years Sparring  
4<sup>th</sup>-1<sup>st</sup> Gup over 55 to 60 kg
  - 24145 Individual Female 15-17 Years Sparring  
4<sup>th</sup>-1<sup>st</sup> Gup over 60 to 65 kg
  - 24146 Individual Female 15-17 Years Sparring  
4<sup>th</sup>-1<sup>st</sup> Gup over 65 kg
- xiv. Female Junior Black Belt
  - 24171 Individual Female 15-17 Years Sparring  
1<sup>st</sup>-3<sup>rd</sup> Dan up to 45 kg
  - 24172 Individual Female 15-17 Years Sparring  
1<sup>st</sup>-3<sup>rd</sup> Dan over 45 to 50 kg
  - 24173 Individual Female 15-17 Years Sparring  
1<sup>st</sup>-3<sup>rd</sup> Dan over 50 to 55 kg
  - 24174 Individual Female 15-17 Years Sparring  
1<sup>st</sup>-3<sup>rd</sup> Dan over 55 to 60 kg
  - 24175 Individual Female 15-17 Years Sparring  
1<sup>st</sup>-3<sup>rd</sup> Dan over 60 to 65 kg
  - 24176 Individual Female 15-17 Years Sparring  
1<sup>st</sup>-3<sup>rd</sup> Dan over 65 kg
- xv. Female Senior Coloured Belt
  - 25141 Individual Female 18-35 Years Sparring  
4<sup>th</sup>-1<sup>st</sup> Gup up to 50 kg
  - 25142 Individual Female 18-35 Years Sparring  
4<sup>th</sup>-1<sup>st</sup> Gup over 50 to 56 kg
  - 25143 Individual Female 18-35 Years Sparring  
4<sup>th</sup>-1<sup>st</sup> Gup over 56 to 62 kg
  - 25144 Individual Female 18-35 Years Sparring  
4<sup>th</sup>-1<sup>st</sup> Gup over 62 to 68 kg

- 25145 Individual Female 18-35 Years Sparring  
4<sup>th</sup>-1<sup>st</sup> Gup over 68 to 75 kg
- 25146 Individual Female 18-35 Years Sparring  
4<sup>th</sup>-1<sup>st</sup> Gup over 75 kg
- xvi. Female Senior Black Belt
  - 25181 Individual Female 18-35 Years Sparring  
1<sup>st</sup>-6<sup>th</sup> Dan up to 50 kg
  - 25182 Individual Female 18-35 Years Sparring  
1<sup>st</sup>-6<sup>th</sup> Dan over 50 to 56 kg
  - 25183 Individual Female 18-35 Years Sparring  
1<sup>st</sup>-6<sup>th</sup> Dan over 56 to 62 kg
  - 25184 Individual Female 18-35 Years Sparring  
1<sup>st</sup>-6<sup>th</sup> Dan over 62 to 68 kg
  - 25185 Individual Female 18-35 Years Sparring  
1<sup>st</sup>-6<sup>th</sup> Dan over 68 to 75 kg
  - 25186 Individual Female 18-35 Years Sparring  
1<sup>st</sup>-6<sup>th</sup> Dan over 75 kg
- xvii. Female Advanced Senior Coloured Belt
  - 26141 Individual Female 36-45 Years Sparring  
4<sup>th</sup>-1<sup>st</sup> Gup up to 55 kg
  - 26142 Individual Female 36-45 Years Sparring  
4<sup>th</sup>-1<sup>st</sup> Gup over 55 kg
- xviii. Female Advanced Senior Black Belt
  - 26181 Individual Female 36-45 Years Sparring  
1<sup>st</sup>-6<sup>th</sup> Dan up to 55 kg
  - 26182 Individual Female 36-45 Years Sparring  
1<sup>st</sup>-6<sup>th</sup> Dan over 55 kg
- xix. Female Veterans Coloured Belt
  - 27141 Individual Female over 45 Years Sparring  
4<sup>th</sup>-1<sup>st</sup> Gup up to 55 kg
  - 27142 Individual Female over 45 Years Sparring  
4<sup>th</sup>-1<sup>st</sup> Gup over 55 kg
- xx. Veterans Female Black Belt
  - 27181 Individual Female over 45 Years Sparring  
1<sup>st</sup>-6<sup>th</sup> Dan up to 55 kg
  - 27182 Individual Female over 45 Years Sparring  
1<sup>st</sup>-6<sup>th</sup> Dan over 55 kg



Individual Sparring categories must consist of at least two (2) competitors. In the event that a category has only one competitor, that competitor will be moved to another category

**b. Team**

- i. Male Pre-Junior Coloured Belt  
63140 Team Male 12-14 Years Sparring 4<sup>th</sup>-1<sup>st</sup>  
Gup
- ii. Male Pre-Junior Black Belt  
63170 Team Male 12-14 Years Sparring 1<sup>st</sup>-3<sup>rd</sup>  
Dan
- iii. Male Junior Coloured Belt  
64140 Team Male 15-17 Years Sparring 4<sup>th</sup>-1<sup>st</sup>  
Gup
- iv. Male Junior Black Belt  
64170 Team Male 15-17 Years Sparring 1<sup>st</sup>-3<sup>rd</sup>  
Dan
- v. Male Senior Coloured Belt  
65140 Team Male 18-35 Years Sparring 4<sup>th</sup>-1<sup>st</sup>  
Gup
- vi. Male Senior Black Belt  
65180 Team Male 18-35 Years Sparring 1<sup>st</sup>-6<sup>th</sup>  
Dan
- vii. Male Advanced Senior Coloured Belt  
66140 Team Male 36-45 Years Sparring 4<sup>th</sup>-1<sup>st</sup>  
Gup
- viii. Male Advanced Senior Black Belt  
66180 Team Male 36-45 Years Sparring 1<sup>st</sup>-6<sup>th</sup>  
Dan
- ix. Male Veterans Coloured Belt  
67140 Team Male over 45 Years Sparring 4<sup>th</sup>-1<sup>st</sup>  
Gup

- x. Male Veterans Black Belt  
67180 Team Male over 45 Years Sparring 1<sup>st</sup>-6<sup>th</sup>  
Dan
- xi. Female Pre-Junior Coloured Belt  
73140 Team Female 12-14 Years Sparring 4<sup>th</sup>-1<sup>st</sup>  
Gup
- xii. Female Pre-Junior Black Belt  
73170 Team Female 12-14 Years Sparring 1<sup>st</sup>-3<sup>rd</sup>  
Dan
- xiii. Female Junior Coloured Belt  
74140 Team Female 15-17 Years Sparring 4<sup>th</sup>-1<sup>st</sup>  
Gup
- xiv. Female Junior Black Belt  
74170 Team Female 15-17 Years Sparring 1<sup>st</sup>-3<sup>rd</sup>  
Dan
- xv. Female Senior Coloured Belt  
75140 Team Female 18-35 Years Sparring 4<sup>th</sup>-1<sup>st</sup>  
Gup
- xvi. Female Senior Black Belt  
75180 Team Female 18-35 Years Sparring 1<sup>st</sup>-6<sup>th</sup>  
Dan
- xvii. Female Advanced Senior Coloured Belt  
76140 Team Female 36-45 Years Sparring 4<sup>th</sup>-1<sup>st</sup>  
Gup
- xviii. Female Advanced Senior Black Belt  
76180 Team Female 36-45 Years Sparring 1<sup>st</sup>-6<sup>th</sup>  
Dan
- xix. Female Veterans Coloured Belt  
77140 Team Female over 45 Years Sparring 4<sup>th</sup>-  
1<sup>st</sup> Gup
- xx. Female Veterans Black Belt  
77180 Team Female over 45 Years Sparring 1<sup>st</sup>-  
6<sup>th</sup> Dan

- c. Each Sparring Team (Male and/or Female) must consist of a minimum of three (3), and a maximum of five (5) competitors and may have one (1) optional reserve.
- d. Coloured Belts must compete with Coloured Belts.
- e. Black Belts must compete with Black Belts.
- f. Black Belts may be of any degree from 1st to 6th.
- g. Team Members may be of any weight division.
- i. Age classes cannot be combined. \*See Rule T5.
- i. In a case that a team consists of only three (3) competitors, then they will forfeit right (8) judge's decisions.
- j. In a case that a team consists of only four (4) competitors, then they will forfeit four (4) judge's decisions.

## Schedule 3 – Power Breaking Divisions

### T 43. DIVISIONS

Power Breaking competitors will be organized into groups according to gender and age, in accordance with the categories as listed below.

<i>World Championship</i>	<i>World Cup</i>
<p><b>a. Individual</b></p> <ul style="list-style-type: none"> <li>i. Male Junior 14370 Individual Male Junior Power Test</li> <li>ii. Male Senior 15380 Individual Male Senior Power Test</li> <li>iii. Female Junior 24370 Individual Female Junior Power Test</li> <li>iv. Female Senior 25380 Individual Female Senior Power Test</li> </ul> <p><b>b. Team</b></p> <ul style="list-style-type: none"> <li>i. Male Junior 64370 Team Male Junior Power Test</li> <li>ii. Male Senior 65380 Team Male Senior Power Test</li> <li>iii. Female Junior 74370 Team Female Junior Power Test</li> <li>iv. Female Senior 75380 Team Female Senior Power Test</li> </ul> <p>It is compulsory for each competitor to attempt, according to the mentioned order, all the items listed for his/her group.</p>	<p><b>a. Individual</b></p> <ul style="list-style-type: none"> <li>i. Male Senior 15380 Individual Male 18-35 Years Power Test 1<sup>st</sup>-6<sup>th</sup> Dan</li> <li>ii. Male Advanced Senior 16380 Individual Male 36-45 Years Power Test 1<sup>st</sup>-6<sup>th</sup> Dan</li> <li>iii. Male Veterans 17380 Individual Male over 45 Years Power Test 1<sup>st</sup>-6<sup>th</sup> Dan</li> <li>iv. Female Senior 25380 Individual Female 18-35 Years Power Test 1<sup>st</sup>-6<sup>th</sup> Dan</li> <li>v. Female Advanced Senior 26380 Individual Female 36-45 Years Power Test 1<sup>st</sup>-6<sup>th</sup> Dan</li> <li>vi. Female Veterans 27380 Individual Female over 45 Years Power Test 1<sup>st</sup>-6<sup>th</sup> Dan</li> </ul> <p><b>b. Hand Techniques:      Foot Techniques:</b></p> <ul style="list-style-type: none"> <li>i. Ap Joomuk Jirugi      i. Yop Cha Jirugi</li> <li>ii. Sonkal Taerigi      ii. Dollyo Chagi</li> <li>iii. Dung Joomuk Taerigi      iii. Dwit Chagi</li> <li>iv. Sonkal Dung Taerigi      iv. Bandae Dollyo Chagi</li> </ul>

International Taekwon-Do Federation  
-Official Rules of Competition-  
World Championships and World Cup Events



d. **Male:**

- i. Ap Joomuk Jirugi
- ii. Sonkal Taerigi
- iii. Yop Cha Jirugi
- iv. Dollyo Chagi
- v. Bandae Dollyo Chagi

**Female:**

- i. Sonkal Taerigi
- ii. Yop Cha Jirugi
- iii. Dollyo Chagi

## Schedule 4 – Special Technique Divisions

### **T 46. DIVISIONS**

Special Technique Breaking competitors will be organized into groups according to gender and age, in accordance with the categories as listed below.

<i>World Championship</i>	<i>World Cup</i>
<p><b>a. Individual</b></p> <ul style="list-style-type: none"> <li>i. Male Junior 14470 Individual Male Junior Special Technique</li> <li>ii. Male Senior 15480 Individual Male Senior Special Technique</li> <li>iii. Female Junior 24470 Individual Female Junior Special Technique</li> <li>iv. Female Senior 25480 Individual Female Senior Special Technique</li> </ul> <p><b>b. Team</b></p> <ul style="list-style-type: none"> <li>i. Male Junior 64470 Team Male Junior Special Technique</li> <li>ii. Male Senior 65480 Team Male Senior Special Technique</li> <li>iii. Female Junior 74470 Team Female Junior Special Technique</li> </ul>	<p><b>a. Individual</b></p> <ul style="list-style-type: none"> <li>i. Male Pre-Junior 13440 Individual Male 12-14 Years Special Technique 4<sup>th</sup>-1<sup>st</sup> Gup</li> <li>ii. 13470 Individual Male 12-14 Years Special Technique 1<sup>st</sup>-3<sup>rd</sup> Dan</li> <li>iii. Male Junior 14440 Individual Male 15-17 Years Special Technique 4<sup>th</sup>-1<sup>st</sup> Gup</li> <li>iv. 14470 Individual Male 15-17 Years Special Technique 1<sup>st</sup>-3<sup>rd</sup> Dan</li> <li>v. Male Senior 15440 Individual Male 18-35 Years Special Technique 4<sup>th</sup>-1<sup>st</sup> Gup</li> <li>vi. 15480 Individual Male 18-35 Years Special Technique 1<sup>st</sup>-6<sup>th</sup> Dan</li> <li>vii. Male Advanced Senior 16440 Individual Male 36-45 Years Special Technique 4<sup>th</sup>-1<sup>st</sup> Gup</li> </ul>

- iv. Female Senior  
 75480 Team Female Senior Special  
 Technique

It is compulsory for each competitor to attempt, according to the mentioned order, all the items listed for his/her group.

Male:

- i. Twimyo Nopi  
Ap Cha Busigi
- ii. Twimyo Dollyo  
Chagi
- iii. Twio Dolmyo  
Yop Cha Jirugi
- iv. Twimyo Bandae  
Dollyo Chagi
- v. Twimyo Nomo  
Yop Cha Jirugi

Female:

- i. Twimyo Nopi  
Ap Cha Busigi
- ii. Twimyo Dollyo  
Chagi
- iii. Twimyo Nomo  
Yop Cha Jirugi

- viii. 16480 Individual Male 36-45 Years Special  
Technique  
1<sup>st</sup>-6<sup>th</sup> Dan
- ix. Male Veterans  
17440 Individual Male over 45 Years Special  
Technique  
4<sup>th</sup>-1<sup>st</sup> Gup
- x. 17480 Individual Male over 45 Years Special  
Technique  
1<sup>st</sup>-6<sup>th</sup> Dan
- xi. Female Pre-Junior  
23440 Individual Female 12-14 Years Special  
Technique  
4<sup>th</sup>-1<sup>st</sup> Gup
- xii. 23470 Individual Female 12-14 Years Special  
Technique  
1<sup>st</sup>-3<sup>rd</sup> Dan
- xiii. Female Junior  
24440 Individual Female 15-17 Years Special  
Technique  
4<sup>th</sup>-1<sup>st</sup> Gup
- xiv. 24470 Individual Female 15-17 Years Special  
Technique  
1<sup>st</sup>-3<sup>rd</sup> Dan
- xv. Female Senior  
25440 Individual Female 18-35 Years Special  
Technique  
4<sup>th</sup>-1<sup>st</sup> Gup
- xvi. 25480 Individual Female 18-35 Years Special  
Technique  
1<sup>st</sup>-6<sup>th</sup> Dan
- xvii. Female Advanced Senior  
26440 Individual Female 36-45 Years Special  
Technique  
4<sup>th</sup>-1<sup>st</sup> Gup

- xviii. 26480 Individual Female 36-45 Years Special Technique  
1<sup>st</sup>-6<sup>th</sup> Dan
- xix. Female Veterans  
27440 Individual Female over 45 Years Special Technique  
4<sup>th</sup>-1<sup>st</sup> Gup
- xx. 27480 Individual Female over 45 Years Special Technique  
1<sup>st</sup>-6<sup>th</sup> Dan

It is compulsory for each competitor to attempt, according to the mentioned order, all the items listed for his/her group.

