

Team Ireland Selection Policy 2025 European & World Championships



There will be two rounds of selection, a national tournament designated by the Team Ireland coaches and a play off day by invitation.

For the European Championships 2025, the designated selection tournament will be the national championships. For the World Championships 2025 the designated selection tournament will be the Dublin Open.

In the majority of cases the winner of black belt divisions at the selection tournament will be offered the first slot in that division.

Exceptions may occur, for example:

- uncontested or merged divisions
- divisions with 2 or less competitors (a slot may still be automatically offered based on the competitive level of athletes in the division)
- when an ineligible competitor wins a division, e.g. from outside our ITF or from another country
- where the competitor(s) are not at a standard appropriate for Continental/World championships

Please note:

- Pre-juniors who win the selection tournament are not automatically offered selection in the first slot but may be invited to selection in the playoffs
- Black Tags who have expressed an interest in selection may be invited to a playoff for selection (pending their promotion to black belt). This will be based on their past performance and results.
- Those who go forward for selection should compete in the age group and category they wish to be considered for selection in, with the exception of black tags, who may be invited to a play off based on their results in red belt divisions over the preceding 12 months.

The 2nd slot will be a combination of team Ireland coaches choice and play offs by invitation.

Selections are discussed and agreed by all team Ireland coaches

Team Ireland Coaches decisions are final

Following the first round of selections (selection tournament), those who are successful will be written to by team Ireland management.

Team Ireland Coaches meet after the selection tournament to finalise the list of those to be invited for play offs.

Team Ireland management invite competitors to play offs

Following the play offs selection letters will be sent to selected athletes by team Ireland management

The finalised selected squad will then be published

For special technique and power test competitors will also be invited to trial for selection based on their performance in those disciplines at national & international tournaments

There will be a weigh in available on the evening of the Friday of the selection tournament for those who wish to avail of it. There will be a 1kg weight allowance at the selection tournament for all competitors. Weigh in must be done in t-shirt and dobok bottoms

For playoffs a 1kg weight allowance will also apply. The weigh in will take place on the day of the playoff

Following selection athletes must complete the athlete/competitor agreement form which outlines expected standards for national team representatives

If weights are not managed well by selected athletes coaches will have the option of moving an athlete to another division if there is a slot available or de selecting

All competitors wishing to be considered for selection must complete the expression of Interest form prior to the selection tournament

National Team Training & Selection Dates 2025

- Nov 2nd & 3rd - National Championships
- January 9th to 12th - Elite Stage Spain (optional training camp)
- January 18th (Saturday) - European Championships Playoffs
- January 25th - Open Dutch (optional preparation tournament)
- February 2nd National Team Training
- February 15th & 16th Munster Open
- March 2nd National Team Training
- March 9th National Team Training
- March 29th & 30th Dublin Open
- April 13th National Team Training
- April 23rd to 27th European Championships
- July 6th World Championships playoffs
- July 27th National Team Training
- August 10th National Team Training
- August 22nd to 24th National Team Camp
- September 14th National Team Training
- September 28th National Team Training
- October 7th to 12th World Championships