

# IRISH TAEKWON-DO ASSOCIATION



## Smoke free Policy

### **Rationale**

The ITA recognises that exposure to second-hand smoke is hazardous to health and that non-smokers should be protected. Passive smoking can lead to serious illness in adults such as bronchitis, lung cancer and cardiovascular disease. Children can also develop chest illness and asthma from exposure to second-hand smoke. Being smoke free is about achieving optimum performance in our martial art and sport of ITF Taekwon-Do; our martial art is health oriented, smoking is not. Second-hand smoke cannot be controlled by ventilation, air-conditioning or spatial separation. The policy is about where you can smoke, not whether you smoke. Accordingly the following policy has been developed by the ITA to protect the health of all concerned.

The ITA believes that this policy will help increase the healthy non-smoking family and community friendly environment at our events and member clubs. The ITA believes that such an environment and image will be advantageous to attracting new members as well as positively promoting the ITA in the community.

### **Who will be affected by the policy**

This policy applies to all members, administrators, officials, coaches, players, visitors, and volunteers of the ITA.

### **Designated smokefree areas**

The ITA requires the following areas to be smoke free at all times:

1. All indoor areas being used for activities of the ITA
2. Near open windows (minimum of a 10-meter radius around open windows)
3. Near entry and exit points to buildings, facilities and grounds being used for activities of the ITA (minimum of a 10-meters radius around entry and exit points)

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## **Behavioural Expectations**

The ITA recognises that role modelling can have a significant impact on the junior members of the ITA. Hence the following individuals and groups shall refrain from smoking while they are acting in an official capacity of the ITA.

1. Instructors – when Instructing or representing the ITA, or when in suit, uniform, dobok or tracksuit
2. Coaches/Managers – when Coaching/Managing or representing the ITA, or when in suit, uniform, dobok or tracksuit
3. Officials/Volunteers – when officiating for, or representing the, ITA, or when in uniform
4. Competitors – when competing at an event of the ITA or while representing the ITA, or when in uniform, dobok or tracksuit.

## **Non-Compliance Strategy**

The following five-step non-compliance strategy will be followed if anyone breaches the ITAs smoke free policy.

1. Assume that the person is unaware of the smoke free policy
2. An official representative of the ITA will approach the person and breaching the policy and ask them to refrain from smoking and remind them of the smoke free policy.
3. If the offence continues then an official of the ITA shall verbally warn them a second time. The person will also be informed that if they continue to breach the policy they will be required to leave the facility.
4. If the offence continues then an official of the ITA shall ask the person to leave the facility. If the person is a member of the ITA or one of the ITAs member clubs they shall be referred for disciplinary action
5. Under no circumstances should the ITAs smoke free policy be breached, no matter who the offender is.

## **Review of this Policy**

This policy will be reviewed six months after its introduction and then on an annual basis thereafter. This will ensure that the policy remains current and practical.