- a. Twimyo Nopi Ap Cha Busigi
- b. Twimyo Nomo Yop Cha Jirugi



## Schedule 5 – Pre-Arranged Sparring Divisions

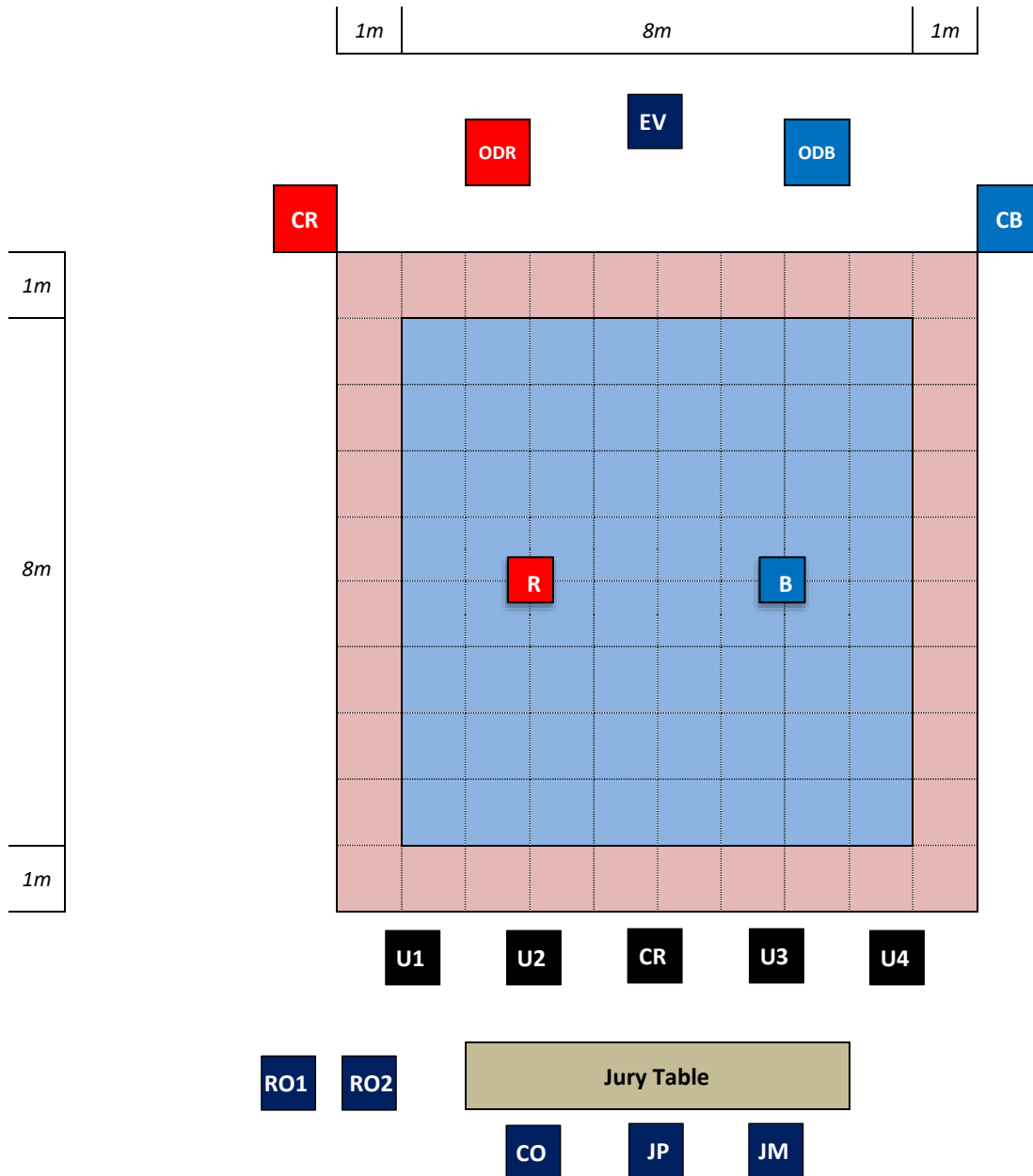
### **T 49. DIVISIONS**

Pre-Arranged Sparring competitors will be organized into groups according to gender and age, in accordance with the categories as listed below.

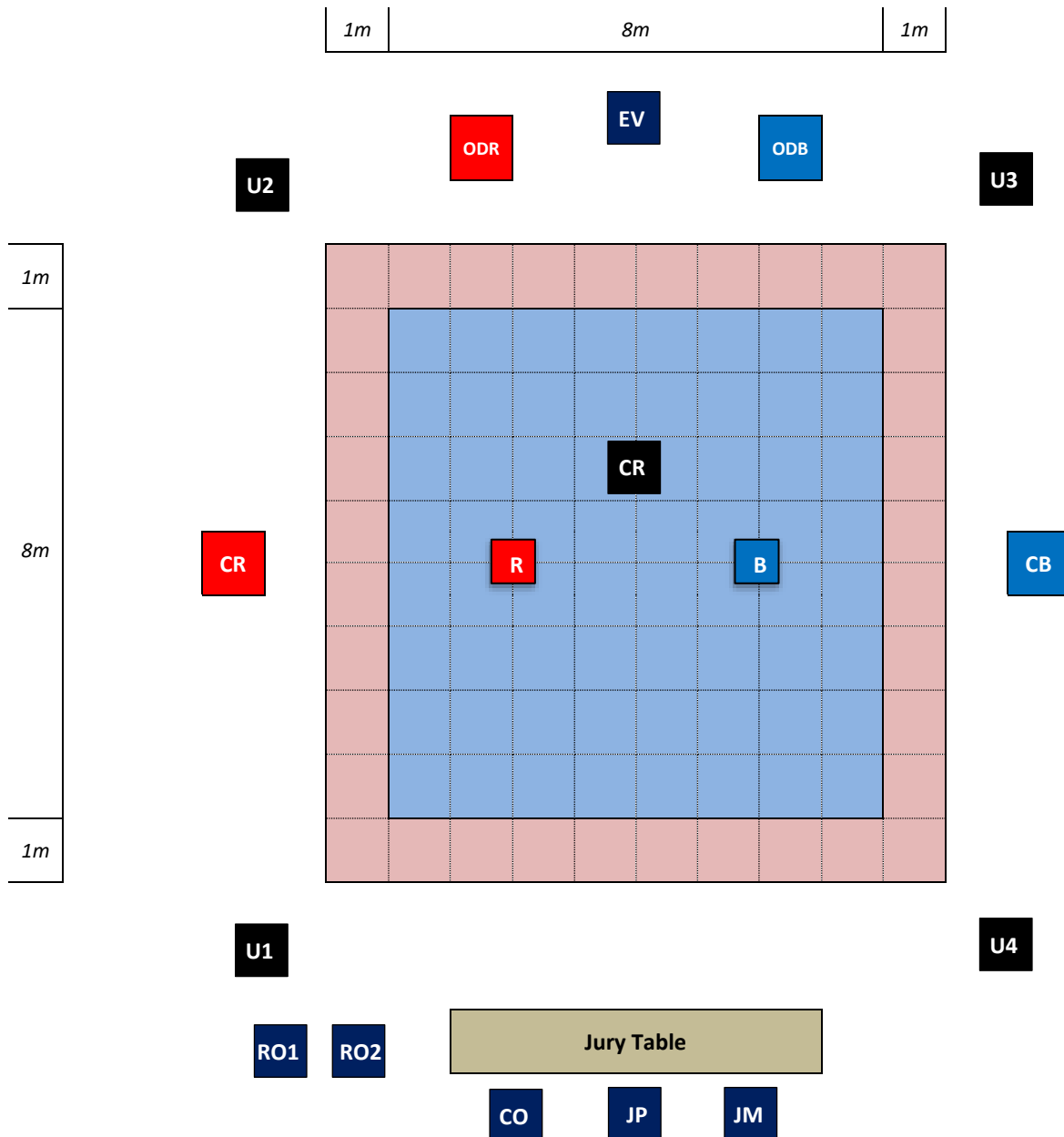
<i>World Championship</i>	<i>World Cup</i>
<p><b>a. Team</b></p> <ul style="list-style-type: none"> <li>i. Mixed Couple Junior 54570 Team Male/Female/Mixed Couple Junior Pre-Arranged Sparring</li> <li>ii. Mixed Couple Senior 54580 Team Male/Female/Mixed Couple Senior Pre-Arranged Sparring</li> </ul>	<p><b>a. Team</b></p> <ul style="list-style-type: none"> <li>i. Male Pre-Junior 63570 Team Male 12-14 Years Pre-Arranged Sparring 1<sup>st</sup>-3<sup>rd</sup> Dan</li> <li>ii. Male Junior 64570 Team Male 15-17 Years Pre-Arranged Sparring 1<sup>st</sup>-3<sup>rd</sup> Dan</li> <li>iii. Male Senior 65580 Team Male 18-35 Years Pre-Arranged Sparring 1<sup>st</sup>-6<sup>th</sup> Dan</li> <li>iv. Male Advanced Senior 66580 Team Male 36-45 Years Pre-Arranged Sparring 1<sup>st</sup>-6<sup>th</sup> Dan</li> <li>v. Male Advanced Senior 67580 Team Male over 45 Years Pre-Arranged Sparring 1<sup>st</sup>-6<sup>th</sup> Dan</li> <li>vi. Female Pre-Junior 73570 Team Female 12-14 Years Pre-Arranged Sparring 1<sup>st</sup>-3<sup>rd</sup> Dan</li> <li>vii. Female Junior 74570 Team Female 15-17 Years Pre-Arranged Sparring 1<sup>st</sup>-3<sup>rd</sup> Dan</li> <li>viii. Female Senior 75580 Team Female 18-35 Years Pre-Arranged Sparring 1<sup>st</sup>-6<sup>th</sup> Dan</li> <li>ix. Female Advanced Senior 76580 Team Female 36-45 Years Pre-Arranged Sparring 1<sup>st</sup>-6<sup>th</sup> Dan</li> </ul>

- x. Female Advanced Senior  
77580 Team Female over 45 Years Pre-  
Arranged Sparring 1<sup>st</sup>-6<sup>th</sup> Dan

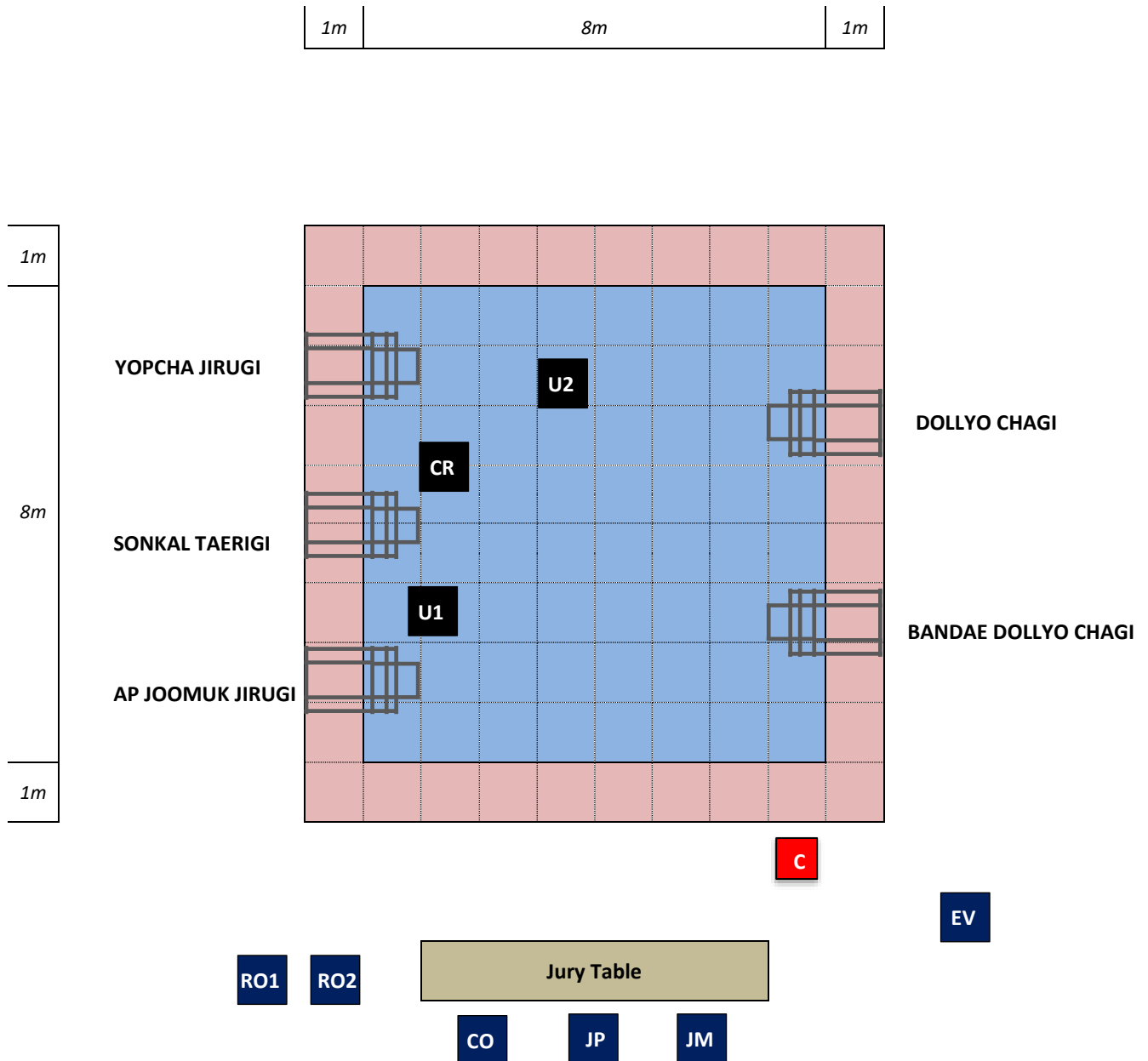
**Diagram 1. Ring Size – Patterns, Team Patterns, Pre-Arranged Sparring**



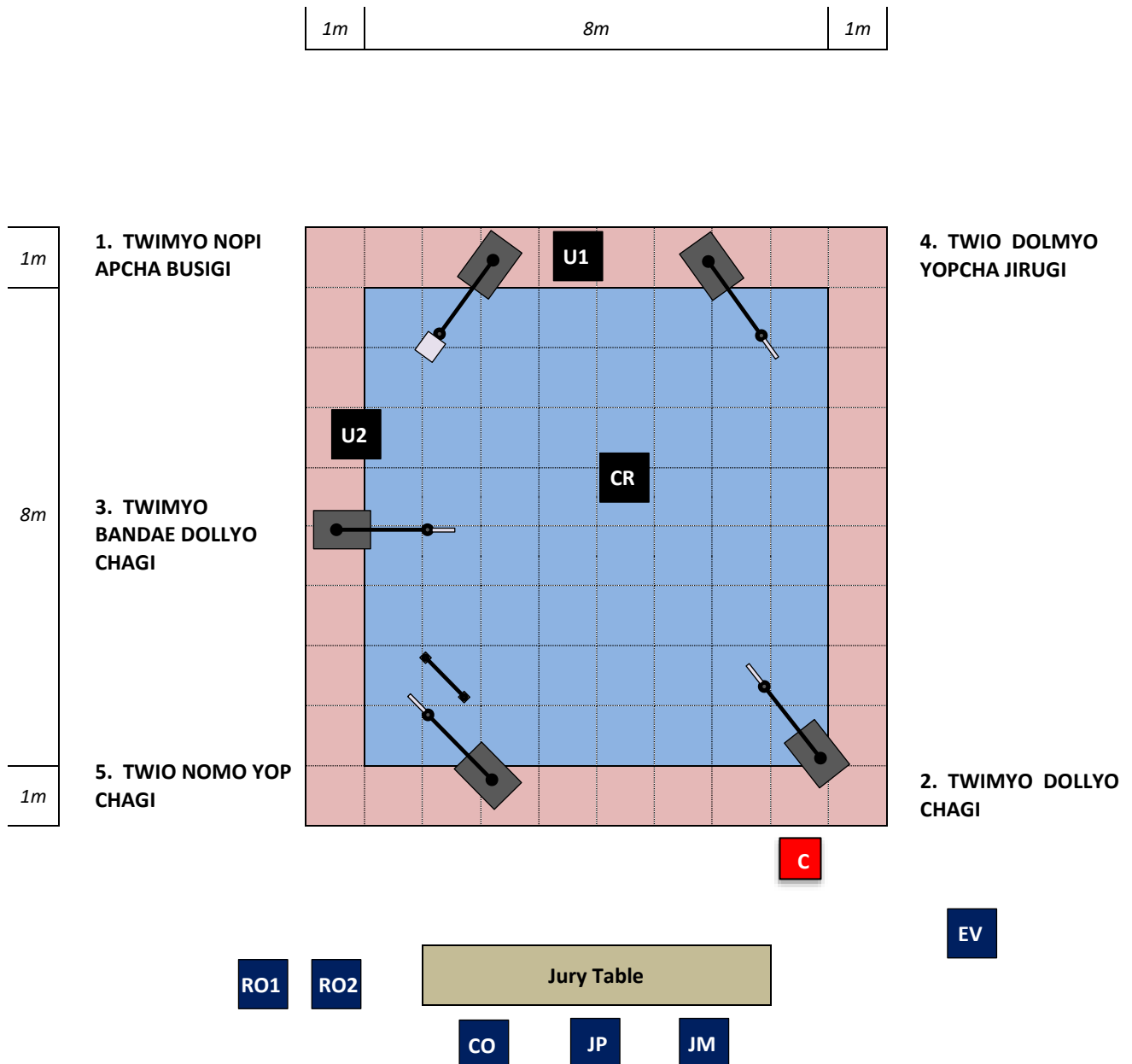
**Diagram 2 Ring Size – Sparring, Team Sparring**



**Diagram 3 Ring Size – Power Breaking**



**Diagram 4 Ring Size – Special Technique**



## Appendix 1 – Scoring Procedure

### SP 1. Purpose

The purpose of this Appendix 1 – Scoring Procedure is to:

- a. Standardize the judgement criteria of Jury Members, Referees and Umpires.
- b. Protect the authority of the Jury Members, Referees, and Umpires.
- c. Outline the Rights and Duties of Jury Members, Referees and Umpires.

### SP 2. Application

These rules are to be applied at every official ITF sanctioned championship for degree holders.

### SP 3. Individual Pattern

- a. Competitors will compete against one another (1 to 1).
- b. Both competitors will perform, simultaneously the designated patterns appropriate to their degree. (See article T.27 of the ITF World Junior & Senior Tournament Rules).
- c. The first designated pattern will be chosen at random from the last three patterns appropriate to their level of degree.
- d. The second designated pattern will be chosen at random from the remaining patterns appropriate from Chon-Ji up to their level of degree.
- e. All designated patterns shall be drawn at random using the ITF Electronic Scoring System and shall be overseen and verified by the Jury President.

### Scoring Procedure

- f. Umpires shall score all point(s) electronically as indicated in the ITF World Junior & Senior Tournament Rules, and the following decisions will apply:

Level 1: Umpires will deduct up to 6 points in total (in .2 increments only) for each technical error noted or will give a total score of 0 if a major penalty event is noted. Umpires will then move to Level 2 scoring.

Level 2: Umpires will deduct of to a further 2 points (in .5 increments only) for errors in overall rhythm and or sine wave. Umpires will then move to Level 3 scoring

Level 3: Umpires will deduct of to a further 2 points (in .5 increments only) for errors in overall power.

Total Score: The SPORTDATA System will calculate the total score for each competitor According to the deductions issued by each umpire.

- g. The competitor obtaining the majority of umpire votes, with a minimum of two (2) Umpire votes in his favour, shall be declared the winner and advance to the next round of competition.
- h. In the case of a draw, another designated pattern must be performed (with the previous designated patterns removed from the draw) until the winner is decided.

#### INDIVIDUAL PATTERN PENALTIES

*You have 10 points in total – Please deduct for each offense committed*

Scoring Level 1	DEDUCT 0.2 POINTS, PER OCCURRENCE, FOR EACH MISTAKE PERFORMED. FOR EXAMPLE, THOUGH NOT LIMITED TO
	Not calling, or calling the incorrect pattern name
	Shouting or "Kihap" at any time during, or at the end of the pattern
	Performing a technique at the incorrect height
	Losing balance
	Hesitating and/or stopping for <b>more than a split of a second</b>
	Not returning to the starting spot ( <i>within a distance of one shoulder radius</i> )
	Lack of power on a specific technique
	Returning to the starting spot with the wrong foot
	Stepping completely out of the ring with both feet
	Inaccurate or Incorrect Stepping ( <i>foot placement after kicking, spot turning, pivoting, foot to foot placement, shifting, sliding....</i> )
	Inaccurate or Incorrect Breathing
	Inaccurate or Incorrect Preparation or Execution of technique ( <i>i.e. crossing, pre-action, flying, jumping...</i> )
	Inaccurate or Incorrect Sine-Wave
	Inaccurate or Incorrect Stance
Maximum of 6 points total for deduction	Inaccurate or Incorrect Motion ( <i>i.e. continuous, connecting, slow, fast, natural, normal</i> )
	Attacking or defending with a wrong technique
	Incorrect suspension ( <i>holding</i> ) or termination ( <i>retraction</i> ) of a kick, according to the technical definition for that technique.

Terminal Penalties	GIVE 0 POINTS (for entire pattern) FOR:
	Stopping the pattern completely and/or not finishing the pattern
	Pausing and/or stopping for <b>more than 2</b> full seconds
	Starting the pattern toward the wrong direction ( <i>side/front/rear</i> )
Given During Level 1 Scoring	Starting a different pattern than the designated one, or with any fundamental technique other than the one defined for that pattern
	Failing to perform the total number of movements required by the technical directions of the pattern. ( <i>Forgetting or adding one or more moves</i> )

**Note:** In the event that a single technique has multiple errors, deduct one penalty for each error performed

*(For example: If the pattern requires a walking stance - high forefist punch, however the competitor performs an L-Stance - middle fingertip thrust, deduct 0.2 points for the incorrect technique. 0.2 for incorrect height, and 0.2 for incorrect stance; for a total of 0.6 deductions)*

Scoring Level 2	DEDUCT A MAXIMUM OF 2 POINTS AT END OF PERFORMANCE (In 0.5 increments) FOR:
	Overall Rhythm and Sine Wave

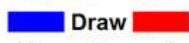
Scoring Level 3	DEDUCT A MAXIMUM OF 2 POINTS AT END OF PERFORMANCE (In 0.5 increments) FOR:
	Overall Power

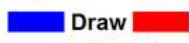


Scoring Example:

Result after the first designated pattern:

Result after the second designated pattern:

<b>R 1 M Pat, 1.Dan, Sen.</b> <b>124 FIN 16 ARG 1628</b> Surname, Forename Surname, Forename									
<b>KWANG-GAE</b>									
7,0	6,5	7,5	7,5	7,5	6,5	6,0	6,5	7,0	7,0
0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0
7,0	6,5	7,5	7,5	7,5	6,5	6,0	6,5	7,0	7,0
<b>873</b>	GR				<b>A. 1628</b>				
41	NO	<b>2 - 2 - 1</b>				<b>1800</b>			

<b>R 1 M Pat, 1.Dan, Sen.</b> <b>124 FIN 16 ARG 1628</b> Surname, Forename Surname, Forename									
<b>YUL-GOK</b>									
7,0	6,5	7,5	7,5	7,5	6,5	6,0	6,5	7,0	7,0
7,0	6,0	7,0	6,5	6,5	6,5	7,0	7,0	6,5	7,0
14,0	12,5	14,5	14,0	14,0	13,0	13,0	13,5	13,5	14,0
<b>873</b>	GR				<b>A. 1628</b>				
41	NO	<b>3 - 0 - 2</b>				<b>1800</b>			

**SP 4. Team Pattern**

- a. Both teams shall perform both one (1) optional and one (1) designated pattern in the following order:
  - Team 1 – Optional pattern
  - Team 2 – Optional pattern
  - Team 1 – Designated pattern
  - Team 2 – Designated pattern

**b. Scoring Procedure**

Level 1: Umpires will deduct up to 5 points in total (in .2 increments only) for each technical error noted or will give a total score of 0 if a major penalty event is noted. Umpires will then move to Level 2 scoring.

Level 2: Umpires will deduct of to a further 4 points (in .5 increments only) for errors in Teamwork, Choreography, and Difficulty. Umpires will then move to Level 3 scoring.

Level 3: Umpires will deduct of to a further 1 point (in .5 increments only) for errors in overall power.

Total Score: The SPORTDATA System will calculate the total score for each competitor according to the deductions issued by each umpire.

- c. After deducting points for errors, the Umpires shall give a score between 0 and 10 points for each pattern performed, based upon choreography, teamwork, technical content, power, balance, breathing and sine wave.
- d. The team obtaining the majority of umpire votes, with a minimum of two (2) Umpire votes in his favour shall be declared the winner and advance to the next round of competition.
- e. In the case of a draw, another designated pattern must be performed (with the previous designated patterns removed from the draw) until the winner is decided.

**TEAM PATTERN PENALTIES**

*You have 10 points in total – Please deduct for each offense committed*

Scoring Level 1	<b>DEDUCT 0.2 POINTS, PER OCCURRENCE, FOR EACH MISTAKE PERFORMED. FOR EXAMPLE, THOUGH NOT LIMITED TO</b>
	Not calling, or calling the incorrect pattern name
	Shouting or "Kihap" at any time during, or at the end of the pattern
	Performing a technique at the incorrect height
	Losing balance
	Hesitating and/or stopping for <b>more than a split of a second</b>
	Not returning to the starting spot ( <i>within a distance of one shoulder radius</i> )
	Returning to the starting spot with the wrong foot
	Lack of power on a specific technique
	Stepping completely out of the ring with both feet
	Inaccurate or Incorrect Stepping
	Inaccurate or Incorrect Breathing
	Inaccurate or Incorrect Preparation or Execution of technique ( <i>i.e. crossing, pre-action, flying, jumping...</i> )
	Inaccurate or Incorrect Sine-Wave
	Inaccurate or Incorrect Stance
	<i>Maximum of 5 points total for deduction</i>
Attacking or defending with a wrong technique	
Not withdrawing a snap kick immediately after execution ( <i>Front/Sidefront/Turning/Middle or High Twist Kick</i> )	
Failure of at least one competitor to continue the prescribed rhythm of the pattern at all times	

Terminal Penalties  <i>Given During Level 1 Scoring</i>	<b>GIVE 0 POINTS (for entire pattern) FOR:</b>
	Stopping the pattern completely and/or not finishing the pattern
	Pausing and/or stopping for <b>more than 2</b> full seconds
	Starting the pattern toward the wrong direction ( <i>side/front/rear</i> )
	Starting a different pattern than the designated one, or with any fundamental technique other than the one defined for that pattern
	Failing to perform the total number of movements required by the technical directions of the pattern. ( <i>Forgetting or adding one or more moves</i> )

**Note:** *In the event that a single technique has multiple errors, deduct one penalty for each error performed (For example: If the pattern requires a walking stance - high forefist punch, however the competitor performs an L-Stance - middle fingertip thrust, deduct 0.2 points for the incorrect technique. 0.2 for incorrect height, and 0.2 for incorrect stance; for a total of 0.6 deductions)*

Scoring Level 2	<b>DEDUCT A MAXIMUM OF 4 POINTS AT END OF PERFORMANCE (In 0.5 increments) FOR:</b>
	Teamwork, Choreography, and Difficulty

Scoring Level 3	<b>DEDUCT A MAXIMUM OF 1 POINT AT END OF PERFORMANCE (In 0.5 increments) FOR:</b>
	Overall Power

Scoring Example:

Result after the optional team pattern:

Total result after optional and designated team pattern:

<b>R 1 M Pat, Team, Sen.</b> <hr/> <b>124 ENG 16 POL 1628</b> England Poland										<b>R 1 M Pat, Team, Sen.</b> <hr/> <b>124 ENG 16 POL 1628</b> England Poland									
<b>OPTIONAL PATTERN</b>										<b>YUL-GOK</b>									
7,0	6,5	7,5	7,5	7,5	6,5	6,0	6,5	7,0	7,0	7,0	6,5	7,5	7,5	7,5	6,5	6,0	6,5	7,0	7,0
0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	0,0	7,0	6,0	7,0	6,5	6,5	6,5	7,0	7,0	6,5	7,0
7,0	6,5	7,5	7,5	7,5	6,5	6,0	6,5	7,0	7,0	14,0	12,5	14,5	14,0	14,0	13,0	13,0	13,5	13,5	14,0
<b>873 GR</b> <b>Draw</b> <b>A. 1628</b> <b>41 NO</b> <b>2 - 2 - 1</b> <b>1800</b>										<b>873 GR</b> <b>Draw</b> <b>A. 1628</b> <b>41 NO</b> <b>3 - 0 - 2</b> <b>1800</b>									

**SP 5. Individual Sparring**

Corner Umpires shall score all point(s) electronically, as indicated in the ITF World Junior & Senior Tournament Rules, and the following decisions will apply:

Individual

- The competitor obtaining the majority of umpire votes with a minimum of two (2) Umpire votes in his favour, shall be declared the winner and advance to the next round of competition.
- In the case of a draw, then a one (1) minute extension will follow.
- In the case of another draw, the first scored point will decide who the winner is.

Scoring Example:

<b>Ring 1 M Sp, -85kg, Sen.</b> <hr/> <b>124 FIN 16 ARG 1628</b> Surname, Forename Surname, Forename													
<b>2 0:00</b>													
Foul      Result      Foul X													
<b>04</b>		<b>2</b>		<b>1</b>		<b>0</b>		<b>3</b>		<b>1</b>		<b>07</b>	
		<b>3</b>		<b>5</b>		<b>3</b>		<b>5</b>					
		<b>3</b>		<b>4</b>		<b>4</b>		<b>3</b>					

### SP 6. Team Sparring

Corner Umpires shall score all point(s) electronically as indicated in the ITF World Junior & Senior Tournament Rules, and the following decisions will apply:

- a. The team obtaining - after five (5) sparring bouts - the majority of total umpire votes shall be declared the winner and advance to the next round of competition.
- b. In the case of a draw after the five (5) sparring bouts, each coach will select one (1) competitor to spar an extra bout of two (2) minutes.
  - i. The competitor obtaining the majority of umpire votes, with a minimum of two (2) Umpire votes in his favour, shall be declared the winner and the Team shall advance to the next round of competition.
  - ii. In the case of another draw, the same competitor will spar again until the first scored point is made; the competitor with the majority of umpire votes, with a minimum of two (2) Umpire votes in his favour, will be declared the winner and the Team shall advance to the next round of competition.

### Other

- c. In the event that a team withdraws a competitor, the other team shall receive (fifteen) 15 points. The time at which the competitor is withdrawn is not important; the same penalty applies if the withdrawal is made at the beginning of the match or five (5) seconds before the match ends.

#### Implementation:

In the event that a team withdraws a competitor, the Jury President will give verbal permission to the Computer Assistant to execute the "Withdraw - (Red or Blue)" command on the computer, resulting in the opposing team automatically receiving 15 points.

- d. In the event that a competitor is: 1) injured and therefore unable to continue competing according to the doctor's decision; 2) disqualified; or 3) receives three (3) directly given fouls, the other team shall receive four (4) points.

#### Implementation:

In the event that a competitor is injured, disqualified or receives 3 fouls, the Jury President will give verbal permission to the Computer Assistant to execute the "Disqualify - (Red or Blue)" command on the computer, resulting in the opposing team automatically receiving 4 points.

Scoring Example:

<p>Ring 1 M Sp, Team, Sen.</p> <p>124 BEL 16 SWE 1628 Belgium Sweden</p> <p>2 1 0:00 1</p> <p>Foul Result X Foul</p> <p>08 1 2 1 1 1 03</p> <table border="1"> <tr><td>4</td><td>2</td><td>1</td><td>2</td></tr> <tr><td>4</td><td>3</td><td>3</td><td>3</td></tr> </table>	4	2	1	2	4	3	3	3	<p>Ring 1 M Sp, Team, Sen.</p> <p>124 BEL 16 SWE 1628 Belgium Sweden</p> <p>2 2 0:00 4</p> <p>Foul Result X Foul</p> <p>03 0 0 1 3 0 06</p> <table border="1"> <tr><td>5</td><td>6</td><td>3</td><td>6</td></tr> <tr><td>4</td><td>4</td><td>4</td><td>7</td></tr> </table>	5	6	3	6	4	4	4	7																																																
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**SP 7. Power**


Umpires shall score all point(s) electronically as indicated in the ITF World Junior & Senior Tournament Rules, and the following decisions will apply:

- a. After a red flag is raised by the Referee, each Individual competitor or Team has a total of five (5) minutes to attempt to bend or separate the board(s) for all five (5) listed breaking items which must include one (1) pre-judgment of distance with only one touch allowed, followed by the attempt to break the board(s).
- b. Competitors and/or Teams that exceed the settled time shall receive 0 points for any break not yet attempted within the prescribed time limit.
- c. Referees may disallow an attempt for failure to maintain the following:
  - Correct balance and posture throughout the attempt.
  - Correct attacking tool in the correct manner.
- d. Referees must examine each board before each attempt.
- e. Each separated board will count as three (3) points and each bent board will count as one (1) point.
- f. The four highest scores will set 1st, 2nd and two (2) 3rd place winners. (Only in the event that two (2) or more competitors tie for third place, with the same total score in the same round of breaking, will there be two 3rd place winners.)
- g. In the event of a tie, the Jury President will randomly draw one item from the list of techniques to be the tiebreaker. He/She will decide how many boards are to be used. The coaches shall indicate the competitors to perform and, in the case of another tie, they will then indicate the next two competitors. This order will proceed until a winner is decided.

N.B.: Competitors and/or Teams that did not score any points at their first attempt during the match will not be allowed to continue the power breaking competition to determine any place and will not receive any medal.


Scoring Example:

**First round**

 #15390 Senior Male Individual Power Breaking

No.	Country	Name	Ap Joomuk Jirugi	Sonkal Taerigi	Yop Cha Jirugi	Dollyo Chagi	Bandae Dollyo Chagi	Points	Place
1	1	COU1 Name 1	4	0	6	4	4	18	3
2	2	COU2 Name 2	2	4	0	0	0	6	9
3	3	COU3 Name 3	0	0	0	0	0	0	10
4	4	COU4 Name 4	0	0	6	0	1	7	8
5	5	COU5 Name 5	4	4	6	4	4	22	1
6	6	COU6 Name 6	4	4	6	4	4	22	1
7	7	COU7 Name 7	0	4	6	4	4	18	3
8	8	COU8 Name 8	4	4	6	0	4	18	3
9	9	COU9 Name 9	4	4	0	4	4	16	7
10	10	COU10 Name 10	4	4	6	4	0	18	3

**Second round**

 #15390 Senior Male Individual Power Breaking

No.	Country	Name	Place before	Ap Joomuk Jirugi	Sonkal Taerigi	Yop Cha Jirugi	Dollyo Chagi	Bandae Dollyo Chagi	Points	Place
5	5	COU5 Name 5	1		1				1	2
6	6	COU6 Name 6	1		6				6	1
1	1	COU1 Name 1	3		6				6	3
7	7	COU7 Name 7	3		6				6	3
8	8	COU8 Name 8	3		0				0	6
10	10	COU10 Name 10	3		6				6	3
2									0	7
3									0	7
4									0	7
9									0	7

**Third round (one third place)**

 #15390 Senior Male Individual Power Breaking

No.	Country	Name	Place before	Ap Joomuk Jirugi	Sonkal Taerigi	Yop Cha Jirugi	Dollyo Chagi	Bandae Dollyo Chagi	Points	Place
2	6	COU6 Name 6	1						0	1
1	6	COU6 Name 5	2						0	2
3	1	COU1 Name 1	3			1			1	4
4	7	COU7 Name 7	3			0			0	5
6	10	COU10 Name 10	3			3			3	3
5									0	6
7									0	6
8									0	6
9									0	6
10									0	6

**Third round (two third places)**

 #15390 Senior Male Individual Power Breaking

No.	Country	Name	Place before	Ap Joomuk Jirugi	Sonkal Taerigi	Yop Cha Jirugi	Dollyo Chagi	Bandae Dollyo Chagi	Points	Place
2	6	COU6 Name 6	1						0	1
1	6	COU6 Name 5	2						0	2
3	1	COU1 Name 1	3			1			1	3
4	7	COU7 Name 7	3			0			0	5
6	10	COU10 Name 10	3			3			3	3
5									0	6
7									0	6
8									0	6
9									0	6
10									0	6

**Result (one third place)**

 #15390 Senior Male Individual Power Breaking

No.	Country	Name	Place before	Ap Joomuk Jirugi	Sonkal Taerigi	Yop Cha Jirugi	Dollyo Chagi	Bandae Dollyo Chagi	Points	Place
1	6	COU6 Name 6	1						0	1
2	6	COU6 Name 5	2						0	2
5	10	COU10 Name 10	3						0	3
3									0	4
4									0	4
6									0	4
7									0	4
8									0	4
9									0	4
10									0	4

**Result (two third places)**

 #15390 Senior Male Individual Power Breaking

No.	Country	Name	Place before	Ap Joomuk Jirugi	Sonkal Taerigi	Yop Cha Jirugi	Dollyo Chagi	Bandae Dollyo Chagi	Points	Place
1	6	COU6 Name 6	1						0	1
2	6	COU6 Name 5	2						0	2
3	1	COU1 Name 1	3						0	3
5	10	COU10 Name 10	3						0	3
4									0	5
6									0	5
7									0	5
8									0	5
9									0	5
10									0	5

### SP 8. Special Technique

Umpires shall score all point(s) electronically as indicated in the ITF World Junior & Senior Tournament Rules, and the following decisions will apply:

- a. After a red flag is raised by the referee, each Individual competitor or Team has a total of five (5) minutes to attempt to break the board for all five (5) special technique items, which must include one (1) pre-judgment of distance with no touching allowed, followed by the attempt to break the board.
- b. Competitors and/or Teams that exceed the settled time shall receive 0 points for any break not yet attempted within the prescribed time limit.
- c. Referees may disallow a break due to the following:
  - Using incorrect attacking tool or in the incorrect manner.
  - Knocking down the obstacle when performing Twio Nomo Yop Chagi.
  - Falling down (when any part of the body, other than the feet, touches the ground).
- d. Referees must examine regularly each machine and/or board.
- e. Each fully broken board will count as three (3) points and each half-broken board will count as one (1) point.
- f. The four highest scores will set 1st, 2nd, and two (2) 3rd place winners. (Only in the event that two (2) or more competitors tie for third place, with the same total score in the same round of jumping, will there be two 3rd place winners.)
- g. In the event of a tie, the Jury President will select one item from the list to be the tiebreaker. He/She will decide how high the jump will be. The tied competitors will then carry on until the places are decided.

N.B.: Competitors and/or Teams that did not score any points at their first attempt during the match will not be allowed to continue the special technique competition to determine any place and will not receive any medal.



Scoring example:

First round										
ITF #15490 Senior Male Individual Special Technique										
No.	Country Name	Nopi Ap Cha Busigi	Twimyo Dollyo Chagi	Bandaee Dollyo Chagi	Dolmyo Yop Cha Jirugi	Twimyo Nopi Yop Cha Jirugi	Points	Place		
1	1 COU1 Name 1	2	1	0	0	2	5	7		
2	2 COU2 Name 2	2	0	2	2	0	6	3	<	
3	3 COU3 Name 3	2	2	2	2	2	10	1		<
4	4 COU4 Name 4	0	0	0	0	0	0	10		
5	5 COU5 Name 5	0	0	0	0	2	2	8		
6	6 COU6 Name 6	0	0	0	0	2	2	8		
7	7 COU7 Name 7	2	1	2	2	2	9	2	<	
8	8 COU8 Name 8	2	2	2	0	0	6	3		<
9	9 COU9 Name 9	2	0	2	0	2	6	3		<
10	10 COU10 Name 10	2	2	0	0	2	6	3		<

Second round (one third place)										
ITF #15490 Senior Male Individual Special Technique										
No.	Country Name	Place before	Nopi Ap Cha Busigi	Twimyo Dollyo Chagi	Bandaee Dollyo Chagi	Dolmyo Yop Cha Jirugi	Twimyo Nopi Yop Cha Jirugi	Points	Place	
3	3 COU3 Name 3	1						0	1	<
7	7 COU7 Name 7	2						0	2	<
2	2 COU2 Name 2	3	1					1	4	<
8	8 COU8 Name 8	3	0	0				0	5	<
9	9 COU9 Name 9	3	2					2	3	<
10	10 COU10 Name 10	3	0	0				0	5	<

Second round (two third places)										
ITF #15490 Senior Male Individual Special Technique										
No.	Country Name	Place before	Nopi Ap Cha Busigi	Twimyo Dollyo Chagi	Bandaee Dollyo Chagi	Dolmyo Yop Cha Jirugi	Twimyo Nopi Yop Cha Jirugi	Points	Place	
3	3 COU3 Name 3	1						0	1	<
7	7 COU7 Name 7	2						0	2	<
2	2 COU2 Name 2	3	2					2	3	<
8	8 COU8 Name 8	3	0	0				0	5	<
9	9 COU9 Name 9	3	2					2	3	<
10	10 COU10 Name 10	3	0	0				0	5	<

Result (one third place)										
ITF #15490 Senior Male Individual Special Technique										
No.	Country Name	Place before	Nopi Ap Cha Busigi	Twimyo Dollyo Chagi	Bandaee Dollyo Chagi	Dolmyo Yop Cha Jirugi	Twimyo Nopi Yop Cha Jirugi	Points	Place	
1	3 COU3 Name 3	1						0	1	<
2	7 COU7 Name 7	2						0	2	<
5	9 COU9 Name 9	3						0	3	<

Result (two third places)										
ITF #15490 Senior Male Individual Special Technique										
No.	Country Name	Place before	Nopi Ap Cha Busigi	Twimyo Dollyo Chagi	Bandaee Dollyo Chagi	Dolmyo Yop Cha Jirugi	Twimyo Nopi Yop Cha Jirugi	Points	Place	
1	3 COU3 Name 3	1						0	1	<
2	7 COU7 Name 7	2						0	2	<
3	2 COU2 Name 2	3						0	3	<
5	9 COU9 Name 9	3						0	3	<

**SP 9. Pre Arranged Free Sparring Competition**

Umpires shall score all point(s) electronically, as indicated in the ITF World Junior & Senior Tournament Rules.

The team obtaining the majority of umpire votes shall be declared the winner and advance to the next round of competition according to the following criteria:

- a. The team obtaining the majority of umpire votes, with a minimum of two (2) Umpire votes in his favor, shall be declared the winner and advance to the next round of competition.
- b. In the case of a draw, both teams will perform an additional time, until the winner is decided.

Each team shall perform one at a time, and the Umpires shall give a score between 0 and 10 points, after having deducted points for errors, for each performance taking into consideration the following criteria:

c. Scoring Procedure

- i. Level 1: Umpires will deduct up to 4 points in total (in .2 increments only) for each technical error noted or will give a total score of 0 if a major penalty event is noted. Umpires will then move to Level 2 scoring.

Level 2: Umpires will deduct up to a further 4 points (in .5 increments only) for errors in Teamwork, Choreography and Difficulty and Power. Umpires will then move to Level 3 scoring.

Level 3: Umpires will deduct up to a further 2 points (in .5 increments only) for errors in Overall Power.

Total Score: The electronic Scoring System will calculate the total score for each competitor according to the deductions issued by each umpire.

- ii. After deducting points for errors, the Umpires shall give a score between 0 and 10 points for the performance, based upon choreography, teamwork, difficulty, power, and sine wave.
- iii. The team obtaining the majority of umpire votes, with a minimum of two (2) Umpire votes in his favour, shall be declared the winner and advance to the next round of competition.
- iv. In the case of a draw, both teams will perform again, until such time as the winner is decided.

**PRE-ARRANGED SPARRING PENALTIES**

*You have 10 points in total – Please deduct for each offense committed*

<b>DEDUCT 0.2 POINTS, PER OCCURRENCE, FOR EACH MISTAKE PERFORMED. FOR EXAMPLE, THOUGH NOT LIMITED TO...</b>	
<b>Scoring Level 1</b>	Performing any technique without an accessible, legitimate target
	Attacking or defending with an incorrect application of technique
	Performing any offensive, defensive or evasive movement without purpose/function/need, except during acrobatic movements
	Losing balance
	Failure to maintain appropriate distance for attack and defense exchange
	Shouting or "Kihap" at any time during performance, with exception of the final sequence
	Lack of appropriate power on as specific technique
	Stepping completely out of the ring with both feet by either one or both competitors (See Glossary)
	Hesitating and/or stopping for more than a split of a second. <i>(i.e. Failure of at least one competitor to be engaged in action at all times.)</i>
	Inaccurate or Incorrect Breathing
	Inaccurate or Incorrect Preparation or Execution of technique <i>(i.e. crossing, pre-action, flying, jumping...)</i>
	Inaccurate or Incorrect Sine-Wave
	Inaccurate or Incorrect Stance
	Inaccurate or Incorrect Motion <i>(i.e. continuous, connecting, slow, fast, natural, normal)</i>
	Assisting opponent during execution of technique or movement

*Maximum of 4 points total for deduction*

<b>GIVE 0 POINTS (for entire performance) FOR:</b>	
<b>Terminal Penalties</b>	Not meeting the minimum and/or maximum time requirements
	Pausing and/or stopping for <b>more than 2</b> full seconds at any time during the performance
<b>Given During Level 1 Scoring</b>	Performing more than three (3) acrobatic sequences per team
	Failure to block and/or evade an opponent's attack at any time other than the final blow and/or final sequence

**Note:** In the event that a single technique has multiple errors, deduct one penalty for each error performed

<b>DEDUCT A MAXIMUM OF 4 POINTS AT END OF PERFORMANCE (In 0.5 increments) FOR:</b>	
<b>Scoring Level 2</b>	Teamwork, Choreography, and Difficulty

<b>DEDUCT A MAXIMUM OF 2 POINTS AT END OF PERFORMANCE (In 0.5 increments) FOR:</b>	
<b>Scoring Level 3</b>	Overall Power

Scoring Example:



- d. Teams shall compete according to the following rules and regulations:
- i. Pre Arranged Free Sparring shall consist of movements as shown in the encyclopaedia, manuals and/or CD-ROM, and as taught during the International Instructor Courses (IIC).
  - ii. Attacking techniques (with exception of the final blow) must be blocked or avoided and must be performed with realism.
  - iii. Competitors may be from 1<sup>st</sup> to 6<sup>th</sup> degree and must be either male, female or mixed couples.
  - iv. Bout duration shall consist of one (1) round: minimum 60 seconds – maximum 75 seconds.
  - v. Teams that exceed the 75-second duration of the bout shall receive 0 points.
  - vi. Teams that perform less than the required minimum of 60 seconds shall receive 0 points.
  - vii. Protection gear may be worn as written in ITF World Junior & Senior Tournament Rules art.T.7.a. Point ii and T.7. b.
  - viii. No more than a total of three (3) acrobatic sequences of technique, that are not part of the Taekwon-Do syllabus, may be performed during the bout by each team.
  - ix. If one or both team members perform more than a combined total of three (3) acrobatic sequences of technique during the bout, the team shall receive 0 points.

## Appendix 2 – Approved Clothing

### APPROVED DOBOKS AND BELTS

In accordance with *Article T6* the following items have officially been approved by the ITF Tournament and Umpire Committee for use in ITF World Championship and World Cup Competitions.

**NO OTHER** doboks are currently approved, or permitted, for use in ITF World Championship or World Cup Competition.

### DOBOKS


Competitors, while competing must wear the “official approved” TKD dobok with badges officially approved by the ITF. The black belt must be of the official dimensions and must indicate the competitor’s degree. Female competitors may wear a white T-shirt under the dobok jacket.

**All ITF Approved Doboks must conform to the following criteria:**

- a. **Manufacturer Labels:** Approved Manufacturer/Suppliers will be permitted to place their logo, measuring no greater than 8cm wide by 5cm high, on the dobok in the following locations:
  - i. On the Right (R) sleeve. Positioned on the outside of the arm, between the elbow and shoulder.
  - ii. On the Right (R) pant. Positioned on the front of the thigh, between the knee and the waist.
- b. **Sponsorship:** Competitors are permitted to display personal sponsor’s logos, according to the following criteria:
  - i. Total area of sponsorship must measure no greater than 8cm wide by 5cm high
  - ii. Located on the left (L) sleeve. Positioned on the outside of the arm, between the elbow and shoulder.
  - iii. Any sponsor logo or image must be in good taste and must be approved by the ITF Umpire Committee.
- c. **National Emblem/Flag or National Association / School Crest:**
  - i. For the World Championships: competitors are permitted to display either their national flag or national logo on their dobok on the front right (R) chest of their dobok, directly opposite the ITF Logo.

- ii. For the World Cup Only: Competitors are permitted to display their national flag, national association or school/club crest on the front right (R) chest of their dobok, directly opposite the ITF Logo.
  - iii. If displayed, Flags, Logos, and crests **must** be located on the front right (R) chest of their dobok, directly opposite the ITF Logo.
  - iv. If displayed, Flags, Logos, and crests **must** be no larger than the ITF Logo.
- d. **Under Clothing:**
- i. Female competitors are permitted to wear a **WHITE** T- shirt under their dobok jacket.
  - ii. Males and Females are permitted to wear leggings/compression stockings under their dobok trousers.
    - i. Leggings/compression stockings must:
      1. Be of a solid **WHITE** colour only,
      2. Consist of only a single layer of material,
      3. Must terminate above the ankle and not be visible below the trouser cuff of the dobok,
      4. **NOT** provide additional protection from impact.

**OFFICIALLY APPROVED ITF DOBOK MARKINGS FOR  
 WORLD CHAMPIONSHIPS AND WORLD CUP**



- Traditional ITF Crest located on left (L) chest of jacket.
- Total Dimensions: 7cm high \* 7cm wide
- NEW ITF Crest located on left (L) chest of jacket, below traditional ITF Crest.
- Total Dimensions: 9cm wide \* 3.5cm high
- ITF Sponsor's logo ONLY at the right (R) sleeve of the jacket, above elbow level.
- ITF Sponsor's logo ONLY at the right (R) part of the dobok pants. Positioned on the front of the thigh, between the knee and the waist.
- Both areas shall measure no greater than 8cm long \* 5cm high
- NO other logos allowed
- Personal Sponsorship is permitted only on the Left (L) sleeve of the jacket, above elbow level, measuring a maximum of 8cm long \* 5cm high
- Logo must be approved by ITF Tournament and Umpire Committees.
- No Sponsor logos or publicity is allowed on any other part of the dobok pants and, or jacket
- National Flag or Emblem MAY be worn on the right (R) chest, opposite the ITF Crest
- Crest may be no larger than the ITF Crest
- ITF Approved label must be printed on the inside flap of the jacket
- Country Name MUST be printed on the back, Must be located above the belt level
- Letters must be all black
- Height of letters: 6cm – 8cm
- New ITF text located horizontally on both legs of the pants at knee level
- Letters must be all black
- Total Dimensions: 7cm wide \* 5cm high

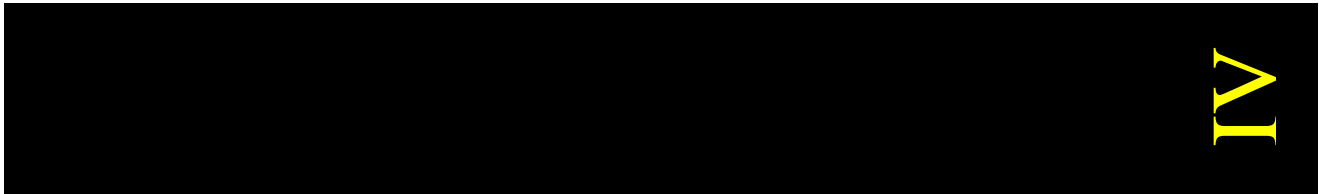
## BELTS

All ITF Approved Black Belts must conform to the following criteria:

- a. **Junior Black Belt:** Junior Competitors under the age of 18 years must wear a Junior Black Belt.
  - i. The Junior Black Belt:
    - a) Of sufficient length to wrap only one time around the waist
    - b) Width is a maximum of five (5) cm.
    - c) Belt has a one (1) cm wide, white stripe running lengthwise through the center of the belt.
    - d) White stripe is on one side (face) of the belt only.
    - e) Belts must indicate the competitor's degree in gold-coloured Roman Numerals, positioned transversally across one end of the belt
    - f) The belt may optionally:
      - i.) Indicate the competitors name on one end of the belt.
      - ii.) Indicate the name "International Taekwon-Do Federation" or "Taekwon-Do" in Korean
      - iii.) Indicate the name of the wearer's National or Allied National Association
      - iv.) The colour of any writing must be gold (yellow).
- b. **Senior Black Belt:** Competitors aged 18 and over wear a Senior Black Belt
  - i. The Senior Black Belt
    - a. Of sufficient length to wrap only one time around the waist
    - b. Width is a maximum of five (5) cm
    - c. Colour is completely black.
    - d. Belts must indicate the competitor's degree in gold coloured Roman Numerals, positioned transversally across one end of the belt
    - e. The belt may optionally:
      - i. Indicate the competitors name on one end of the belt.
      - ii. Indicate the name "International Taekwon-Do Federation" or "Taekwon-Do" in Korean
      - iii. Indicate the name of the wearer's National or Allied Association
      - iv. The colour of any writing must be gold (yellow).



Official Senior Black Belt – “MINIMUM REQUIREMENTS”



Official Junior Black Belt: “MINIMUM REQUIREMENTS”

This belt is to be worn by all black belt members under the age of 18.



Official Senior Black Belt with “OPTIONAL INFORMATION” **EXAMPLE 1**

1. Name
2. Name of National or Allied Association



Diagram 2.3

Official Junior Black Belt with “OPTIONAL INFORMATION” **EXAMPLE 2**

1. Name
2. International Taekwon-Do Federation in Korean Calligraph



**COACHES DRESS REQUIREMENTS**

In accordance with *Article T14 of the official ITF World Junior & Senior Tournament Rules and the ITF World Cup Rules*, criteria for Coach’s Dress has been approved by the ITF Tournament and Umpire Committee for wear in ITF World Championship and World Cup Competitions.

Coaches, while on the competition floor, must wear the “official approved” Coach’s Dress with markings officially approved by the ITF. The Country Name must be written in the back of the shirt.

**T 14. COACHES (excerpt)**

**“...Coaches must wear a training suit (i.e. pants, t-shirt or polo shirt and/or athletic jacket), gymnastic shoes and carry a towel. Coaches are not allowed to wear bag packs and/or other non Taekwon-Do items in the competition area...”**



- Coaches **MUST** wear a training suit (i.e. T-Shirt, Polo Shirt, pants, and/or jacket)

- Coaches **MUST** wear gymnastic shoes

- Coaches **MUST** carry a towel

- Coaches **MAY** bring a water bottle

- Country Name **MUST** be printed on the back, Recommended height of letters: 6cm – 8cm

- Coaches are **NOT** allowed to wear bag packs and/or other non Taekwon-Do items in the competition area



**UMPIRE’S DRESS REQUIREMENTS**

In accordance with *Article U15 of the official ITF Umpire Rules*, the criteria for Umpire’s Dress has been approved by the ITF Tournament and Umpire Committee for wear in ITF World Championship and World Cup Competitions.

**U 15. Dress regulation**

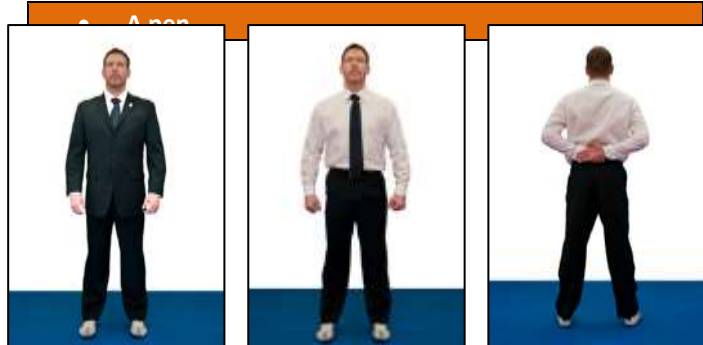
The Umpire's dress code consists of:

- i. Blue blazer/jacket,
- ii. White, long sleeved, shirt
- iii. Blue trousers,
- iv. Blue tie
- v. White socks,
- vi. White gymnastic shoes
- vii. A pen.

The Umpire Committee may, at its discretion, change the above dress requirements, for certain international events, due to weather, health or other requirements.



- Blue blazer/jacket
- White, long sleeved, shirt
- Blue trousers
- Blue tie
- White Socks
- White gymnastic shoes



## Appendix 3 – Umpire’s Procedures and Signals

The following document documents and illustrates the official ITF Procedures and Hand Signals to be used by all Officials when conducting competitions.

It is important to ensure that all officials administer and conduct the operation of their assigned duties in strict accordance with these procedures. This will help to ensure that competitors, coaches and spectators clearly understand how the events of the competition operate and will further help develop the competitor’s and coach’s confidence in the proceedings of the competition.

Therefore, it is critical that the procedures and signals are followed precisely, and without deviation, so as to avoid any confusion or misinterpretation. We ask that all officials, coaches and competitors become familiar with and follow these procedures and signals.

On behalf of

ITF Umpire and ITF Tournament Committee

## JURY PRESIDENT HAND SIGNALS



Waiting to give decision



Draw



Blue Wins



Red Wins



Disqualify (Blue)



Time Stop (JUNG JI)



**Call one (1) Corner Official to the Jury Table**



**Call all Officials to the Jury Table**



**Send one (1) Corner Official back to his/her chair**



**Send all Corner Officials back to their chairs**



**Corner Official / Center Referee approaches the Jury Table and bows**



**Corner Official / Center Referee receiving directions. Center Referee waits in parallel stance with hands clasped behind back**

**INSPECTING THE COMPETITOR'S SAFETY EQUIPMENT**  
(in case it will not be done outside the ring by other indicated Umpires)



1. Direct competitor to extend their arms for inspection



2. Check the front surface of the gloves



3. Check the top surface of the gloves and wrists



4. Check the palm and underside of the gloves



5. Check for mouth guard



6. Check for groin protection

(Mandatory for Males, Optional for Females)  
(Must be worn inside the dobok trousers)



7. Check the top of the foot padding



8. Check the heel portion of the foot protector





9. Direct competitor to turn around: check helmet and look for metal/plastic hair fasteners



10. Verify the competitor's I.D. number / country

## BOWING IN



1. Referee calls in Red Competitor "Hong"



2. Referee calls in Blue Competitor "Chong"



3. Competitors face the Jury Table. "Charyot"



4. Competitors bow to the Jury Table. "Kyong-Ye"



5. Competitors face the Center Referee. "Charyot"



6. Competitors bow to the Center Referee. "Kyong-Ye"



7. Competitors face each other. "Charyot"



8. Competitors bow to each other. "Kyong-Ye"

## STARTING THE MATCH



9. Step Back into ready position. *"Junbi"*



10. Extend arm between competitors



11. Indicate round number. *"Il Hue Jong"*



12. Keeping arm between competitors, visually check to ensure Jury President and all Corner Judges are ready to begin.



13. Drop arm to begin. *"Sijak"*

## AT THE END OF A MATCH



1. Drop hand between competitors to stop for end of match. *"Guman"*



2. Referee directs Red competitor back to center *"Hong"*



3. Referee directs Blue competitor back to center *"Chong"*



4. Competitors face each other. *"Charyot"*



5. Competitors bow to each other. *"Kyong-Ye"*



6. Competitors face the Center Referee. *"Charyot"*



7. Competitors bow to the Center Referee. *"Kyong-Ye"*



8. Competitors face the Jury Table. *"Charyot"*



9. Competitors bow to the Jury Table. *"Kyong-Ye"*

**AT THE END OF A MATCH** *(continued)*



10. Center Referee takes the competitor's arms.



11. Raise winners arm.  
(Winner Blue "Chong Sung")

## ADDITIONAL SIGNALS 1



Nothing Happened



Time Stop  
"Jung-Ji"



Fight



Listen



No Talking



Time Stop for Injury



Direct opponent back to coach in the event of an injury



Directing both competitors to their coaches

## ADDITIONAL SIGNALS 2



**Coach: No Talking**



**Coach: Sit Down**



**Directing Red Competitor to return inside the ring after exiting the playing area**  
**(Return at least 1 meter inside of the ring)**



**Referee directs Blue competitor to back up**

## WARNINGS

**Warnings may be issued for the following offences:**

See photographs on next page.

**a. Pretending to have scored a point by raising an arm.**

Attempting to influence the umpires through acting or suggestion.

**b. Stepping completely out of the ring.**

Two feet must be completely out of the ring, or one foot out and the other off the ground.

**Note:** This rule does not apply when the competitor has been forcibly pushed (with the hands or body) out of the ring.

**c. Falling down, whether intentional or not.**

When any part of the body other than the feet touches the ground for any period of time.

**d. Faking an injury.**

Pretending to have an injury to gain a win or to run the clock down.

**e. Intentionally avoiding sparring.**

Running away, evading the opponent, or using the Center Referee as a shield.

**f. Unintentional attack to an illegal target.**

Any prohibited target, both above and below the belt.

**g. Adjusting equipment during the bout without the consent of the Center Referee.**

Attempting to delay time or any other manipulation of time.

**h. Pushing with the hands, shoulders or body.**

Using the hands, shoulders or body to create distance, unbalance or relocate the opponent.

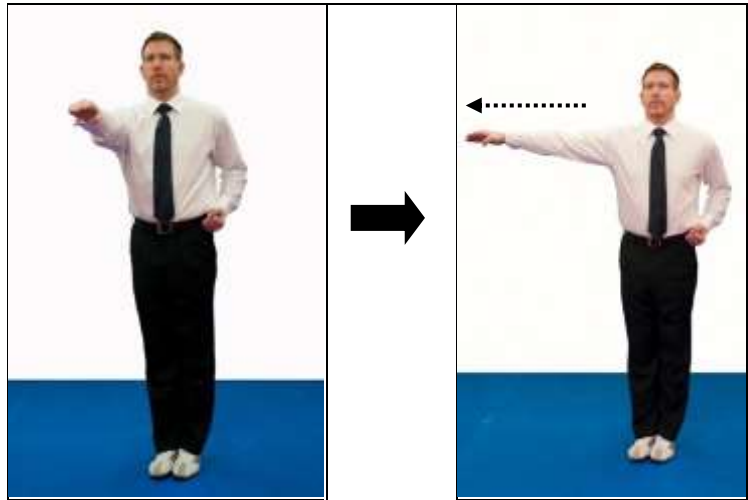


## WARNINGS



**1. Pretending to score a point by raising an arm.**

*(Pull closed fist straight down from eye level to shoulder level)*



**2. Stepping outside of the ring with both feet.**  
**5. Intentionally avoiding sparring.**  
**7. Adjusting equipment without consent of the Referee.**

*(Draw a horizontal line outward across your body from center line to side of body)*



**3. Falling Down.**

*(Extend both hands, palms down, parallel to the floor while lowering the body by bending at the knees)*



**4. Faking an Injury**  
**8. Pushing**

*(Execute an outer forearm inward block)*



**6. Unintentional attack to an illegal target.**

*(Execute an angle punch)*

## FOULS

Fouls may be issued for the following offences (See photographs following page).

**a. Heavy Contact**

Contact made to an opponent without any attempt to control or retract: the technique, the delivery of technique or the emotion of the competitor.

**b. Attacking a fallen opponent.**

Attacking a competitor when any part of their body other than the feet touches the ground for any period of time.

**c. Leg Sweeping.**

Any attempt, using the feet, to take the opponent to the ground.

**d. Holding or grabbing.**

Retaining any part of the body.

**e. Intentional attack to an illegal Target**

Targeting and /or contact to any prohibited target, both above and below the belt.

**f. Unsportsmanlike Conduct.**

To include any action taken by competitor that shows disrespect, lack of following directions or other unacceptable behaviours towards umpire, other competitors or officials, including though not limited to: Failure or refusal to follow referee's directions, intentionally leaving ring / manipulation of time, inappropriate behaviour/language....)



- 1. Heavy Contact
  - 4. Holding/Grabbing
  - 5. Intentional attack to an illegal target
  - 6. Unsportsmanlike Conduct
- (Execute an angle punch into the open palm)*



- 2. Attacking a fallen opponent
- (Execute a low front snap kick)*



- 3. Leg Sweeping
- (Execute a sweeping kick)*

## GIVING WARNINGS & FOULS

### How to give a Warning or Foul

- The Center Referee stops the bout, stepping between the two competitors and dropping his/her hand, at the same time announcing "HAECHYO".
- The Center Referee stands upright in a close stance.
- The Center Referee then uses the correct hand signal to indicate what offense has been committed.
- The Center Referee then steps back with one leg into walking stance, raising and/or circling one finger in the air and pointing with the other hand to the offending party.
- The Center Referee announces WARNING "JU UI HANNA" or FOUL "GAM JUNG HANNA".
- After the signal has been made the Center Referee returns to a ready position, raises his/her hand and issues the command to continue "GAESOK".



1. Center Referee stops the match. "Haechyo"



2. Center Referee indicates the infraction with the correct hand signal.

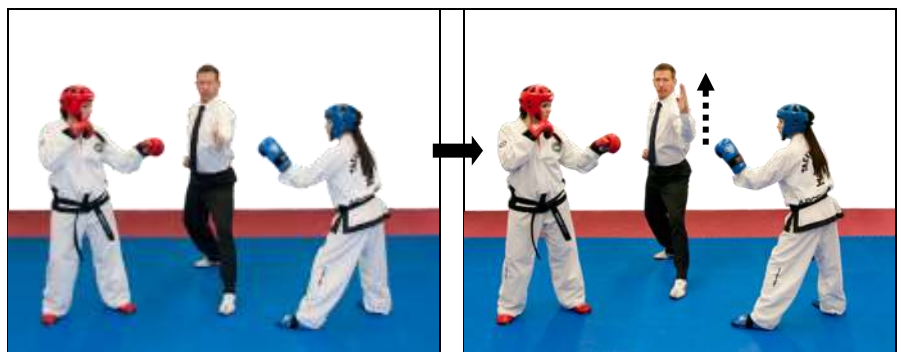
(i.e. FOUL: Intentional attack to an illegal target)



3. Center Referee steps back, indicates the offending competitor and announces one Foul while circling his hand above his head. "Gam Jung Hanna"



4. Center Referee returns competitors to Ready Position.



5. Center Referee raises hand and issues command to continue. "Gaesok"

## DISQUALIFICATIONS

Disqualifications may be issued for the following offences:

1. **Misconduct against officials or ignoring instructions.**  
Any ignoring of instructions or disrespect against officials of the Ring Council.
2. **Uncontrolled or excessive contact.**  
Contact made to an opponent without any attempt to control or retract: the technique, the delivery of technique or the emotion of the competitor.
3. **Receiving three (3) minus points/fouls directly given by the Centre Referee.**  
Upon receipt of the third (3<sup>rd</sup>) minus points/foul (for any infraction or combination of infractions), a competitor will automatically be disqualified.
4. **Being under influence of alcoholic beverages or drugs.**  
Suspected of being under the influence of any substance that may impair physical or mental abilities, including medication.
5. **Loss of temper.**  
Failure to control behaviour, words and/or emotions.
6. **Insulting an opponent, coach and/or official.**  
Any disrespect directed towards ANY official, coach, competitor or individual associated with the event.  
**NOTE:** A competitor that insults an opponent, coach or official will be disqualified from the rest of the competition.
7. **Biting, scratching.**  
Use of the teeth or nails to attack an opponent.
8. **Attacking with the knee, elbow or forehead.**  
Use of prohibited attacking tools.
9. **Being negatively responsible for causing a loss of consciousness**  
Being negatively responsible for causing a loss of consciousness. (Momentary, short term, or long term)

**See Rule T. 39** *A competitor that causes a KO (meaning to be unconscious) or causes a concussion in sparring competition will be disqualified. The opponent that receives a KO or concussion shall not be able to compete again during the whole event.*

## DISQUALIFICATIONS

### How to give a Disqualification

- The Jury President stands, points at the disqualified competitor and raises his opposite hand in a closed fist with the underside of the fist facing out.
- The Jury President issues the decision of “SIL KYUK”
- The Center Referee raises the hand of the opposite competitor, indicating the winner.



The Jury President stands, points at the disqualified competitor and raises his opposite hand in a closed fist with the underside of the fist facing out, and issues the command to disqualify “SIL KYUK”

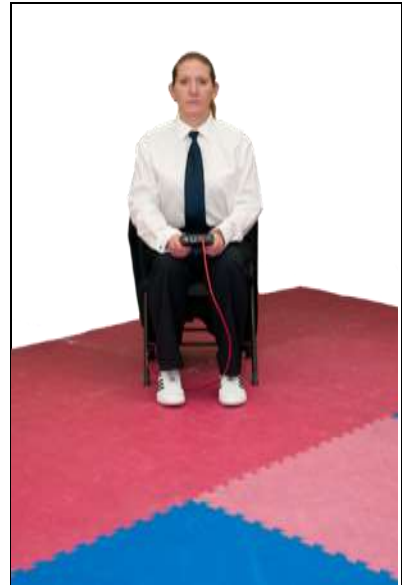
## CORNER UMPIRE POSTURES



Correct Posture: Standing



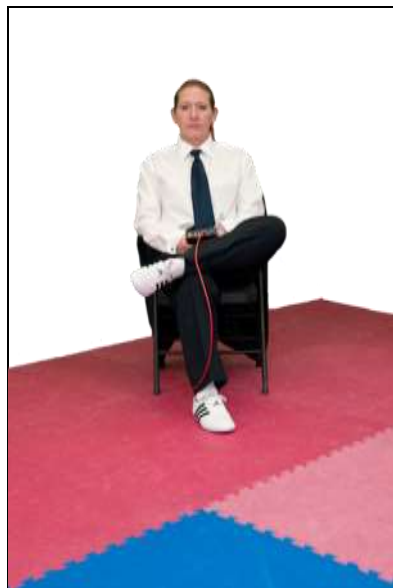
Correct Posture: Standing



Correct Posture: Seated



Incorrect Posture: Seated



Incorrect Posture: Seated



Incorrect Posture: Seated

**CORNER UMPIRE POSTURES** *(continued)*



**First Point Scored  
 One step to the side (Left)**



**First Point Scored  
 Standing**



**First Point Scored  
 One step to the side (Right)**

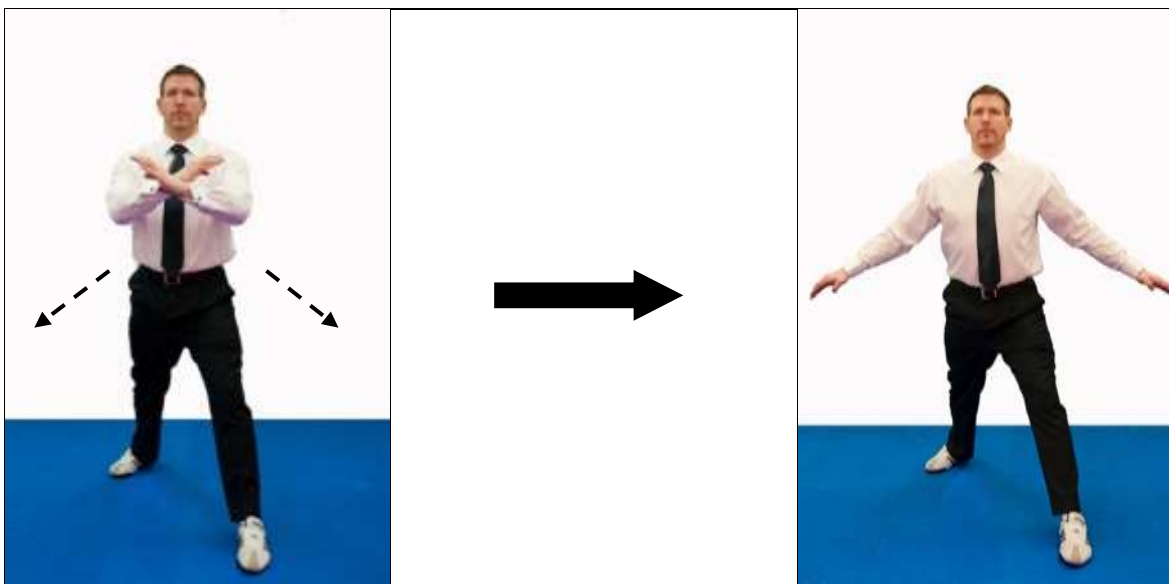


**⊘ First Point Scored  
 Incorrect Posture**



## HAND SIGNALS POWER AND SPECIAL TECHNIQUE BREAKING

### Disallowing a Break



No Break

(Hands start in X-Knifehand Position then separate downwards)

## HAND SIGNALS POWER AND SPECIAL TECHNIQUE BREAKING

### Disallowed Breaks *(continued)*



**1. Touching the Board more than Once**

*(Execute an angle punch, touching the opposite hand twice)*



**2. Illegal / Incorrect Tool**

*(Execute an angle punch)*

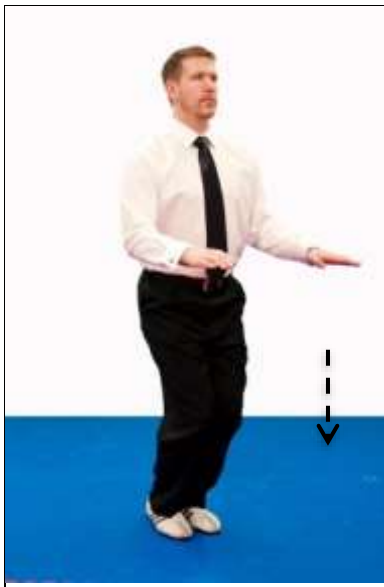


**3. Incorrect Technique**

*(Execute an outer forearm inward block)*

## HAND SIGNALS POWER AND SPECIAL TECHNIQUE BREAKING

### Disallowed Breaks *(continued)*



#### 4. Loss of Balance

*(Extend both hands, palms down, parallel to the floor while lowering the body by bending at the knees)*



#### 5. No Guarding Block

*(Execute Middle Forearm Guarding Block, L-Stance)*

## Appendix 4 – NGB GUARANTEE

This document outlines the protocols regarding the Application for Approval for sponsorship/advertising items on competitors' doboks and equipment as well as the clothing and equipment of delegates. These protocols are considered of full force and effect as of September 31, 2013.

Please review these regulations and protocols and sign the attached SPONSORSHIP/ADVERTISING DISCLOSURE, indicating that you have read, understand and agree to comply with the attached protocols. Please forward the signed letter of disclosure to the Chair of the ITF Umpire Committee. This letter will be kept on file as your agreement for all members and delegates to abide by the protocols set forth and to accept any decision and or action necessary to enforce these protocols.

Should you have any questions or concerns, please do not hesitate to contact the Chair of the ITF Umpire Committee for clarification.

Best Regards

Master Abelardo Benzaquen	Chairman
Grandmaster Ruben Suarez	Member
Master Gordon Wallace	Member
Master Kurt Ottesen	Member

Attached: Sponsorship/Advertising Disclosure, Appendix 4 – Sponsorship Approval  
CC: Our files

**SPONSORSHIP / ADVERTISING DISCLOSURE**  
**ASSURANCE OF ADHERENCE**

*One form for each sponsor: to be completed and signed by the Head of Delegation and forwarded to the ITF Umpire Committee, prior to the first day of the event.*

**Head of Delegation:** *(Insert Name)*

**On behalf of:** *(Insert name of National Governing Body or Allied National Association)*

**Country:** *(Insert name Country)*

**Sponsorship of:** *(Insert name of Competitor(s), or Team(s))*

**Sponsored by:** *(Insert name of Sponsor)*

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In accordance with the ITF World Junior & Senior Tournament Rules, the ITF World Cup Rules, ITF Umpire Rules – Rules and Regulations: Appendix 2 – Approved Clothing, and Appendix 4 – Sponsorship Approval:

The above noted Chief of Delegation

1. does hereby assure that they have read and fully understand the regulations and requirements of Sponsorship/Advertising and does fully agree to follow said regulations,
2. does hereby assure that the above noted Sponsor and all associated images, logos, word marks and text does adhere strictly to, and meets the requirements of, Appendix 4 – Sponsorship Approval,
3. does hereby agree to abide by any decision made by the ITF Umpire Committee regarding the appropriateness of said sponsorship/advertising, in the event there is any doubt or question as to compliance or appropriateness of said sponsorship/advertising,
4. does hereby agree to accept any and all actions and or penalties applied by the ITF Umpire Committee in the event of non-compliance with, or a breach of, the above referenced regulations.

**SIGNATURE:** *(Insert Signature of Chief of Delegation)*

**DATE:** \_\_\_\_\_ *Day* / \_\_\_\_\_ *month* / \_\_\_\_\_ *year*

## Appendix 5 – SPONSORSHIP/ADVERTISING APPROVAL

### OVERVIEW

These regulations are made pursuant to Article T6 of the official ITF World Junior & Senior Tournament Rules, the ITF World Cup Rules, and the ITF Umpire Rules – Rules and Regulations - Appendix 2 – Approved Clothing. Of specific note is the following clause:

#### Appendix 2 – Approved Clothing.

- a. **Sponsorship:** Competitors are permitted to display personal sponsors' logos, according to the following criteria:
  - i. Total area of sponsorship must measure no greater than 8cm wide by 5cm high
  - ii. Located on the left (L) sleeve. Positioned on the outside of the arm, between the elbow and shoulder.
  - iii. Any sponsor logo or image must be in good taste and must be approved by the ITF Umpire Committee.

Competitors, teams and delegations participating in ITF World Championship and World Cup competitions must comply with these regulations. It is recommended that National Governing Bodies and/or Allied National Associations seeking clarification of any of the regulations do so by referring to the specific rules of competition.

We would encourage National Governing Bodies and/or Allied National Associations to seek clarification at the earliest possible time, in relation to designs, content or nature of sponsorship/advertising from the ITF Umpire Committee. National Governing Bodies and/or Allied National Associations are reminded to ensure compliance with these regulations prior to commencing the manufacturing or screening process.

Heads of Delegations for each National Governing Bodies and/or Allied National Associations are REQUIRED to submit an ASSURANCE OF ADHERENCE for each sponsor to be represented on their teams'/competitors' doboks, clothing and equipment, guaranteeing the Sponsor and all associated images, logos, word marks and text does adhere strictly to, and meets the requirements of, Appendix 4 – Sponsorship Approval. The responsibility of compliance rests solely on the National Governing Body and/or Allied Association.

Approval for each sponsorship/advertising is not necessary, as the ASSURANCE OF ADHERENCE is the guarantee of the National Governing Body and/or Allied National Association that said sponsorship/advertising is indeed in compliance. Only in the event of questionable sponsorship/advertising will formal approval from the ITF Umpire Committee be required.

The ITF Umpire Committee reserves the right to inspect any and all sponsorship/advertising on doboks, clothing and or equipment for compliance at any time during, and at any venue of the event, and to approve or disallow any sponsorship/advertising for non-compliance at any time.

All decisions made by the International Taekwon-Do Federation Umpire Committee in these regards shall be final and binding.

The ITF Umpire Committee has produced a practical guide ([Appendix 2 - ITF Approved Clothing](#)) on how to apply the formal regulations relating to sponsorship on the competitor's doboks. This can be found on the official ITF website.

All photographs, images, designations, messages, logos, trademarks, names and emblems are reproduced here for illustrative purposes only. All copyright, trademarks and other intellectual property rights vest in and remain the legal property of the rightful owners.

For any further clarification on the contents of this publication and matters relating to it, please contact the Chair of the ITF Umpire Committee.

## **DEFINITIONS AND INTERPRETATION**

**Sponsorship /Advertising** Any designation, message, logo, trademark, name or emblem of any nature. All sponsorship must conform to the rules and regulations as outlined in the ITF World Junior & Senior Tournament Rules, the ITF World Cup Rules, including limitations to size, placement and subject.

(**Note:** in calculating the area of any sponsorship referred to in these regulations, the usual mathematical formula will be used, and any outlines or box surrounds of the relevant designation, message, name, logo, emblem or mark, and all included space, shall be considered as part of the area of advertising.)

**Dobok** The official approved uniform worn by the competitor, as specified in the ITF World Junior & Senior Tournament Rules, the ITF World Cup Rules. Consists of pants and jacket of an approved model manufactured by an approved supplier.

**Belt** The belt worn by the competitor, with required rank indicated in gold/yellow colored roman numerals, marked transversely across a minimum of one end. Includes any/all officially permitted markings, as specified in the ITF World Junior & Senior Tournament Rules, the ITF World Cup Rules.

**Equipment** The officially mandated equipment of a competitor, and shall include without limitation; safety hand protectors, safety foot protectors, safety helmet, mouth guards, shin guards, groin protectors, under-dobok chest protectors, and equipment bags.

**Clothing** Any garments including though not limited to; athletic clothing (pants, jackets, shorts, t-shirts, sweaters, headbands), worn by competitors, coaches, dignitaries and supporters while in the competition area or any related venues at any time.

**Approved Supplier** Manufacturers that have received official approval from the International Taekwon-Do Federation to manufacture approved doboks, safety equipment, breaking boards and other related items.

**Delegation** Includes all persons in attendance that represent the national team and includes, though is not limited to; Chief of Delegation, dignitaries, coaches, assistants, managers, medical personnel, and includes any support persons associated with said team, in attendance at the competition sight or any competition associated venue.

### **PROCEDURE - APPLICATION FOR APPROVAL OF SPONSORS IN QUESTION**

The following procedure is to be used to seek clarification and formal approval, **ONLY** in the event that a proposed sponsor may represent products, services or activities that may be questionable in accordance with the rules and regulations as set forth in this document.

- a. Prior to procuring any sponsorship/advertising, activity or service that may be in question, National Governing Bodies, Allied National Associations, delegations and/or competitors should send a written request for approval to the Chair of the ITF Umpire Committee.
  - i. Application for Approval shall include a description, in English, of the Sponsor's services, products and/or scope of business to ensure that it falls within the scope of ethical and moral acceptability
  - ii. Application for Approval shall include an English translation of any and all text included in the sponsorship/advertising
  - iii. Application for Approval shall include a true graphic or photo representation of the sponsorship/advertising in question
  - iv. Graphic or photo shall be provided in actual size.
  - v. Exact measurements and dimensions shall be clearly marked on the graphic or photo.
  - vi. Exact placement of the sponsorship/advertising shall be clearly marked on the graphic or photo.
- b. Upon receipt of Application for Approval, the ITF Umpire Committee shall review the application for compliance with the ITF World Junior & Senior Tournament Rules, the ITF World Cup Rules, and/or the ITF Umpire Rules – Rules and Regulations - Appendix 2 – Approved Clothing.
- c. Compliance shall be assessed based upon actual compliance to the written rules and regulations as well as consideration given to the intent of the rules and regulations, and in respect of Tenets of Taekwon-Do and common ethical and moral considerations.
- d. The ITF Umpire Committee shall forward a formal written reply to the applicant within twenty (20) working days.
- e. Protests/Arbitration of decision shall not be considered.
- f. Any non-approval will be documented with the reasons for non-approval.
- g. The position and reply of the ITF Umpire Committee shall be final and binding.
- h. Applicants/team managers should have a copy of the formal reply in their possession while in attendance at the event



## **GENERAL**

- a. Save as set out in the ITF World Junior & Senior Tournament Rules, and the ITF World Cup Rules, sponsorship/advertising on competitors' Doboks and equipment is prohibited during the period of a competition.
- b. Disciplinary action in accordance with the ITF World Junior & Senior Tournament Rules and/or the ITF World Cup Rules, disciplinary action may be taken against a competitor or any other member of a delegation for any breach of these regulations. Such action shall be in accordance with the official rules, or, when not addressed in the rules, may include though shall not be limited to: requiring the offending articles to be removed, removal of the offending party from and competition related venue and or other administrative actions as deemed appropriate.
- c. Without limiting the effect of the above, in the case of a competitor under the age of 18 as of the first day of the competition, the appearance on or incorporation in any item of clothing, dobok or equipment, of any reference whatsoever to a product, service or other activity which is considered by ITF Umpire Committee as detrimental to the welfare, health or general interest of young persons, or is otherwise considered inappropriate or offensive, having regard to the age of the players, is prohibited.

It is the view of International Taekwon-Do Federation, its Umpire and Tournament Committees that examples of such products, services or related activities include, but are not limited to, alcohol, drugs, tobacco, and gambling.

- d. Prior to procuring any sponsorship/advertising, activity or service that may be controversial or considered to be detrimental or inappropriate to young persons, Chiefs of Delegations should contact the ITF Umpire Committee to seek approval.
- e. The appearance on, or incorporation in, any item of clothing, dobok, or equipment of any competitor or member of a delegation, of any distasteful, threatening, abusive, indecent, insulting, discriminatory or otherwise ethically or morally offensive message, or any political message, is prohibited. The sponsorship/advertising of alcohol, drugs, tobacco, or gambling products/services is expressly prohibited.
- f. Any issues arising in relation to the interpretation or effect of these regulations shall be referred to the ITF Umpire Committee for its determination, which shall be final and binding.
- g. A delegation shall supply on demand to the ITF Umpire Committee any item of clothing or equipment for consideration as to whether it complies with these regulations.

## Appendix 6 – BOARDS AND HEIGHTS

The following points outline the minimum boards to be used on the Power Breaking Competition, the minimum heights to be used in Special Technique Breaking and the procedures that need to be followed by competitors in each of these divisions.

For Power Breaking, the number of boards refers to the minimum numbers of official boards to be used to commence each technique. All boards are to be inserted into the approved machine in the same sequential order, in the same relative positioning, and in the same board holder machine for each break.

For Special Technique Breaking, the minimum height refers to the height of the board, as measured from the surface of the floor to the lowest edge of the board.

a. **Power Breaking**

WORLD CHAMPIONSHIP POWER BREAKING BOARD COUNTS			
KOREAN	ENGLISH	BOARDS Junior	BOARDS Senior
<b><i><u>MALE – Junior and Senior</u></i></b>			
Ap-Joomuk Jirugi	Forefist Front Punch	2	3
Sonkal Taerigi	Knifehand Strike	2	3
Yopcha Jirugi	Side Piercing Kick	3	4
Dollyo Chagi	Turning Kick	2	3
Bandae Dollyo Chagi	Reverse Turning Kick	2	3
<b><i><u>FEMALE – Junior and Senior</u></i></b>			
Sonkal Taerigi	Knifehand Strike	1	2
Yopcha Jirugi	Side Piercing Kick	2	3
Dollyo Chagi	Turning Kick	1	2

WORLD CUP POWER BREAKING BOARD COUNTS		
AGE	BOARDS HAND	BOARDS FOOT
<b><i>MALE –Senior Only</i></b>		
18-35 years	3	4
36-45 years	2	3
46 years +	2	3
<b><i>FEMALE – Senior Only</i></b>		
18-35 years	2	3
36-45 years	2	2
46 years +	1	2

WORLD CUP POWER BREAKING TECHIQUE LIST	
<b><u>HAND</u></b>	
Ap Joomuk Jirugi	Forefist Punch
Dung Joomuk Jirugi	Backfist Strike
Sonkal Taerigi	Knifehand Strike
Sonkal Dung Taerigi	Reverse Knifehand Strike
<b><u>FOOT</u></b>	
Yopchagi	Side Kick
Dollyo Chagi	Turning Kick
Dwitchagi	BackKick
Bandae Dollyo Chagi	Reverse Turning Kick

**General Notes**

- An appropriate mechanical holding device must be used throughout the Power Test Competition.
- Competitors are not permitted to add weight to the machine at any time.
- The Center Referee will determine if the machine is properly positioned and stabilized correctly; from this point on, **NO** adjustment to the location or stability of the machine is permitted.
- In order to ensure equality for each competitor, official plastic Re-Breakable Boards shall be used.

**Power Test Procedure Overview**

- i. A - ADJUST:** Verbally indicate higher or lower.  
DO NOT TOUCH THE BOARDS OR MACHINES (not a disqualifiable offence)
  
- ii. M - MEASURE:** Make one (1) Forearm Guarding Block (signals ready)  
  
 Make one (1) Mandatory measurement for distance
  - For Power Breaking - a measure (or measurement) is defined as the deliberate extension of any attacking tool towards the target board(s).  
 Make one (1) Forearm Guarding Block (immediately prior to break)
  
- iii. E - EXECUTE:** Break boards  
 Make on (1) Forearm Guarding Block (immediately after break)

**b. Special Technique**

WORLD CHAMPIONSHIP SPECIAL TECHNIQUE BOARD HEIGHTS			
KOREAN	ENGLISH	HEIGHTS Junior	HEIGHTS Senior

<b>MALE – Junior and Senior</b>			
Twimyo Nopi Ap Cha Busigi	Flying High Front Kick	250 cm	260 cm
Twimyo Dollyo Chagi	Flying Turning Kick	230 cm	240 cm
Twimyo Bandoe Dollyo Chagi	Flying 180 Reverse Turning Kick	210 cm	220 cm
Twio Dolmyo Yop Cha Jirugi	360 Mid Air Kick	210 cm	220 cm
Twio Nomo Yop Chagi	Flying Overhead Side Kick	130 cm	140 cm

<b>FEMALE – Junior and Senior</b>			
Twimyo Nopi Ap Cha Busigi	Flying High Front Kick	210 cm	220 cm
Twimyo Dollyo Chagi	Flying Turning Kick	190 cm	200 cm
Twio Nomo Yop Chagi	Flying Overhead Side Kick	110 cm	120 cm

WORLD CUP SPECIAL TECHNIQUE BOARD HEIGHTS			
KOREAN	ENGLISH	HEIGHTS MALE	HEIGHTS FEMALE
<b>12-14 Years Old</b>			
Twimyo Nopi Ap Cha Busigi	Flying High Front Kick	230 cm	200 cm
Twio Nomo Yop Chagi	Flying Overhead Side Kick	110 cm	100 cm
<b>15-17 Years Old</b>			
Twimyo Nopi Ap Cha Busigi	Flying High Front Kick	250 cm	210 cm
Twio Nomo Yop Chagi	Flying Overhead Side Kick	130 cm	110 cm
<b>18-35 Years Old</b>			
Twimyo Nopi Ap Cha Busigi	Flying High Front Kick	260 cm	220 cm
Twio Nomo Yop Chagi	Flying Overhead Side Kick	140 cm	120 cm
<b>36-45 Years Old</b>			
Twimyo Nopi Ap Cha Busigi	Flying High Front Kick	250 cm	210 cm
Twio Nomo Yop Chagi	Flying Overhead Side Kick	120 cm	90 cm
<b>46+ Years Old</b>			
Twimyo Nopi Ap Cha Busigi	Flying High Front Kick	240 cm	200 cm
Twio Nomo Yop Chagi	Flying Overhead Side Kick	110 cm	80 cm

### General Notes

- An appropriate mechanical holding device must be used throughout the Special Technique Test.
- The machine should be capable of indicating both a fully broken board and a half-broken board. The machine must be situated the same for each competitor.
- Competitors are not permitted to add weight to the machine at any time.
- Competitors are not permitted to touch the board or the machine at any time.
- The official will determine if the machine is properly positioned and stabilized correctly; from this point on, **NO** adjustment to the location or stability of the machine is permitted.
- The Tournament Committee will set the height for each technique.

**Special Technique Procedure Overview**

- i. A - ADJUST: DO NOT TOUCH THE BOARD, MACHINES OR OBSTACLES**
- a.** This step is **ONLY FOR TWIO NOMO YOP CHAGI “FLYING OVERHEAD SIDE KICK”**
  - b.** **NO ADJUSTMENTS** are allowed for any other breaks
  - c.** Verbally indicate to the Umpire if the Twio Nomo Yop Chagi “Flying Overhead Sidekick” target board needs to be adjusted in distance, height, or lateral positioning.
    - i.** The bottom edge of the target board may not be positioned any lower than the height of the barricade obstacle.
    - ii.** Target board may be adjusted laterally (left to right), vertically (raised above its minimum starting position) or further/closer to the barricade obstacle.
- ii. M - MEASURE:** Make one (1) Forearm Guarding Block (signals ready)
- Make one (1) Mandatory measurement for distance
- \* For Special Technique Breaking – A measure is defined as taking a minimum of one (1) or more deliberate steps towards the target.
- Make one (1) Forearm Guarding Block (immediately prior to break)
- iii. E - EXECUTE:** Break boards
- Make on (1) Forearm Guarding Block (immediately after break)

## Appendix 7 – Glossary of Terms

This appendix has been removed.

Previous contents have been placed in the new section entitled “Glossary of Terms”, located at the end of these rules.

## Appendix 8 – Approved Equipment



Refer to Article T7 of the official ITF World Junior & Senior Tournament Rules for a list of officially approved equipment required for competition use.

**ALL EQUIPMENT MUST** be an officially approved model, of an ITF Board of Directors approved manufacturer. **NO OTHER** brands or models of safety equipment are currently approved, or permitted, for use in ITF sanctioned events.

### Article T7 of the official ITF World Junior & Senior Tournament Rules

#### T 7. SAFETY EQUIPMENT AND PROTECTIVE WEAR

- i. Competitors **must** wear:
  - i. **Red or blue** coloured hand and feet safety equipment.
  - ii. Groin guards must be worn inside the Dobok trousers – males only.
  - iii. **Red or Blue** coloured head guard.
  - iv. Mouth guards being of a **transparent** colour.
- ii. Safety equipment must be of an approved type and certified by the Board of Directors. Approved Equipment shall be indicated in the World Event official invitation letter and ITF website.
- iii. Competitors may, optionally, wear the following:
  - i. Shin protectors.
  - ii. Breast protectors - for females only - and must be worn inside the Dobok jacket.
- iv. All approved equipment must consist of an elasticised material with sponge or rubber-type padding, and may not contain any metal, bone, or hard plastic (accept for groin guards and breast protectors). The use of zip, lace or stud fasteners is forbidden.
- v. No other protective or safety equipment may be worn, except in special circumstances and with the approval of the Tournament Committee.
- vi. All competitors with injuries which require bandaging or strapping of any kind must satisfy the Tournament doctor of their need, and obtain approval of type before performing. (i.e. no pins or hard material can be worn.)
- vii. No jewellery, watches or other adornments may be worn.
- viii. Hair may be kept in place using a material of a soft elastic nature only, no grips or slides are allowed.



## Appendix 9 – Health and Safety

The following policies and procedures **MUST** be adhered to during the ITF World Cup and World Championships events. These procedures have been adopted in an effort to provide the best possible care and protection of all our members, coaches, competitors and officials; and as such, these procedures apply equally to all members, without exception.

### a. MEDICAL EXAM GLOVES - COACHES

- i. All coaches **MUST** be in possession of medical exam gloves at all times while at the ringside. Coaches **MUST** wear gloves on both hands any time they are dealing with potential bodily fluids.  
*(Silicone, Nitrile, Neoprene, Latex<sup>1</sup>, or other such medical gloves are permitted. These may be powder-free for those coaches/competitors with allergies).*
- ii. Coaches **MUST** supply their own gloves. Absolutely **NO GLOVES** will be supplied by the Tournament Host, Tournament Committee, or Medical team members.

### b. MEDICAL EXAM GLOVES – UMPIRES (REFEREES & EQUIPMENT CHECK)

- i. Referees **MAY CHOOSE** to wear medical exam gloves on both hands while executing their duties in the ring or while at ringside.  
*(Silicone, Nitrile, Neoprene, Latex<sup>1</sup> or other such medical gloves are permitted. These may be powder-free for those officials with allergies).*
- ii. Equipment Check Umpires **MUST** wear medical exam gloves on both hands while executing their duties in the ring or while at ringside.  
*(Silicone, Nitrile, Neoprene, Latex<sup>1</sup> or other such medical gloves are permitted. These may be powder-free for those officials with allergies).*
- iii. The Tournament Host **must** supply appropriate gloves at each ring table for use by Officials. These gloves **MUST NOT** be given to, or provided for coaches at any time.

### c. MEDICAL CARE AT RINGSIDE

- i. Only the ITF Approved Tournament Doctor(s) and/or their appointed medical staff are permitted at ringside and/or to attend to athletes while in competition or in the competition area.
- ii. The ITF Approved Tournament Doctor(s) and/or their appointed medical staff will have final say regarding medical care, and/or any decisions pertaining to the continued participation of an athlete, while on the competition floor.

- a) Any competitor or coach failing or refusing to abide by the ITF Approved Doctor's decisions regarding continuation will be immediately disqualified from the competition and removed from the competition area.
- iii. Competitor/Team Doctors are permitted to care for competitors outside of the competition area only.

**d. BODILY FLUIDS**

- i. Anti-bacterial spray and disposable paper towels must be present at each ring for use in cleaning blood/bodily fluid. (Anti-bacterial wipes are not recommended as they may mistakenly be used on athletes.)
- ii. Coaches are responsible for cleaning/disinfecting any of their competitors' blood/bodily fluid from the competition area, contaminated equipment, or any other item.
- iii. The Centre Referee will direct coaches as to the need and appropriate time to enter the ring and clean/disinfect contaminated surfaces.
- iv. Coaches must immediately comply with the Center Referee's directions regarding health and safety issues. Arguing, delaying or refusing to comply with these directions will result in the coach being immediately removed from their coaching position and the permanent revocation of their coaching credential.
- v. Umpires, Tournament Committee and Umpire Committee members are prohibited from cleaning bodily fluids at any time during the competition.

**e. CONTAMINATED CLOTHING / EQUIPMENT**

- i. Competitors with excessive blood/bodily fluids on their dress will be required to remove and replace the soiled items at the umpire's discretion. If directed to replace an item, competitor must complete the change within the allotted three (3) minute timeframe.
- ii. Competitors with excessive blood/bodily fluids on their skin or safety equipment will be required to clean and disinfect the items at the umpire's discretion. If directed to replace an item, the competitor must complete the change within the allotted three (3) minute timeframe.
- iii. Contaminated clothing and/or equipment must not be placed on the floor, coach's chair, competition area, or any other competition related area/surface.
- iv. Contaminated items must be placed in a suitable plastic bag and sealed so as to minimize the potential of cross-contamination or transmission to other surfaces.
- v. Coaches **MUST** remove all contaminated items from the tournament site as soon as reasonably possible, and either decontaminate or dispose of these items appropriately.

Note: <sup>1</sup> Latex Gloves: Extreme care and caution must be used by coaches choosing to wear Latex medical gloves as latex allergies are very common and can be very severe. Coaches must carefully consider their own personal health as well as that of each of their athletes and other persons with whom they may come into contact. In consideration of the potential for allergic reaction, Latex gloves are NOT RECOMMENDED

## Appendix 10 – Weigh In Procedures

In accordance with Article T 21 of the official ITF World Junior & Senior Tournament Rules, **ALL COMPETITORS must attend the official registration at the weigh-in location and adhere to the following rules and procedures for Weight Verification.**

### d. GENERAL NOTES

- i. **ALL athletes of ALL weight divisions competing in Individual Sparring** must present themselves and mount the scale for official weight verification.
- ii. In order for an athlete to compete, their verified weight **MUST** fall within the prescribed minimum and maximum weights (+500 grams) for the division in which they officially registered.
  - i.) Please see official Schedule 2 (Pages 52-64) for official weight categories.
- iii. Weight Verification is only for confirming the competitor's registered weight.
  - i.) It is an athlete's responsibility to ensure that their weight meets the minimum / maximum criteria prescribed for their registered division.
  - ii.) **NO CHANGES OF DIVISIONS WILL BE ALLOWED!**
    - i. Athletes are not permitted to move into another weight category from that which they originally registered for.
- iv. All athletes competing in Individual Sparring are permitted one (1) Official Weight Verification.
- v. One (1) coach, ***and, if necessary, one translator*** per country **must** be present during their country's weight verification procedures.
- vi. If an athlete does not meet the minimum / maximum weight (+500 grams) for their registered division, they will be permitted one (1) additional opportunity to verify their weight.
  - i.) Competitors not making their weight during their first weight verification shall have one (1) hour of time to return and present themselves for the 2<sup>nd</sup> and final weight verification.
  - ii.) Second verifications may be done earlier upon discretion and consent of the ITF Tournament Committee, and in compliance with Procedure 5.a
- vii. If, upon second verification of weight, an athlete fails to meet the minimum / maximum weight (+500 grams) as prescribed for their registered division, they will be disqualified from the event, with no refund of any monies paid.

e. PROCEDURE

- i. One (1) Country Coach **and, if necessary, one translator** will approach the weight verification facility, with the following items in hand:
  - d. Competitor I.D. Card for each athlete
  - e. Competitor Passport
- ii. Weight Verification Staff will confirm each athlete's name and category of competition.
- iii. Athlete will be asked to mount the scale
  - d. **Do Not** mount the scale prior to being asked.
- iv. Verifier will verbally indicate weight AND indicate it on the Official Weight Verification manifest.
- v. Verifier will verbally indicate whether the athlete has satisfied the minimum / maximum criteria (+500 grams) for their registered division
  - d. In the event an athlete does not meet the minimum / maximum weight (+500 grams) for their registered division, they will be asked to return within one (1) hour for their second verification.
  - e. Any athlete requiring a second weight verification who fails to present themselves to the weight verification staff, within the allotted one (1) hour timeframe, WILL be disqualified from the event with no refund of any monies paid.
    1. There will be **NO TOLERANCE** within the time schedule. **DO NOT MISS YOUR ALLOTTED TIME.**
- vi. Athlete will then dismount the scale and depart the Weigh-In Area.
- vii. In the interest of time and equality, **ALL ATHLETES** for a country must be prepared to mount the scale immediately upon request.
  - d. Please be prepared for your own weigh-in as the rest of your team is being verified.
  - e. Remove all shoes and excess clothing prior to approaching scale.

c. REQUIRED CLOTHING

- i. Competitors **MUST** wear the following items:
  - a. Official Approved ITF Dobok Trousers,
  - b. T-shirt OR Polo Shirt
- ii. Clothing Factor: +500 grams
  - a. **NOTE:** Clothing factor is used as a standard measure to allow for any variations in competitor's weight due to the required clothing.
  - b. Clothing factor is **NOT A TOLERANCE** and is **ONLY** to allow for a variance in clothing weights.
- iii. **It is prohibited** to remove any of the required articles of clothing in attempt to lower the weight measurement.

- iv. **It is prohibited** to wear any extra articles of clothing, accessories, or carry any item onto the scale in attempt to raise the weight measurement.

#### **d. CONSIDERATIONS**

- i. Only one (1) coach and an athlete are allowed to be within proximity of the scale at a time.
  - a. All other competitors, coaches, parents, supporters, must wait at least **three (3)** meters from the scale at all times.
- ii. Weigh-In Staff will make the official determination of weight. This determination is deemed to be correct and final.
- iii. Weigh-In Facility Scales are deemed to be accurate and final.
- iv. Disrespect, arguing, inappropriate conduct, and/or poor behaviour will not be tolerated. Offenders will be asked to leave the weigh-in facility and will forfeit their opportunity to weigh-in.
- iv. There will be one (1) supplemental scale available for athlete's use, located outside of the Weight Verification Area. Athletes wishing to pre-verify their weight may use this scale.
- v. **It is prohibited** to use the official scales for pre-verification.

#### **e. REQUIRED EQUIPMENT**

- i. One (1) Weigh-In Area, consisting of a minimum of two (2) Weight Stations
  - a. Minimum Size 4m\*4m
  - b. 2 Long Rectangular Tables (1 per Weight Station)
  - c. 4 Chairs (2 per Weight Station)
- ii. Two (2) Calibrated Scales – One located at each Weight Station
- iii. One (1) Calibrated Scale to be used by athletes for pre-verification of weight
  - a. Located outside of Weigh-In Area
- iv. One (1) Calibration weight (1 kilogram)

## GLOSSARY OF TERMS

### **Acrobatic Sequence**

An acrobatic sequence is defined as one (1) continuous series of techniques of an acrobatic, gymnastic, tumbling, or other like nature, performed by one competitor, which terminates upon the performance of an interceding TaeKwon-Do technique.

Acrobatic sequence/techniques include, though are not limited to; splits, flips, tumbles, rolls, dives, etc.

### **Adding a Movement**

In Patterns, when a competitor/team performs more than the total number of movements than that required by the technical directions of the pattern, they have added a move. This will result in a total score of zero (0).

### **Approved Safety Equipment**

Approved model of personal protective equipment (gloves, feet, headgear) from an official manufacturer, as approved by the I.T.F. Umpire Committee in accordance with their bylaws. Equipment must be in good condition, with no damage compromising the coverage or effectiveness of the protective features. No hard fasteners, plastic, laces, studs, zippers or metal are permitted. No repairs using tape or glue are permitted. *(Refer to Official I.T.F. releases for the official specifications pertaining to approved safety equipment.)*

### **Belt**

The symbol of rank, worn as part of the official uniform of I.T.F. TaeKwon-Do practitioners. The belt must be worn wrapped once (1 time) about the waist and knotted in the front. The belt must be a true indication of the wearer's earned rank, by way of colour and/or stripe, and (for black belt competitors) by Roman numeral pertaining to their earned degree. *(Refer to Appendix 2 – Approved Clothing)*

### **Bent Board**

A bent board is defined as any board that has a noticeable concave deviation from its normal joined position, and which remains in a position where it is no longer flat, with a noticeable line of separation at the joint.

### **Broken Board**

1. In Power Breaking, a broken board is defined by the successful and complete separation of the two halves of a target board so that there is no portion remaining connected.

2. In Special Technique Breaking, a broken board is defined as the successful movement of the target surface from its plane of rest, to, or past, one of the pre-set scoring planes.

**Fully Broken Board** – A board that has been moved a minimum of 90 degrees from its plane of rest

**Half-Broken Board** - A board that has been moved a between 45 and 89 degrees from its plane of rest

### **Centre Referee**

The Official assigned to a specific Ring Council and tasked with the fair and professional operation of the competitions held in a specific ring. As such they are in command of the behaviour and actions of the competitors during a match, as well as the administration of penalties for infractions of the rules. Referees are responsible to, and take directions from, the Jury President of their assigned Ring Council.

### **Certified Official**

Any Jury President, Jury Member, Center Referee, or Corner Umpire who has successfully taken the official I.T.F. Umpire Training Course and has been accredited by the I.T.F. Umpire Committee to grade the performance of any given event within the competition. Certified Officials must possess qualification of Class “A” ITF Umpire.

### **Chong**

The “Blue” competitor.

The competitor whose name is listed in the second (lower) position on a match key, who takes their position on the left (L) side of the ring (to the left of the center when looking towards the front of Jury Table) when ready to compete.

### **Clothing Factor**

A (+500 grams) factor used as a standard measure to accommodate for any variations in competitor’s weight due to the required clothing for weight verification. The clothing factor is NOT A TOLERANCE AND IS ONLY to allow for a variance in clothing weights.

<b>Coach</b>	<p>The official representative of an athlete who has registered and received coach's accreditation by the Tournament Committee. Only one registered coach, or a registered competitor acting as a coach, may be on the competition floor, represent an athlete, and/or present a protest.</p> <p>Coaches must wear the appropriate Coach's Dress, wear protective medical gloves on their hands while at ringside, and carry a towel. Coaches must not bring any other items/equipment to the ringside.</p>
<b>Competition Floor</b>	<p>The area within the competition venue upon which the Rings, Head Table and Jury Tables are located. Only Officials, Competitors, Coaches and Qualified Medical Personnel are permitted to be on the competition floor. The competition floor should have a substantial barrier between it and the spectators/supporters.</p>
<b>Competitor</b>	<p>A registered member of an I.T.F. affiliated organization. Competitors must be in good standing, having earned and been issued an Official I.T.F. Certificate of Grade, as verified by means of an ITF Black Belt Identification Card and Degree Certificate Number.</p>
<b>Concussion</b>	<p>A serious cerebral or traumatic brain injury (TBI) resulting from the sudden jarring of the brain or spinal cord, usually caused by a blow or fall, that may result in a bad headache, altered levels of alertness, or unconsciousness. A concussion temporarily interferes with the way your brain works, and can affect memory, judgment, reflexes, speech, balance, coordination, and sleep patterns.</p>
<b>Corner Umpire</b>	<p>The Officials who grade the performance of the competitors while engaged in a match. Corner Officials are responsible to, and take directions from, the Referee, who in turn is responsible to, and takes direction from, the Jury President of their assigned Ring Council.</p>
<b>Delegate</b>	<p>A person assigned administrative or special authority on behalf of a member school or organization, who is empowered to make decisions and take actions on behalf of the school's/organization's members.</p>
<b>Direct Result</b>	<p>"As a direct result" refers to the term used in U7: <b>Rights &amp; Duties of the Jury President; 2(a) Due Process for T39, 1(b) Note: Procedure to</b></p>



**determine responsibility** whereby the **BLUE** competitor has been injured and cannot continue the match due to the consequence of a potentially warned action or foul and the doctor has been called.

If it is the case that the **BLUE** competitor cannot continue the match, either due to the nature of the injury or that the allocated treatment time of 3 minutes has expired, the **RED** competitor can only be held negatively responsible if no additional match action has occurred since the consequence of the warned action or foul. If match action continues after the initial visit of the doctor and the match is stopped again due to a reoccurrence of the original injury, the **RED** competitor is not negative responsible AS THEY CANNOT BE SANCTIONED A SECOND TIME for the past (original) infraction and the **BLUE** competitor must surrender the match.

**Displaced Obstacle**

In Special Technique Breaking, if any part of the competitor's body, uniform or belt comes into contact with either the barrier or any of its components, and subsequently caused the barrier to be moved from its normal position of rest and either activated or dislodged, resulting in an incomplete and therefore ineligible attempt to break.

**Disqualification**

The disbaring of a competitor from continuing a match due to prohibited or unsportsmanlike actions, words, or behaviour. A competitor who has been disqualified from a match cannot win that match; however they are still permitted to compete in any other match for which they are eligible. Depending on the type and severity of infraction, a Competitor may be disqualified for a match, an event, or an entire competition. Disqualified competitors are still permitted to receive any award(s) they may have earned up to and including the time of disqualification.

**Dobok**

The official uniform of I.T.F. TaeKwon-Do practitioners, consisting of both a jersey and pants, complete with the appropriate I.T.F. crest and all appropriate logo marks, as produced by one of the Official I.T.F. Suppliers. *(Refer to Appendix 2 – Approved Clothing)*

**Doctor**

A person licensed to practice medicine, as a physician or surgeon, appointed to be in charge of all first aid, emergency medical care, and medical decisions at a tournament.

<b>Doctor - Tournament</b>	The official Tournament Doctor(s), as appointed by the ITF Tournament Committee, is/are the final authority in any medical decision pertaining to the tournament and, as such, their decision is final and binding.
<b>Excessive Contact</b>	Any interpersonal contact during sparring competition, whether intentional or not, committed in gross violation of the rules, that is intended or likely to cause injury to the opponent; that is executed in an unsafe, uncontrolled, disrespectful or unsportsmanlike manner. These actions may or may not have caused injury and/or been the result of Negative Responsibility. This is a major violation of the rules that results in the offender being disqualified.
<b>Falling Down</b>	When any part of the competitor's body, (other than the feet) comes into contact, for any period of time, with the playing surface of the ring.
<b>Final Sequence</b>	<p>In Pre-Arranged Sparring, the last continuous, uninterrupted series of blows, performed by one member of the team, which are not defended or interrupted in any manner by the opponent. The Final Sequence is the only series of unblocked attacks permitted throughout the performance. It is the terminal sequence designed to incapacitate or stop the opponent. The effects of this final sequence may be made evident by the opponent falling, twisting, flipping, or tumbling in representation of the impact.</p> <p>The effect of the final blow is not considered an acrobatic sequence, so long as it is a single reaction (i.e., it is a logical representation of the final blow, such as flips resulting from the final impact, throws that are not avoided/released, sweeps that are not avoided or moved through, etc.).</p>
<b>First Aid</b>	<p>A person accredited to provide emergency care for injuries of a non-life threatening nature and appointed to provide care for all minor treatment of wounds or injuries at a tournament. In the event there is no official Tournament Doctor in authority, First Aid reserves the final authority in any medical decision pertaining to the tournament and, as such, their decision is final and binding.</p> <p>Approved First Aid is any person certified at a minimum of an Advanced Level of First Aid or higher, including though not limited to: Doctors,</p>

Physiotherapists, Paramedics, First Responders, and Professional First Aid Personnel.

**Forgetting a Movement**

In Patterns, when a competitor/team performs *fewer* than the total number of movements required by the technical directions of the pattern, they have forgotten a move. This will result in a total score of zero (0).

**Foul**

A penalty issued to a competitor for a medium to severe infraction of the rules, resulting in the immediate deduction of one (1) point from that competitor's total score. The accumulation of three (3) fouls automatically results in a disqualification.

**Heavy Contact**

Any interpersonal contact that is administered with emotion, aggression, mal-intent and/or a loss of control, or any technique that is executed without an attempt to control or retract the attacking tool, and/or that causes the opponent's body (head or torso) to be displaced more than acceptable for the situation. This violation of the rules results in a foul being assessed against the offender.

**Holding**

Gripping, grasping, or retaining any part of the opponent's body for any period of time. Holding is a violation of the rules and will result in a foul.

**Hong**

The "Red" competitor.

The competitor whose name is listed in the first (upper) position on a match key, who takes their position on the right (R) side of the position on the right (R) side of the ring (to the right of the center when looking towards the front of Jury Table) when ready to compete.

**Injury Time**

The three (3) minute maximum *accumulated* time period during a match in which the official timer is stopped, allowing the tournament medical personnel (doctor, or appropriate first aid attendant) to diagnose and treat an injury sustained during the course of the match.

The three-minute Injury Time will begin the moment the doctor is in front of the injured competitor, and will end when the doctor departs. This time will be recorded, and if the doctor is called again during the

same match, the injury clock will resume counting down from the last time point recorded.

At the end of the three (3) minute Injury Time, the medical personnel must make a final declaration as to the competitor's ability to continue with the competition. Any competitor requiring more than three (3) total minutes of medical attention during a match will not be allowed to continue and will forfeit the match.

**Interfere (Interference)**

Any actions, articulations, words, sounds, or behaviours, which cause a disruption or distraction, or otherwise influence or manipulate a competition, a competitor's performance, the duties of an Official, or the potential outcome of a match.

**Jump**

To propel oneself rapidly upward, such that momentum causes the body to become airborne and lose contact with the ground. The jump is executed at the moment when both feet are no longer in contact with the surface of the playing area.

**Jury Member**

One of two officials assisting the Jury President in the administration of a Ring Council. The Jury Member is responsible for aiding in the management of the Competition Draw; recording data (i.e. fouls, warnings, round number, winners); ensuring that the correct competitors are present when called; and performing any other necessary business of the Ring Council. Jury Members are responsible to, and take directions from, the Jury President of their assigned Ring Council.

**Jury President**

The Head Official in charge of and responsible for the overall administration of the rules of competition and the fair and professional operation of one (1) Ring Council at a tournament. The Jury President is the designated representative of the Tournament Committee for all matters pertaining to that individual ring and its operation, and is responsible for the supervision of all other Officials assigned to that Ring Council.

**Light Contact**

Any interpersonal contact during sparring competition, whether intentional or not, that is executed with care, control, sportsmanlike behaviour, an attempt to control and retract the attacking tool, and does not result in the excessive displacement of the opponent's body

(head or torso). This contact is deemed acceptable and does not result in either a warning or foul being assessed. This amount of contact is neither intended nor likely to cause damage or harm to the opponent.

**Loss of Consciousness**

An altered mental state characterized by the inability of a person to respond to verbal and physical stimuli, often resulting from impact or trauma to the head or spine.

**Measure**

1. For Power Breaking - The extension of any attacking tool towards the target board(s).
2. For Special Technique Breaking – Taking a minimum of one (1) or more steps towards the target.

**Medical Decision**

The final decision or declaration by the tournament’s Qualified Medical Personnel regarding the treatment of injuries and/or the subsequent ability of a competitor to continue the competition, either immediately or in the near future.

The decision of the tournament’s Qualified Medical Personnel is final and irrefutable; as such it must be respected and adhered to by all persons\* (i.e. competitor, coach, officials, family). Any person insisting on contravening the Medical Decision will be immediately disqualified from the tournament and subject to future Administrative Action.

**\*NOTE:** The ITF TUC reserves the right to overrule a Medical Decision and prevent an athlete from returning to competition if, in their opinion, there is a continued risk to the competitor, the opponent, competition ethics, or other such concern. However, the ITF TUC **cannot** overrule a Medical Decision and allow a competitor to continue against medical advice.

**Mixing Movements**

In patterns, mixing movements occurs when a competitor performs two or more sequential movements from a pattern other than the pattern designated.

**Negatively Responsible**

A competitor that is deemed to be the cause of an injury or loss of consciousness due to having performed an action that is considered illegal, unsafe, unsportsmanlike, executed with a lack of control, or executed with the intent to cause harm to the opponent.

**Official Protest**

A formal complaint presented to the Tournament Committee by an accredited coach as to an action or decision in contravention of the rules of competition, ethics, protocols and procedures, or concepts of equitable and fair play. An official protest may only be presented by an accredited coach, and must be presented within five (5) minutes of the end of the match, in writing (In English) on the official protest form, and must be accompanied by the appropriate tax.

Protests are presented to the Tournament Committee who will then meet, investigate, and make a decision as to the validity of the protest. The Tournament Committee's decision is final and binding.

**Outside of the ring**

The moment that a competitor comes into contact with any area of the floor, outside of the boundaries of the playing surface, and has no portion of either foot in contact with the playing area of the ring. (I.e. two feet completely out of the ring and in contact with the ground; or one foot out of the ring, making contact with the ground, while the other foot is off the ground.)

**Playing Surface**

The floor, or horizontal portion of the official competition area, which is considered "in play," and upon which a competitor is eligible to receive a score for their performance. The playing surface of the ring must be covered in non-slip safety matting.

**Point Deduction**

The result of a competitor having received any three (3) warnings for minor infractions of the rules. (Point Deductions are not the same as fouls, and as such, the accumulation of three (3) Point Deductions does not result in a disqualification.)

**Pre Action**

For Power or Special Technique Breaking - one (1) single and continuous backwards motion performed immediately prior to the attempt to break.

**Pushing**

The intentional use of any part of the body to exert force on the opponent, with the intention of unbalancing or relocating the opponent, and without the execution of a legal technique intended to score a point.

<b>Ring</b>	One of the official competition areas within a tournament, within which the competitions are conducted. A ring consists of the competition playing area, safety matting, Jury Table and chairs, Umpire Chairs, Coaches' Chairs, and all associated equipment and supplies.
<b>Ring Council</b>	The eight (8) officials assigned to a given ring in order to administer, manage, conduct and score the performance of the competitors. A ring council is comprised of one (1) Jury President, one (1) Jury Member, one (1) Computer Assistant, one (1) Center Referee and four (4) Corner Umpires.
<b>Safety Matting</b>	<p>An approved flooring system comprised of sponge foam or equivalent, specifically designed to provide a measure of impact absorption and slip/fall resistance for martial arts competition.</p> <p>Safety Matting must have a tactile or textured surface free of any lacquer or slippery treatment, which might contribute to loss of footing, falls or injury. Safety Matting must cover the entire playing surface of the ring floor in one singular colour, and must also include a one-meter wide warning perimeter of a contrasting colour, which delineates the boundaries of the playing surface.</p>
<b>Square</b>	The actual competition playing area, surfaced with appropriate foam safety mats of one (1) solid colour, surrounded by a perimeter of one (1) meter of mats of an opposing colour.
<b>Start</b>	<b>In Patterns:</b> A pattern starts at the command of "Sijak", and is scoreable from the moment the command is issued. If, at the moment the command of "Sijak" is issued, the competitor is in the wrong ready position for the pattern to be performed, then the competitor will receive a score of zero for that pattern.
<b>Step</b>	The complete removal and subsequent replacement of one or more of the feet on the floor, regardless of whether it results in any advancement, withdrawal or lateral motion.
<b>Tax</b>	A monetary fee assessed to a coach in order to initiate or present an Official Protest. This fee is charged in order to discourage frivolous

Protests. If the Protest is accepted as valid and is supported by the decision of the Tournament Committee, then the tax will be refunded. If the protest is found to be invalid or without merit, and is ruled against by the decision of the Tournament Committee, then the tax will be forfeited.

**Touch**

When any portion of the competitor's body comes into contact, whether momentary or continued, with any portion of the target or allied equipment.

**Touched Obstacle**

In Special Technique Breaking, when any part of the competitor's body, uniform or belt comes into contact with either the barrier or any of its components, yet the barrier has not been displaced and remains in its normal resting position.

A Touched Obstacle may move without penalty, so long as it is not activated or displaced from its normal position of rest.

**TUC Committee**

The committee of members that oversees and administers the actual operation of the tournament. The TUC is responsible for the scheduling of rings and competitions, management and supervision of officials, investigation and decision of protests, and all other business of the tournament. The TUC Committee is the highest level of authority at a tournament, with jurisdiction over any and all matters, and, as such, their decisions are final and binding.

**Warning**

A penalty issued to a competitor for a minor infraction of the rules. The accumulation of any three (3) warnings results in the automatic deduction of one (1) point from that competitor's score. (Note: these point deductions are not considered fouls, and, as such, they do not result in a disqualification.)

**Warning Perimeter**

A safety zone extending around the entire perimeter of the playing surface of a ring, delineating the boundaries of the playing area, and upon which sparring competitions are not eligible to be graded.

The Warning Perimeter must be comprised of a safety matting colour, which contrasts the colour of the playing area, and measures one (1)



meter in width. In the event that a given ring is raised above the ground (i.e., on a platform), then the width of the Warning Perimeter should be extended to a minimum of two (2) meters.

**Weigh-In Required Clothing**

The required items of clothing to be worn by each sparring competitor when mounting the scales to have their weight verified in accordance with the rules. All competitors attending the weight verification must wear an Official Approved ITF Doboks Trousers and either a T-shirt OR Polo Shirt. No other clothing, accessories or other items may be worn or carried onto the scale. Competitors are not permitted to remove any of the required articles of clothing in attempt to lower the weigh measurement.